



# Heart Condition Documentation

Completed by Health Care Provider

Student  
Photo

Name	Birth Date:
------	-------------

Diagnosis: \_\_\_\_\_

Brief description of condition: \_\_\_\_\_  
\_\_\_\_\_

How would this current condition adversely affect student's educational performance? \_\_\_\_\_  
\_\_\_\_\_

Medication and dosage: \_\_\_\_\_  
\_\_\_\_\_

Possible side effects of medication that school personnel need to be aware of: \_\_\_\_\_  
\_\_\_\_\_

Comments: \_\_\_\_\_  
\_\_\_\_\_

**Student cleared for activity without restrictions?  Yes  No\***

Specify Restrictions: \_\_\_\_\_  
\_\_\_\_\_

**(\*will need Health Care Provider clearance to remove restrictions)**

**Cardiac Symptoms:**

- **Mental:** Feels "scared"; something bad is going to happen
- **Respiratory:** Short of breath/difficulty breathing
- **Skin:** gray/blue color, sweating, clammy
- **Heart:** Chest pain Irregular pulse rapid pulse fainting

**Action Plan: If sending student with cardiac symptoms anywhere, send with an escort**

Call 911 if:	Then do:
<ul style="list-style-type: none"> <li>• Sudden severe chest pain</li> <li>• Sudden onset of severe shortness of breath</li> <li>• Loss of consciousness</li> <li>• Other:</li> </ul>	<ul style="list-style-type: none"> <li>• Stay with student</li> <li>• Begin CPR if the need arises</li> <li>• Have another school employee contact parents</li> <li>• Other:</li> </ul>
<p><b>Further recommendations from HCP: (classroom, school bus, field trips, disaster, Weight limits, PE restrictions, etc.)</b></p>	

Health Care Provider Signature:	Date:
Health Care Provider name (print or type)	
Phone:	Fax:
School Nurse Signature:	Date:

Date Reviewed with Parent (To be updated at least every 3 years)

Date/Nurse Signature	Date/Nurse Signature	Date/Nurse Signature



# AUTHORIZATION FOR MUTUAL RELEASE OF RECORDS

*Kennewick School District Nursing Services*

**Purpose:** *As a parent, guardian or student, you have the right to give permission or not give permission for the release of your child's records with other persons or agencies. This request provides you with the opportunity to approve or not approve such a request unless release of records is allowed under one of the exceptions under the rules implementing the Family Education Right and Privacy Act. FERPA, (for example, transfer of records from one school district to another).*

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_ DOB: \_\_\_\_\_

***I hereby authorize the release of records***

<i>From:</i>		<i>To:</i>	
Agency/Person: _____		Agency/Person: <b>KSD Nurse</b>	
Street Address: _____		Street Address: _____	
City, State, Zip: _____		City, State, Zip: <b>Kennewick, WA,</b>	
Tel: _____	Fax: _____	Tel: <b>509-222-</b>	Fax: <b>509-222-</b>

**Describe the records to be disclosed: Diagnoses, medication and any medical recommendations that are applicable for the student at school.**

**The reason for disclosing the record(s) is: To provide safe care of the student in the educational setting.**

*I understand that this information obtained will be treated in a confidential manner by the school district under the provisions of the Family Education Rights and Privacy Act (FERPA). FERPA prohibits disclosure of personally identifiable information without consent except in limited circumstances. Please note that if the request is for health or medical information, the medical information received by the district is protected under FERPA privacy standards by a school district and not the Health Insurance Portability and Accountability Act (HIPAA).*

This authorization is valid from \_\_\_\_/\_\_\_\_/\_\_\_\_ **to** \_\_\_\_/\_\_\_\_/\_\_\_\_.

*I understand that my consent for the release of records is voluntary and I can withdraw my consent at any time in writing. Should I withdraw my consent, it does not apply to information that has already been provided under the prior consent for release.*

\_\_\_\_\_  
Parent/guardian/student signature

\_\_\_\_\_  
Date