

JUNE 2021

Fremont Middle School

BREAKFAST CHOICES:
Breakfast Round
Bagel & cream cheese
Cold cereal
Fruit and low fat or fat free milk

FAST TAKES

CHOICES
 Assorted Salad and Deli Sandwiches and Wraps made fresh everyday! Daily Featured Salads with fruit & vegetables.

GRILL


CHOICES
 Hamburger, Cheeseburger, Chicken or Spicy Chicken Sandwich
Baked Seasoned Wedges, Sweet Potato Fries or Tater Tots

Ready to Go Nacho
 Refried Beans, Cheese Sauce, beef or chicken and toppings

SIDES OFFERED DAILY WITH LUNCH CHOICES

Locally Grown Seasonal Fresh Fruit and Vegetables, plus Apples, Oranges, Garden Salad Greens and Milk

ALL GRAINS OFFERED ARE WHOLE GRAIN. MILK IS LOW FAT OR FAT FREE.

	6/1	6/2	6/3	6/4
	<i>Chef Choice</i>	<i>Chef Choice</i>	<i>Chef Choice</i>	<i>Chef Choice</i>
6/7	6/8	6/9	6/10	
<i>Chef Choice</i>	<i>Chef Choice</i>	<i>Chef Choice</i>	<i>Chef Choice</i>	

**HAPPY
 SUMMER
 VACATION!**