

FACILITIES

Few resident camps can compare in scope and setting to the renowned Shattuck-St. Mary's School. The School boasts an expansive wooded campus and a complete athletic complex, including three hockey arenas, a state-of-the-art athletic training facility, a domed indoor soccer field, six tennis courts, an outdoor ropes course, gymnasium, basketball courts, an all-weather track, and a newly-remodeled weight facility. Located in Faribault, just 45 minutes south of Minneapolis and the Mall of America, the entire 250-acre campus is designated as a Historic District on the National Register of Historic Places.



MEALS & LODGING

Housing is provided on campus in adult-supervised dormitory buildings. Semi-private rooms accommodate two or three players each. The buildings also include common areas for evening recreation and movie viewing. Meals are planned and prepared by Shattuck-St. Mary's full-time chefs and dietitians. Breakfast, lunch, and dinner are served in our newly remodeled servery area.



SAFETY FOCUSED

We monitor and adhere to local and federal pandemic safety measures. Any unforeseeable scheduling changes due to COVID-19 will be posted on our registration website.



**USA HOCKEY BOYS
NATIONAL
CHAMPIONS**



| | |
|------|------|
| 1999 | 2011 |
| 2001 | 2012 |
| 2003 | 2014 |
| 2005 | 2015 |
| 2007 | 2016 |
| 2008 | |



**2021
SHATTUCK-ST. MARY'S
BOYS HOCKEY
SUMMER CAMP**



www.s-sm.org



ABOUT SSM'S HOCKEY CAMP

Birth Years 2010-2005

Each day will include a morning skills session, an afternoon team play session, and an evening session that will consist of small area games or a full ice game. Also included are off-ice periods, group activities, video sessions, and mental skill exercises. Throughout camp, players will be assessed on an individual basis and will be provided an evaluation at the conclusion of camp. A member of our SSM coaching staff, or a guest coach, will run the ice sessions.

OFF-ICE TRAINING

Off-ice sessions balance hockey-specific skill training with plyometrics, strength, and conditioning sessions. Team-building, leadership instruction, and group activities utilize all campus facilities including the track, athletic fields, soccer dome, and weight room.

MENTAL SKILLS TRAINING

Our mental skills coach works with campers to teach them to use their mind to gain a competitive edge.

GOALIE TRAINING

Goaltenders are offered at a discounted rate because this is not a goaltender-specific camp. Goalies attending camp will be on the ice three times a day with their team/group, as well as an additional goalie session. A goalie instructor will work with the goaltenders each day, teaching them basic technique, angles, rebound control, skating techniques, puck handling, and crease management. Our goalie instructor(s) will work within each goaltender's ability level.

SAMPLE SCHEDULE

- 7:00 a.m. - Breakfast
- 8:00-9:00 a.m. - Practice
- 10:15 a.m. - Weight room
- 11:00 a.m. - Lunch
- 12:30-1:15 p.m. - Classroom
- 2:15-3:15 p.m. - Practice
- 3:45-4:45 p.m. - Group Activity
- 5:15 p.m. - Dinner
- 6:00 p.m. - Team stretch
- 6:45-7:45 p.m. - Game/Practice
- 10:00 p.m. - Lights out

IF YOU'RE SERIOUS ABOUT HOCKEY, SHATTUCK-ST. MARY'S BOYS HOCKEY CAMP IS THE CAMP FOR YOU!

At the Shattuck-St. Mary's Boys Hockey Camp, we understand that a young player's rate of development is tied directly to the expertise of his instructors.

Our program has been designed and refined over the years with the help of our instructors to emphasize the male athlete and hockey player. Having played and coached at the highest levels of hockey in the U.S. and Canada, our instructors and counselors offer aspiring young players a depth of experience that few camps can match.

If you're a boy between the ages of 11 and 16, and are serious about developing your skills, we invite you to come and take part in this one-of-a-kind experience.

TUITION & ENROLLMENT

Tuition for each one-week session is \$1,199 for a boarding player, \$975 for a day player, and \$699 for a goalie boarding or day player. Enrollment will be limited to ensure a low staff-to-student ratio, providing the individual attention necessary for each camper's personal development.

Players attending the first session should arrive Sunday, July 11 and depart Saturday, July 17. Players attending the second session should arrive Sunday, July 18 and depart Saturday, July 24. Players attending the third session should arrive Sunday, July 25 and depart Saturday, July 31. Players attending the fourth session should arrive Sunday, August 1 and depart Saturday, August 7. Scheduled arrival times into the Minneapolis-St. Paul Airport should be between 11:00 a.m. - 3:00 p.m. CST. Departure times from the Minneapolis-St. Paul Airport should be after 3:00 p.m.

Players attending multiple sessions should arrive Sunday and depart the Saturday afternoon of their final session. The fee for an additional overnight outside of standard camp dates (Sunday-Saturday) is \$45.00. This fee includes overnight supervision, lodging, and meals for the additional nights stay.

For more information and to register, please visit bit.ly/ssmhockeycamp.

