

**Darien Public Schools
Darien, Connecticut**

POLICY

Series 6300

Curriculum Design – Basic and Special Instructional Program

Policy 6320

Health Education

The Board believes that an opportunity for effective health education lies within the public schools because of the opportunity to reach almost all children at an age where positive, lifelong health habits may be engendered and the availability of qualified personnel to conduct health education programs. The Board is, therefore, committed to a sound comprehensive health education program as an integral part of each student's general education.

Health education may include, but is not limited to, education about human growth and development, nutrition, first aid, disease prevention, community and consumer health, physical, mental and emotional health, including youth suicide prevention, substance abuse prevention, safety, which may include the dangers of gang membership, and accident prevention.

Legal Reference:

Connecticut General Statutes, section 10-16b

APPROVED: November 10, 2009