

Pop positivity,



not pills.

PEER_X

Prescription Drug Abuse Is Drug Abuse

About Rx Drug Abuse

- ▶ What is prescription (Rx) drug abuse?
 - ▶ Prescription drug abuse is when someone takes a medication inappropriately, such as:
 - ▶ Without a prescription
 - ▶ In a way other than as prescribed
 - ▶ To get that “high”

PEER_X SHARE A DOSE OF REALITY:
PRESCRIPTION DRUG ABUSE **IS** DRUG ABUSE.

The Problem

- ▶ Every day in the United States, **2,000** teenagers abuse Rx drugs for the first time.
- ▶ Rx drugs are the most abused drug by teens after alcohol, marijuana, and tobacco.



Commonly Abused Rx Drugs

**Do you know what
you're getting into?**

► Opioids

- Usually prescribed to treat pain
- Known as Oxycodone, Percocet, Vicodin
- Street names: Hillbilly Heroin, Oxy, OC, Oxycotton, Happy Pills, Percs, Vikes
- Make you feel sleepy, sick to your stomach, constipated, make it hard to breath, cause overdose, and death
- For more facts, visit PEERx at <http://teens.drugabuse.gov/peerx>



Commonly Abused Rx Drugs

**Do you know what
you're getting into?**

► Stimulants

- Most often prescribed to treat ADHD
 - Known as Adderall, Dexedrine, Ritalin, Stratera, Concerta, Focalin
 - Street Names: Uppers, Skippy, The Smart Drug, Vitamin R, Bennies, Black Beauties, Roses, Hearts, Speed
 - Make you feel paranoid, cause your body temperature to rise really high, make your heart beat too fast.
- For more facts, visit PEERx at <http://teens.drugabuse.gov/peerx>



Commonly Abused Rx Drugs

**Do you know what
you're getting into?**

► Central nervous system (CNS) depressants

- Prescribed to treat anxiety and sleep disorders
 - Known as: Valium, Xanax, Ativan, Klonopin, Sleep Medication (Ambien, Lunesta)
 - Street Names: Benzos, Barbs, Reds, Red birds, Phennies, Tooies, Yellows, Candy, Downers, Zombie pills, Sleeping pills,
 - Can cause slurred speech, shallow breathing, sleepiness, disorientation, lack of coordination, may give you a seizure, can cause overdose and death.
-
- For more facts, visit PEERx at <http://teens.drugabuse.gov/peerx>



The Difference?



Proper Use

- when only the person prescribed the medication uses it exactly when and how a doctor prescribed it with parent supervision!

Misuse

- when a person does not follow the directions of the medication provided by the doctor or pharmacist either with or without knowing.

Abuse

- when a person takes a without a prescription, in a way other than as prescribed, or purposely takes prescription medication to experience a desired effect

MUTH

VS

TRUTH

#1

Prescription

so

typ

the

DO

re

er

se

ed by a



“ The abuse of prescription drugs is every bit as dangerous as abusing other substances. They do NOT offer a safe way to get high, cope with stress or perform better at school or on the field. ”

- NATIONAL COUNCIL ON PATIENT INFORMATION AND EDUCATION; WWW.TALKABOUTIT.ORG

TALK

TRUTH

- They can be very dangerous, even deadly
- You don't know the effects it may have on your body
- They are prescribed for an individual based upon their age, weight, metabolism, and other factors, and closely monitored by a doctor.
- They are not meant to be shared with anyone for any reason

#2

TAPZ

sh...one
to tan

TRUTH

- Possession of prescription drugs can lead to fines, jail time, and misdemeanor criminal records
- Selling or delivering prescription drugs can lead to fines, longer jail time, and a felony record
- It is **NEVER OKAY** to sell, share, pass out, share, offer, bribe, or force anyone to take prescription drugs.

#3

This
read



one

“ Prescription and over-the-counter drugs are among the most commonly abused drugs by 12th graders, after alcohol, marijuana, and tobacco. There are as many new prescription drug abusers ages 12 to 17 as there are of marijuana. ”

-NATIONAL EDUCATION ASSOCIATION HEALTH INFORMATION NETWORK; Rx FOR UNDERSTANDING: PREVENTING PRESCRIPTION DRUG ABUSE

TRUTH

TRUTH

- Sadly, they are easy to get
- People think they are safer to use than street drugs, but really they are just as dangerous
- There are as many new prescription drug abusers age 12 to 17 as there are of marijuana.
- Among youth who are 12 to 17 years old, 7.4 percent reported past-year non-medical use of prescription medications.
- When asked if they had ever taken a prescription drug without a doctor's prescription, 21 percent of high school students said yes.

#4

All pr
litt
num are



TRUTH

- Prescription drugs can look like a lot of different things depending on who makes them and if they are name brand or generic.
- Bottom line – if someone offers you something or you find a pill, take it to an adult right away for help.
- Let's look at the possibilities...

<http://www.rxlist.com/percocet-drug/patient-images-side-effects.htm>



#5

TAPZITH

is just
as
drugs

“ Research shows that students who take prescription drugs for non-medical reasons are at least five times more likely to develop a drug abuse problem than those who don't . ”

- NATIONAL COUNCIL ON PATIENT INFORMATION AND EDUCATION; WWW.TALKABOUTIT.ORG

TALK



TRUTH

- Prescription drugs can be just as dangerous as street drugs
 - Use can lead to tolerance, dependence, and withdrawal when you try to stop
- They can lead you down a very dangerous path towards other drug addictions
- Just taking them once can be dangerous and lead to overdose, paralyzation, or death
- The danger of these drugs skyrocket when mixed with other drugs or alcohol.

CHOOSE YOUR PATH

<http://teens.drugabuse.gov/peerx/choose-your-path>

What if I know someone who needs help?

- Talk to your parents, a school counselor, teacher, or principal
- Refer your friend to SAP
- [Teens.drugabuse.gov](https://www.teens.drugabuse.gov) and go to the page “Have a drug problem-need help?”
- National Suicide Prevention Lifeline: 1-800-273-TALK
- Substance Abuse Treatment Facility Locator: 1-800-662-HELP or www.findtreatment.samhsa.gov



Remember:
It is NEVER OKAY to
misuse or abuse
prescription drugs!

Resources

- ▶ PEERx Partner PPT 9-9-13 FINAL from NIDA for teens.
- ▶ Generation Rx: Preventing the Misuse and Abuse of Prescription Medications from Ohio State University College of Pharmacy
- ▶ NIDA for Teens; www.teens.drugabuse.gov/peerx
- ▶ Rx for Understanding: Preventing Prescription Drug Abuse; National Education Association Health Information Network.
- ▶ Rx for Understanding: Be Smart about Prescription Drugs; Educator's Resource Guide; National Education Association Health Information Network.
- ▶ Taking Action to Prevent & Address Prescription Drug Abuse: A Resource Kit for America's College Campuses; National Council on Patient Information and Education; www.talkaboutit.org/documents/MythBusters.pdf
- ▶ Drug Conviction Penalties in Pennsylvania; J. Ketchel Law; <http://justinketchellaw.com/pittsburgh-drug-attorney/drug-penalties/>