

SELF-ADMINISTRATION OF ASTHMA AND ANAPHYLAXIS MEDICATIONS

Asthma is an inflammatory disease of the respiratory tract. Anaphylaxis is a life-threatening allergic reaction that may involve systems of the entire body. Anaphylaxis is a medical emergency that requires immediate medical treatment and follow-up care by an allergist/immunologist.

It is the policy of the board of directors that students with asthma or anaphylaxis are afforded the opportunity to self-administer prescribed medications. The students' parent or guardian shall submit a written request and other documentation required by the school. The student's prescribing health care provider must provide a written treatment plan.

The student must demonstrate to the school's professional registered nurse that the student is competent to possess and self-administer prescribed medications during school and at school sponsored events. If the student is unable to self-administer as requested by the HCP and parent, medications may be carried and administered by a trained personnel.

The superintendent is directed to establish procedures that implement this policy and follow emergency rescue procedures outlined in the most recent edition of *AMES: Asthma Management in Educational Settings*, in cases of suspected asthma and the emergency rescue procedures outlined in the most current Office of the Superintendent of Public Instruction's *Guidelines for the Care of Students with Anaphylaxis (2009)* in cases of suspected anaphylaxis.

Cross References:

- 3420 - Anaphylaxis Prevention and Response
- 3416 - Medication at School
- 2162 - Education of Students With Disabilities Under Section 504 of the Rehabilitation Act of 1973
- 2161 - Special Education and Related Services for Eligible Students

Legal Reference: 42 U.S.C. 280 Public Health Service Act
42 U.S.C. 12212 Section 512 Americans with Disabilities Act of 1990
34CFR Part 104 Section 504 Rehabilitation Act of 1973
RCW 28A.210.370 Student with Asthma
RCW 28A.210.310 Anaphylaxis – Policy guidelines –
Procedures – Reports

Management Resources: OSPI, March 2009, Guidelines for the Care of Students
with Anaphylaxis
2012 - August Issue
2009 - February Issue

Adopted: August, 2006
Revised: March 2, 2016