

Tukwila School District

Health Resource GUIDE

Alcohol/Drugs

Alcohol/Drug 24 Hr. Help Line	206.722.3700
Catholic Comm. Services (Adult)	206.956.9572
Highline Medical Center	206.248.4787
Kent Youth & Family Services	253.859.0300
Milan Lakeside	1.800.231.4303
Narcotics Anonymous	206.790.8888
Recovery Center of King County	206.325.5000
Renton Youth & Family Services	206.772.2050
Sea Mar Community Center	206.763.5277
Therapeutic Health Services	206.322.7676

Anger Management

Catholic Community Services	253.854.0077
Kent Youth & Family Services	253.859.0300
Valley Cities Counseling	253.939.4055

Baby Items

Kent Food Bank	253.520.3550
Multi-Service Center	253.838.6810
Neighborhood House	206.767.7124
Pregnancy Aid	206.878.3770
White Center Food Bank	206.762.2848
WIC Office in White Center	206.296.4822

Basic Education (Adults)

Goodwill Seattle	206.860.5791
Highline Community College	206.870.3785
Hopelink	425.643.1912
Literacy Source	206.782.2050
Multi-Service Center	253.838.6810
Renton Technical College	425.235.2352
Seattle Vocational Institute	206.934.4950
South Seattle CC	206.934.5300
Work Source Renton	206.205.3500

Child Care

Child Care Resources	206.329.5544
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Counseling

Asian Counseling & Ref. Services	206.695.7600
Catholic Community Services	253.850.2500
Consejo Counseling	206.461.4880
Kent Youth & Family Services	253.859.0300
Lutheran Counseling Network	425.271.9711
NAVOS	206.257.6600
Renton Youth & Family Services	206.772.2050
Sound Mental Health	206.302.2300
Southeast Youth & Family	206.721.5542
Southwest Youth & Family	206.937.7680
Therapeutic Health Services	253.681.0010
Valley Cities Counseling	253.939.4055

Disabilities, People With

ADD Resources	253.759.5085
Alliance of People w/Disabilities	206.545.7055
ARC of King County (Seattle)	206.364.6337
Children's Hospital	206.987.2000
Children's Therapy Center	206.242.4973
Early Intervention Services	800.761.2821
Hearing, Speech & Deafness Cnt.	206.323.5770
Social Security Disability Income	800.772.1213
WA Dept. Services for the Blind	800.552.7103

Divorce/Family Law

Family Court Services	206.205.2521
King Co. Bar Assoc.	206.267.7070
NW Justice Project	206.464.1519
Washington Law Help www.washingtonlawhelp.org	
(Self-help information)	

Domestic Violence

API Chaya	206.325.0325
Catherine Booth House	206.324.4943
Consejo Counseling	206.461.4880
DAWN	425.656.7867
Eastside DV Program	425.746.1940
NAVOS	206.241.0990
New Beginnings	206.522.9472
ReWA - Refugee Women's Alliance	206.721.0243
Salvation Army	206.324.4943
Solid Ground	206.299.2500
Sound Mental Health	206.302.2300
WA Statewide DV Hotline	1.800.562.6025

Financial Assistance

Catholic Community Services	253.854.0077
DSHS	800.737.0617
Kent United Methodist Church	253.852.3900
Multi-Service Center	253.838.6810
Neighborhood House	206.588.4900
Salvation Army	253.946.7933
St. Vincent de Paul	206.767.6449

Food

Des Moines Area Food Bank	206.878.2660
Emergency Feeding Program	206.329.0300
Highline Area Food Bank	206.433.9900
Northwest Harvest	206.625.0755
St. Vincent de Paul	206.767.6449
Tukwila Pantry	206.431.8293
White Center Food Bank	206.762.2848
WIC (Women, Infant & Children)	206.296.4822

Grief/Bereavement

Children's Hospital (Seattle)	206.987.2062
Compassionate Friends	206.241.1139
Highline Medical Center	206.244.9970

Housing/Shelter

Community Information Line	211
Kent Youth & Family Services	253.859.0300
*transitional long-term housing for homeless parenting teens	
Mama's Hands/House of Hope	206.915.2073
*transitional shelter for pregnant women & women with children	
YWCA	206.461.4888
*for women, emergency shelter & single homeless women	

Immigration/Refugee

El Centro De La Raza	206.329.9442
NW Justice Project	206.464.1519
Somali Community Services	206.760.1181

Parenting

APPLE Parenting	253.833.7002
CHANGES Parent Support	1.888.468.2620
Kent Youth & Family Services	253.859.0300
Parent Trust for WA Children	1.800.932.4673
Renton Youth & Family Services	206.772.2050

Transportation

ACCESS Transit Services	206.205.5000
Hopelink	425.943.6789
KC Metro Taxi Script Program	206.553-3000
Neighborhood House	206.767.7124
Orion Multi-Service Care	206.622.5555
Salvation Army Comm. Services	253.850.2523
Solid Ground	206.694.6700
Sound Transit	888.889.6368
St. James Episcopal	253.852.4100
St. Vincent de Paul	206.767.6449

Emergency Numbers:

Adult Protective Services	206.341.7660
Child Protective Services	1.866.363.4276
Community Crisis Line	206.461.3222
Community Information Line	206.461.3200
Highline Medical Center	206.244.9970
Poison Center	1.800.222.1222
Police, Fire, and Medical	911
Teen Link	206.461.4922
Washington State Patrol	206.464.6610