



BOYS LAX CAMP

**JUNE 19 & 20, 2023 | 5-8 PM
IN THE DC ATHLETIC COMPLEX**

THIS 2-DAY CAMP WILL BE BROKEN INTO 3 SESSIONS EACH DAY AND WILL WORK ON INTRODUCING & IMPROVING STICK SKILLS, POSITIONAL FOCUS (OFFENSE, DEFENSE & GOALIE) & SMALL-SIDED GAMES

OPEN TO BOYS GRADES 4-9 (2023-24)

\$75 PER CAMPER

[Pay Online: bit.ly/2023-DCAthleticCamps](https://bit.ly/2023-DCAthleticCamps)

REQUIRED GEAR: Helmet, shoulder pads, elbow pads, gloves, mouthguard, cleats, a lacrosse stick + water bottle

LED BY COACH:

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