

Richard "Abe" Meyers – Class of 1956



Richard "Abe" Meyers attended Mynderse Academy in the mid 1950's. Abe was on the Varsity Football and Baseball teams all 4 of his high school years. He also wrestled as a Junior and Senior. Abe was All-League Honorable Mention for Football in 1954 and All-League First Team for Football in 1955. He and his football teammates racked up 4 football titles with 2 undefeated years. In baseball, as the catcher, Abe's team won one League title and 2 Sectional titles. As a wrestler, Abe made it to the Sectional semi-finals as a Junior and to the Sectional finals his Senior year. He was also selected as captain of the Mynderse Wrestling squad his Senior year.

After graduating from Mynderse, Abe attended Cortland State College majoring in Science Education. Following his college years, Abe began the second phase of his athletic career, coaching. He coached several different sports, J.V. and Varsity Football, Varsity Baseball and Assisted in Girls' Track & Field, but he is best known for his talents as Mynderse Academy Wrestling coach. Abe was selected "Coach of the Year" five times. His teams were League champions six times. Abe has coached 30 individual wrestling Sectional champions with 8 Super Sectional winners, 3 NYS place winners and one NYS Wrestling champion.

Besides teaching, Abe spent the majority of his professional career working to establish the Mynderse Academy Wrestling program. He initiated the "Pee Wee" wrestling program in Seneca Falls, holding clinics for young athletes and conducting "Pee Wee" wrestling tournaments. He established and funded the Aage Hansen wrestling award which is still given to a wrestler, yearly, who exhibits hard work and the fortitude to excel.

Abe has been inducted into the Section V Wrestling Hall of Fame, as well as, the Waterloo Athletic Hall of Fame.

Abe has been married to his wife Albina for 48 years. Abe and Albina have two children, Richard (Becky) and Jill, and six grandchildren.