TURNS

Progression 1 – turning to side wall

1-2 chainé
3-4 chainé
5-6 piqué
7-8 piqué – spotting side (start of piqué four corners for progression 2)

Progression 2

1-2 piqué – spotting back
3-4 piqué – spotting side
5-6 piqué – spotting front
7-8 re-prep (for fouettés)
1-2 fouetté à la seconde (open on evens)
3-4 fouetté à la seconde
5-6 fouetté à la seconde –
7-8 land (Progression 3 doubles with low jazz hands)

Progression 3

1-+2 fouetté
3-+4 fouetté
5-6 à la seconde
7-8 à la seconde
+1-+2 side, back
+3-+4 side, front
5-6 à la seconde
7-8-1 triple, hit a pitch leg extension on 2 and hold

LEAPS

Progression 1

1-2 step to the side (right, left)
3-4 **grand jeté** 3, land 4
5-6 continue stepping to the side (right, left)
7-8 **side leap** 7, land 8

Progression 2

1-2 chainé to the side in plié
3-4 **calypso** 3, land 4
5-8 Roll to the ground up on 7, push turn around to back 8
1-2 chainé to the side in plié (back to the front)
3-4 **U of M leap** landing to the front hands on ground (roll if ending with progression 2)

Progression 3

5-8 run to the left, start with right
&1-2 **Switch reverse leap**, land and begin roll
3-4 Roll and start standing up 4
5-6 finish 5 up 6
7-8 charge forward
1-2 prep 1, 2 Chainé 3,4
5-6 **Turning Firebird**, roll 7-8
1 Blow kiss

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