

ED CARACCILO

Class of 1988



Edward R. Caraccilo is a 1988 graduate of Mynderse Academy High School. He was a multi-year letterer in football, lacrosse, and wrestling. He also served as a team captain for both lacrosse and wrestling. He was a 2-year starter in football and played as a running back, cornerback, kickoff return and kicker. He earned second team All-League as a running back in his junior year.

In lacrosse Ed was a 3-year starting midfielder and face-off man. He earned All-league honors all 3 years, and team Most Valuable Player in his junior and senior year. He ended his career with

47 goals and 38 Assists (85 total points).

As a 5-year wrestler, Ed was a Section V Champion in his junior and senior years, and 4th place finisher in his sophomore year. In his senior year he was also named the Section V Tournament Most Outstanding Wrestler. He placed in numerous tournaments over the course of his career, to include 6 tournament championships (Waterloo (2), Pal Mac (2), and Irondequoit(2)). He ended his high school career with a total of 104 wins and earned All-League honors in his sophomore, junior and senior years. He was also team MVP in his junior and senior years. In the off season, Ed participated in many Greco Roman and Freestyle wrestling tournaments. In the summer before his senior year, he was the AAU Jr. Olympic Regional Qualifier Champion and 4th place finisher in the AAU Junior Olympics.

Ed went on to play collegiate lacrosse at Rochester Institute of Technology (1988-1992). At RIT, he was a recipient of the Team Award in his junior and senior years and played in the NCAA Division III National Championships semifinals.

Ed served over 21 years as an Army Officer and retired in 2013. He served most of his career in Special Operations with 6 combat tours in support of Operations Iraqi Freedom and Enduring Freedom (Iraq (3) and Afghanistan (3)). He received many awards throughout his career, to include 4 Bronze Star Medals, and one with V-Device for valor in combat.

Giving back to the community, Ed spent 6 years as a volunteer coach for the local wrestling club in Lansing, KS. The club team was recognized as one of the top 50 wrestling clubs in the Nation.

Ed is currently a Program Manger supporting the National Guard and lives in Lansing, KS with his wife Tracy, son Zach and two daughters, Marie and Mykala.