

## What to Bring

- Full Hockey Gear and Stick
- Water Bottle
- Clothing Appropriate for Physical Activity – Shorts, T-Shirt, Sweatshirt, Sweatpants, and a Good Pair of Running Shoes
- Towels for Bathing
- Toiletries & Personal Items
- Sleeping Bag **OR** Twin Sheets (Long), Blanket, Pillow
- Fan (**Recommended**)
- Spending Money (Average \$50.00 - \$75.00 per week)
- Roller Blades (**Optional**)
- Alarm Clock
- Inexpensive Wristwatch
- Sunscreen
- Bug Spray (**Optional**)
- Bedside Flashlight (**Optional**)