



Hello Tukwila Families,

The Nurses and Health Assistants from your school hope this letter finds you and your families well and thinking about returning to school in the fall as we are. This has been a very difficult time for all of us but especially for the children. Please let us know if there is any way we might help you through these difficult and very confusing times.

While we have been away all of the school buildings have been cleaned and disinfected by the custodial team. Even though we are away they have been working very hard to insure the buildings are clean and ready for students when we open again.

Here are some things you can work on now to help your student be ready to return to school in the fall. If you are receiving this letter we need you to work on at least one of the items below. Some may need to complete one or more items.

Immunizations

If you received letters from us before school let out in mid- March, we do not have complete immunization records for your child. Please check with your doctor, by making an appointment now for August so that you can have your immunizations reviewed by your caregiver. Many of you have received the needed vaccines but your doctor has not entered them in the state Immunization Registry. Please ask him/her to do so. Others may need more shots and the doctor can give you those at the appointment. When the information is entered in the Washington Immunization System the nurses at school are able to see and review them. A new law going into effect on September 1 states that all immunizations must be medically verified and up to date. Going to the Doctor in August will help ensure you have met this requirement. A new letter that is attached will show the doctor what doses may be missing. Please take the letter with you to the doctor for the appointment.

Medications

If your child takes medications for any reason during the school day, a Medication at School form must be completed for every school year at the beginning of the year. Food Allergies requiring an EpiPen are considered life threatening and the medication at school form as well as the medication must be available by the first day of school. This is a state law that we must follow. Many students at Showalter and Foster carry their inhaler for Asthma treatment in their backpacks. That is ok but the school nurse still needs the medication at school form completed. This is so that in the unlikely event of an emergency the nurse would know to look in the backpack for the rescue medications. This is especially important for our student athletes who are at practice or a game when the nurse is away. Seizure rescue medications must also be available with a completed medication at school form on the first day of school.

Health History

Also included is a health history form. We send this each year so you can share any changes to your students' health. Does the doctor think an inhaler is no longer needed?, has it been a long time since your child has had a seizure and the doctor changed the medications?, or have things worsened and the doctor has changed the dose of medications or are there are other things we need to watch out for? This

information will allow us to update the yearly health plan we keep for your student. This information is kept so it is quickly available in the event of an emergency.

Phone Numbers

Please be sure we have a current phone number where we can reach you in the event of an emergency on file. **THIS IS VERY IMPORTANT!**

Again we ask that you make your appointment now so you are sure to be able to see your medical provider before school starts. Completed forms may be faxed to 206-901-7969 or 206-901-7907. Please have them marked attention nurse. The medication at school form is included with this letter to help make it easy. One form is needed for each medication.

And I would like to Thank all of the Tukwila families I have worked with for the past eleven years. It has been my honor to serve you and your children. I will remember this time in my career with great fondness. I wish you all the best of health and your students continued academic success as they proceed through Tukwila schools.

We will be welcoming a new Lead Nurse! Heather Lazos, RN will be officially starting on September 1. She is already getting to know your students and is making wonderful plans to care for them. I know that I am leaving all of you in good hands.

Mrs. Paquette RN, and the Health team

Ms. Lazos, RN, Mrs Yurad, RN, Ms, Cruse, Mrs. Dral, and Mrs. Colin.