

# SUMMER AT GARRISON FOREST

## COVID-19 Procedures & Protocols

2021 Residential Programs



GFS Equestrian Experience  
GFS Performing Arts Experience  
GFS S.T.E.A.M. Experience  
GFS Lacrosse Academy

### BEFORE CAMP

- Campers are expected to follow [guidance for travelers](#) in the 14 days before camp arrival to reduce exposure to COVID-19. Unvaccinated campers should engage in a 14 day pre-arrival quarantine that includes physical distancing, mask-wearing when not at home, avoiding unnecessary travel, and refraining from indoor social gatherings with people outside of their households.
- Campers, and their families, should be familiar with the [CDC's Travel During COVID-19](#) page for more details about preparing to travel, including recommendations about staying safe during travel such as wearing a mask in public settings.
- If eligible (ages 12 and up) campers are encouraged to get fully vaccinated for COVID-19 (unless medical or religious reasons exclude you). Ideally, wait 2 weeks after completing vaccination for COVID-19 before traveling to camp. Vaccine cards may be uploaded into your camper profile on [CampSite](#).
- **Campers who are not fully vaccinated are required to provide proof of a negative PCR COVID-19 test taken no more than 1–3 days (72 hours) before arriving at camp.** Test results must be sent to [covid@gfs.org](mailto:covid@gfs.org) and will be uploaded into your camper profile. Arrival will be delayed for campers with confirmed positive test results.
  - CDC does not recommend getting tested again in the three months after a positive PCR test if the person does not have symptoms of COVID-19. Campers who have had a positive PCR test in the 3 months prior to starting camp and have met the criteria to end isolation must complete the COVID-19 Release Form listed in your [CampSite](#) account under “As Needed Forms.”
- Campers and staff must complete screening and waiver for COVID-19 symptoms, as well as a known recent close contact with a confirmed COVID-19 case, before entering the camp. All necessary medical forms will be listed in your [CampSite](#) account.

### DURING CAMP

- Upon arrival at camp, campers will go directly to their assigned area. The residential group will remain together for the entire camp session without mixing with other camps in order to limit any cross-camp exposure.
- Campers and staff who are staying together in the dorms are recognized as a “household cohort.” Household cohort members do not need to wear masks or physically distance when they are together without non-household cohort members nearby. Campers and staff will always wear masks when together unless staff are part of the household cohort and sleep in the same space as campers.
- [Screening testing](#) may be used to help identify cases of COVID-19, prevent secondary transmission, and help with contact tracing. Screening testing is particularly valuable in areas with moderate, substantial, and high levels of community transmission. Screening testing may allow camps to move between different [testing strategies](#) as community prevalence (and therefore risk assessment) changes.

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- Since the residential camps last less than one week, it is recommended that screening testing be done 3–5 days after arrival at camp in accordance with [CDC travel guidance](#). [Fully vaccinated](#) asymptomatic people without an exposure can refrain from routine screening testing.
- Daily health screening will be required in order to monitor the health and well-being of camp staff and campers during the week. This screening will be conducted first thing every morning.
- Bathrooms will be cleaned and disinfected regularly (e.g., in the morning and evening, after times of heavy use).
- Campers should have more than one mask on hand so that they can easily replace a dirty mask with a clean one.
- An isolation room or area has been secured by our health suite to separate anyone who exhibits COVID [symptoms](#). Our nurse will wear appropriate personal protective equipment, including N95 respirators, and will use [Standard and Transmission-Based Precautions](#) when caring for sick people.
- When camp staff are away from the campus (for example, during days off), they have been instructed to engage in [low-risk activities](#).
- Summer at Garrison Forest has developed an Emergency Operations Plan, in collaboration with local health officials, in the event of an outbreak.

### CASE IDENTIFICATION and CONTACT TRACING

- Campers with symptoms will be isolated immediately, and will be referred for viral testing. They will remain isolated until the test result is returned. Medical care should be provided as needed.
  - If the test result is negative, the person will remain in isolation until symptoms have improved (typically, 24 hours without fever and no use of fever-reducing medication).
  - If the test result is positive, the person should remain in isolation for at least 10 days after symptom onset, **and** 24 hours without fever without use of fever-reducing medication, **and** other symptoms have improved.
- Summer at Garrison Forest has designated spaces for symptomatic and infected campers to isolate on-site.
- The GFS Health Suite will notify the health department immediately following a positive test result, and work with health officials to identify close contacts.
  - Close contacts include everyone in the infected person's household cohort and anyone else who was within 6 feet of the infected person for a cumulative total of 15 minutes or more over a 24-hour period. The definition of a close contact applies regardless of whether either person was wearing a mask.
  - If campers receive a positive test result for COVID-19, all unvaccinated members of the household cohort should be quarantined as a cohort and referred for testing. [Fully vaccinated](#) asymptomatic people within

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the household cohort should still be referred for testing, but can refrain from quarantine per CDC's [guidance for fully vaccinated people in congregate settings](#). They should still monitor for [symptoms of COVID-19](#) for 14 days following an exposure. If they experience symptoms, they should isolate themselves from others and be clinically evaluated for COVID-19, including testing, if indicated.

- All other close contacts outside of the household cohort should quarantine for 14 days. Based on local circumstances and resources, [options to shorten quarantine provide](#) acceptable alternatives of a 10-day quarantine or a 7-day quarantine combined with testing. [Fully vaccinated](#) asymptomatic people can refrain from quarantine, but should continue to monitor symptoms for 14 days following exposure.
  - The GFS Health Suite will work with the health department to identify any other close contacts of either the camper who received a positive test result or any other camper in that household cohort.
  - People in quarantine will be monitored for symptoms. If symptoms develop, refer for testing and provide medical care as needed. If a positive test result is returned, the individual should be isolated and follow recommendations for discontinuing isolation (10 days since symptom onset, and 24 hours fever-free without medication, and all other symptoms resolved).
  - People who are fully vaccinated with no symptoms for COVID-19 and are close contacts, or were previously diagnosed with COVID-19 within the last three months and have no new symptoms, do not need to quarantine.
- If a person becomes sick and needs to be transported, proper procedures for safely transporting them will be followed.

### AFTER CAMP

- Campers who are not fully vaccinated should get tested with a viral test 3–5 days after traveling home from camp **AND** stay home and quarantine for a full 7 days after travel. Refer to [CDC's Travel During COVID-19](#) website for more information about what to do after traveling home from camp. [Fully vaccinated people](#) should follow current guidance for domestic travel and may not need to be tested or quarantine after camp unless they are experiencing symptoms.