



TALK205

ELMHURST COMMUNITY UNIT SCHOOL DISTRICT 205

March 1, 2021

In this Issue:

- D205 Presents COVID-19 Saliva Screening: What You Should Know - March 4
- D205 Presents: The Purpose of Play in your Child's Development - March 8
- Foundation 205 Art Contest - Deadline March 26
- Free Mobile Food Pantry at Churchville Middle School - April 10, May 8, and June 5

Reminders:

- Catch the Replay of "Helping Parents Support Their Children's Well-Being During Distance Learning" with Rosalind Wiseman.
- D205 Presents COVID-19 Vaccines: What you need to know! Video Replay Available
- D205 Food Services Offers Free Daily Meal Bags - March Schedule

Other Resources:

- Thrive D205 Wellness and Mental Health Resources and Information
- Virtual Backpack
- ComEd Bill Assistance
- Free Internet/WiFi Services

New Items:

D205 Presents COVID-19 Saliva Screening: What You Should Know - March 4

D205 will present "COVID-19 Saliva Screening: What You Need to Know" at 7 p.m. on Thursday, March 4, 2021 via Zoom webinar. Dr. Zachary Rubin, who recently presented on the COVID-19 vaccination process, will join the session to present useful information to our families regarding testing.

Please click [here to register](#).

The Purpose of Play in your Child's Development - March 8

On March 8, 2021 from 6:30-8:00pm via Zoom, District 205 is proud to present a parent information session to share the benefits of play for your child! We will share how we are incorporating purposeful play into our EC and Kindergarten classrooms to benefit our students both socially and academically as we work to educate the whole child. We will also share tips for incorporating purposeful play at home! We hope you can join us! Please RSVP using this [LINK](#). An email confirmation and the link to the webinar will be sent to you 48-hours prior to the event.

Foundation 205 Art Contest - Deadline March 26

Foundation 205 is sponsoring an art contest and looking to showcase the talent and creativity of any willing art students in D205! Help create a winning t-shirt design and/or contribute to a Foundation calendar/notecard. Click the [link](#) for details. Submissions are due March 26, 2021.

Free Mobile Food Pantry at Churchville Middle School - April 10, May 8, and June 5

United Community Concerns Association invites you to attend free Mobile Food Pantry at Churchville Middle School, 155 Victory Parkway, Elmhurst, on following dates:

- Saturday, April 10, 2021, 10-11:30 a.m.
- Saturday, May 8, 2021, 10-11:30 a.m.
- Saturday, June 5, 2021, 10-11:30 a.m.

Note: The Mobile Food Pantry will offer nutritious food including: meat, fresh produce, milk, and other dairy products based on availability. Food is distributed on a first-come, first-served basis while supply lasts.

For the health and safety of our volunteers and your family, we ask the you please follow this process:

- Stay inside your car.
- Please make sure the trunk is empty and open.
- Pre Packed box of groceries will be placed in your trunk

- Please do not block the neighboring driveways

Reminders:

D205 Presents COVID-19 Vaccines: What you need to know! Video Replay Available

D205 and [Dr. Zachary Rubin](#) presented COVID-19 Vaccines: What you need to know! Dr. Rubin presented timely and relevant information about the

Pfizer/BioNTech and Moderna COVID-19 vaccines that have been recently approved by the FDA. Dr. Rubin also discussed the general concepts of vaccines, addressed safety concerns and answered questions from attendees

Dr. Rubin is an Allergist/Immunologist, who is double-board certified in General Pediatrics and Allergy/Immunology. Dr. Rubin grew up in Naperville, and he is very excited to be practicing at Oak Brook Allergists, which has locations in Naperville, Plainfield, Downers Grove and Elmhurst.

Catch the [replay](#) of the session on the Thrive D205 Wellness Partnership page.

Catch the Replay of “Helping Parents Support Their Children’s Well-Being During Distance Learning” with Rosalind Wiseman

If you missed Rosalind Wiseman Zoom address this week, catch the [video replay](#) on D205 YouTube. The founder of Cultures of Dignity and co-author of The Distance Learning Playbook for Parents, shared from the parent perspective, how we can build a community of dignity in challenging times and support student learning and growth during the COVID-19 pandemic.

D205 Food Services Offers Free Daily Meal Bags - March Schedule

D205 offers 7-day, breakfast & lunch, heat-and-eat meal bags. Pickup is Mondays and Wednesdays at the following locations

- York High School, Main Entrance Door #3
- Bryan Middle School, East Entrance Door #13
- Churchville Middle School, Main Entrance Door #1
- Sandburg Middle School, Main Entrance Door #3

March 2021 Dates:

- Monday 3/1 - 3:30 p.m.-5:00 p.m.
- Wednesday 3/3-1:45 p.m.-3:00 p.m.
- Monday 3/8 - 3:30 p.m.-5:00 p.m.
- Wednesday 3/10- 1:45 p.m.-3:00 p.m.
- Monday 3/15 -3:30 p.m.-5:00 p.m.
- Wednesday 3/17-1:45 p.m.-3:00 p.m.
- Monday 3/22 -3:30 p.m.-5:00 p.m.
- Wednesday 3/24-1:45 p.m.-3:00 p.m.
- Monday 3/29 - 10 a.m.-12 p.m. *note earlier pick up time
- Wednesday 3/31 NO PICK UP-Spring Break
- Monday-April 5 3:30 p.m.-5:00 p.m.

Please help everyone to stay safe by wearing your mask and staying inside

your car (roll down back windows or open the trunk to receive the meal kits). Thank you!

D205 schools also will be handing out an optional (students are not required to take a meal bag) shelf stable, one-day meal bag each day at dismissal time for students in grades K-12. Breakfast for the following morning is included in the bag as well. Families with allergy concerns or other dietary restrictions should contact your school nurse's office to discuss your child's specific situation before allowing your child to bring home a meal kit. If you do not want your child to take a meal kit home, please tell your child and let the school nurse know. The food items offered in the lunch bag each day will vary. If your child is taking a meal kit home, please remind them that food is not to be eaten on the bus, and the food should not be shared with anyone due to concerns with food allergies and other dietary restrictions.

Additional Resources:

Thrive D205 Wellness & Mental Health Resources

Thrive D205 School & Community Wellness Partnership is a wellness and mental health initiative launched by Elmhurst Community Unit School District 205 in 2019. The effort is designed to start a community conversation and create a subsequent plan to better understand, support and reduce the stress levels among students in our school community. Click [here](#) to discover the Thrive D205 resources page.

Virtual Backpack

Looking for non-profit, community activities or information that is fun and educational for students? Check out the D205 [Virtual Backpack](#) page.

ComEd Bill Assistance

If you are aware of staff members or families that could benefit from additional support, we ask that you share this information with them and have them call ComEd immediately at 1-800-EDISON1 (1-800-334-7661), M-F, 7am-7pm. Customers can also visit [ComEd.com/Support](#) to learn more about the following payment assistance options and eligibility requirements:

- CARE Customer Hardship Grants
- COVID-19 Financial Bill Assistance
- Flexible, Extended Payment Arrangements
- Waiver of New Deposits and Fee Relief
- State and Federal Financial Energy Assistance

Free Internet/WiFi Services

In need of free or low cost internet/WiFi services? Please click [here](#)