



TALK205

ELMHURST COMMUNITY UNIT SCHOOL DISTRICT 205

February 22, 2021

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New Items:

The Purpose of Play in your Child's Development - March 8

On March 8, 2021, from 6:30-8:00pm via Zoom, District 205 is proud to present a parent information session to share the benefits of play for your child! We will share how we are incorporating purposeful play into our EC and Kindergarten classrooms to benefit our students both socially and academically as we work to educate the whole child. We will also share tips for incorporating purposeful play at home! We hope you can join us! Please RSVP using this [LINK](#). An email confirmation and the link to the webinar will be sent to you 48-hours prior to the event.

Foundation 205 Art Contest - Deadline March 26

Foundation 205 is sponsoring an art contest and looking to showcase the talent and creativity of any willing art students in D205! Help create a winning t-shirt design and/or contribute to a Foundation calendar/notecard. Click the [link](#) for details. Submissions are due March 26, 2021.

D205 Food Services Offers Free Daily Meal Bags - March Schedule

D205 offers 7-day, breakfast & lunch, heat-and-eat meal bags. Pickup is Mondays and Wednesdays at the following locations

- York High School, Main Entrance Door #3
- Bryan Middle School, East Entrance Door #13
- Churchville Middle School, Main Entrance Door #1
- Sandburg Middle School, Main Entrance Door #3

March 2021 Dates:

- Monday 3/1 - 3:30 p.m.-5:00 p.m.
- Wednesday 3/3-1:45 p.m.-3:00 p.m.
- Monday 3/8 - 3:30 p.m.-5:00 p.m.
- Wednesday 3/10- 1:45 p.m.-3:00 p.m.
- Monday 3/15 -3:30 p.m.-5:00 p.m.
- Wednesday 3/17-1:45 p.m.-3:00 p.m.
- Monday 3/22 -3:30 p.m.-5:00 p.m.
- Wednesday 3/24-1:45 p.m.-3:00 p.m.
- Monday 3/29 - 10 a.m.-12 p.m. *note earlier pick up time
- Wednesday 3/31 NO PICK UP-Spring Break
- Monday-April 5 3:30 p.m.-5:00 p.m.

Please help everyone to stay safe by wearing your mask and staying inside your car (roll down back windows or open the trunk to receive the meal kits). Thank you!

D205 schools will also distribute an optional (students are not required to take a meal bag) shelf-stable, one-day meal bag each day at dismissal time for students in grades K-12. Breakfast for the following morning is included in the bag as well. Families with allergy concerns or other dietary restrictions should contact your school nurse's office to discuss your child's specific situation before allowing your child to bring home a meal kit.

If you do not want your child to take a meal kit home, please tell your child and let the school nurse know. The food items offered in the lunch bag each day will vary. If your child is taking a meal kit home, please remind them that food is not to be eaten on the bus, and the food should not be shared

with anyone due to concerns with food allergies and other dietary restrictions.

Reminders:

Life After York Q&A - (Tonight), 7-9pm, via Zoom

This popular event includes small group discussions led by parents of recent York grads who will share their valuable experience and knowledge about the college application process as well as other post high school plans.

Registration for this event is now closed. Visit the "Life After York" [website](#) for more information. This event is sponsored by the PTSA Academic Committee and York's College and Career Resource Center.

D205 Presents COVID-19 Vaccines: What you need to know! Video Replay Available

D205 and [Dr. Zachary Rubin](#) presented COVID-19 Vaccines: What you need to know! Dr. Rubin presented timely and relevant information about the Pfizer/BioNTech and Moderna COVID-19 vaccines that have been recently approved by the FDA. Dr. Rubin also discussed the general concepts of vaccines, addressed safety concerns and answered questions from attendees

Dr. Rubin is an Allergist/Immunologist, who is double-board certified in General Pediatrics and Allergy/Immunology. Dr. Rubin grew up in Naperville, and he is very excited to be practicing at Oak Brook Allergists, which has locations in Naperville, Plainfield, Downers Grove and Elmhurst.

Catch the [replay](#) of the session on the Thrive D205 Wellness Partnership page.

Catch the Replay of "Helping Parents Support Their Children's Well-Being During Distance Learning" with Rosalind Wiseman

If you missed Rosalind Wiseman Zoom address, catch the [video replay](#) on D205 YouTube. The founder of Cultures of Dignity and co-author of *The Distance Learning Playbook for Parents*, shared from the parent perspective, how we can build a community of dignity in challenging times and support student learning and growth during the COVID-19 pandemic.

Additional Resources:

Thrive D205 Wellness & Mental Health Resources

Thrive D205 School & Community Wellness Partnership is a wellness and mental health initiative launched by Elmhurst Community Unit School District 205 in 2019. The effort is designed to start a community conversation and

create a subsequent plan to better understand, support and reduce the stress levels among students in our school community. Click [here](#) to discover the Thrive D205 resources page.

Virtual Backpack

Looking for non-profit, community activities or information that is fun and educational for students? Check out the D205 [Virtual Backpack](#) page.

ComEd Bill Assistance

If you are aware of staff members or families that could benefit from additional support, we ask that you share this information with them and have them call ComEd immediately at 1-800-EDISON1 (1-800-334-7661), M-F, 7am-7pm. Customers can also visit [ComEd.com/Support](#) to learn more about the following payment assistance options and eligibility requirements:

- CARE Customer Hardship Grants
- COVID-19 Financial Bill Assistance
- Flexible, Extended Payment Arrangements
- Waiver of New Deposits and Fee Relief
- State and Federal Financial Energy Assistance

Free Internet/WiFi Services

In need of free or low cost internet/WiFi services? Please click [here](#)