

Lisa Caraccilo Anderson – Class of 1986



Lisa Caraccilo Anderson graduated from Mynderse Academy in 1986. While at Mynderse, Lisa participated in soccer, basketball and softball and was a captain in all three sports. In softball, as a starter for three years, Lisa participated on two Section V Championship teams, was a member of the Finger Lakes East All-Star team, and was selected to the All-Tournament team. Her basketball career included 4 years as a starter and participation on two Section V Championship teams where she was selected as MVP her junior and senior years. She was All-League two years and was selected for the Regional All-Star Class C team and the Ronald McDonald Exceptional Senior team. Lisa was included in the Times Union Super 15, received honorable mention for State Small School Player of the Year, and was All-Greater Rochester for 2 years. Lisa was also a stand-out athlete in soccer while at Mynderse. She played on two Section V Championship teams. Her senior year, she led the team to the state finals with a record of 22-1. Lisa was selected to the Finger Lakes All-Star Team for four years, All-Greater Rochester three years, received the D&C Rochester Sports Excellence Award and was All-America. During her 5 years on varsity, Lisa accrued a Section V record of 144 goals and 84 assists.

Upon graduating from Mynderse, Lisa attended the University of Rochester, graduating in 1990 with a degree in health & society. While at the U of R, Lisa was a starter for the soccer team for four years. She made four trips to the NCAA tournament where she led her team to back to back NCAA Division III National Championships, scoring the game winning goal, her freshman year, in the U of R's first national championship in any sport. They also won three consecutive University Athletic Association (UAA) League titles. Lisa received many awards while at U of R, including All-UAA for three years and selection as the UAA Player

of the Year. She was First Team All-Northern Eastern Regional, selected 4 times to the NCAA Tournament team, was First Team All-America and a recipient of the WVOR Rochester Press Club Sports Woman of the Year. Lisa left U of R holding the record of 34 career goals, 25 assists and 21 career game winning goals. During her high school and college career, she participated in seven Empire State Games for soccer. Lisa was inducted into the University of Rochester's Hall of Fame in 2003.

Lisa has been giving back to the community and Seneca Falls school district since returning to the area. She has coached several youth sports for the Seneca Falls Community Center and was the director of the soccer camps for many years. At Mynderse, Lisa has coached soccer at all levels and is currently the Varsity Boys' Soccer coach, making her the first female at Mynderse to coach a boys' varsity team.

Currently, Lisa is a health teacher at Mynderse Academy and lives in Seneca Falls with her husband, Mike, and three sons, Sean, Jason and Brett.