



HEALTH SERVICES COVID-19 PROTOCOLS (effective 6/1/21)

Your child's safety is our top priority. Informed by CDC guidelines, state and local health officials, and TVS school data from the 2020-2021 academic year, the following protocols will be practiced throughout the 2021 summer season. With the rate of vaccinations increasing in our area and the community and campus spreading lowering, we feel that we are headed in the right direction. Should the rate of COVID-19 begin to increase on campus or should community spread increase to a substantial level again, we are prepared to make changes to these protocols to ensure the health and safety of our community.

Our licensed medical professionals will be on site daily monitoring the health and safety of all Xplore summer participants and staff while working closely with the Tarrant County Health Department. All Xplore staff, instructors, and volunteers will participate in health and safety training education specific to COVID-19 and other health and safety precautions prior to the start of Xplore Summer at TVS. This includes, but is not limited to hand hygiene, distancing, cleaning procedures, and allergy awareness.

Please review the CDC's guidelines regarding individuals who are at higher risk for severe illness and discuss with your primary care physician if you have questions or concerns about your child. Contact our TVS medical team to discuss your child's situation.

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>

Contact information for TVS medical team:

Ben Timson - timsonb@trinityvalleyschool.org, (817) 321-0156

Amy Coats - coatsa@trinityvalleyschool.org, (817) 321-0132

Kim Bartell - bartellk@trinityvalleyschool.org, (817) 321-0132

Carrie Morrison - morrisonc@trinityvalleyschool.org, (817) 321-0173

Arrival and Dismissal Procedures:

- Trinity Valley School does not conduct daily temperature checks or screenings on Xplore participants, staff, or volunteers. **In keeping with best practices, families and staff should assess health on a daily basis, prior to arrival at Xplore. Participants, staff, and volunteers should remain at home if they are displaying ANY SIGNS OR SYMPTOMS OF ANY ILLNESS.** Your collaboration with this personal/family check-in procedure to ensure health and safety on campus.
- Parents and non-Xplore participants are required to remain in their vehicle during drop-off and pick-up program times. Our efforts continue to focus on reducing the risk and spread of COVID-19, and therefore everyone arriving on campus must go through the carpool lines. Until further notice, only participants, staff, and volunteers will be permitted outside of cars while on campus.



Masks:

- **Masks will be OPTIONAL for all Xplore summer programming** on the Trinity Valley School (TVS) campus.
- Any Xplore participant, instructor, or volunteer who wishes to wear a mask on campus should feel comfortable doing so.
- Any participant who chooses to wear a mask is responsible for providing his/her own mask(s). Proper wearing of the mask ensures that it covers the nose and mouth.

Hand Hygiene Procedures:

- All participants, staff, and volunteers are required to wash hands or use hand sanitizer upon arrival at TVS.
- Throughout the duration of each day, we will remind participants about safe hand hygiene practices. There will be required hand hygiene intervals via handwashing and hand sanitizer. These include, but are not limited to:
 - Daily arrival to and dismissal from campus
 - Prior to eating (lunch and/or snack)
 - Following lunch or snacks
 - After using the restroom
 - After sneezing or if using a tissue to blow their nose
 - Before and after playing outside or other activities

Room Capacities and Distancing:

- Classroom capacities will be closely monitored.
- Classrooms and other camp spaces on campus have been measured to determine the number of participants that can be in the space while maintaining distance requirements.
- While participants are on campus, we will practice and encourage distancing between 3-6 feet, depending on program activities.

Lunch and Snack Procedures:

- All participants will wash hands prior to lunch.
- Some participants will eat lunch in the classroom where their morning camp occurred. If eating in the classroom, their desks are sanitized prior to eating.
- Some participants will eat lunch in the Main Dining Hall on campus.



- While eating lunch or snacks, participants are spaced according to the recommended distancing of 6 feet or more.
- Weather permitting, small cohort groups lunching together will be encouraged to eat outdoors.
- Participants are reminded not to share any part of their lunch or snacks with others.
- Following both lunch and snacks, participants will wash their hands or use hand sanitizer.

Facility Policies and Procedures:

- All classrooms and high-touch surfaces will be cleaned and disinfected on a daily basis.
- Toys, teaching aids, and shared equipment will be routinely cleaned and disinfected.
- All restrooms will be cleaned and disinfected on a regular basis.
- All participants must bring their own personal labeled water bottle. Water fountains are not available at this time; however, there are bottle-filling stations available.

Transportation Procedures:

- Select summer programs may include an off-site field trip pending the health and safety of all Xplore participants, staff, and volunteers in relation to the field trip location.
- If bus transportation is used, we will practice 50% capacity on buses. One participant per bench will be practiced.

COVID-19 Symptoms, Positive Cases, and Return to Xplore:

Symptoms of COVID-19 may develop within 2-14 days after exposure to the virus and may include the following:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Headache
- Sore throat
- Muscle pain
- Chills
- New loss of smell or taste
- Nausea, vomiting, or diarrhea



Sick Procedures:

- If your child is showing signs or symptoms of any kind of illness and you send him or her to Xplore, this can result in exposure to staff and other participants' families which could be fatal. **PLEASE DO NOT SEND YOUR CHILD TO XPLORE SUMMER AT TVS IF HE OR SHE DISPLAYS ANY SIGNS OR SYMPTOMS OF ANY ILLNESS. CONTINUE TO MONITOR AT HOME.**
- If your child is experiencing any symptoms of COVID-19, we recommend that you contact your pediatrician and follow CDC and local health department guidelines regarding self-quarantine for the student AND any siblings.
- If your child gets sick while at Xplore or simply is not feeling well, he or she will be taken to the nurse's office to be assessed by one of our medical professionals.
- If your child develops ANY COVID-19 symptoms while at Xplore (example: even a headache, sore throat, cough), you will be notified and may be asked to pick up your child. If you are not able to arrive within an hour of the call, please be sure you have someone that is available to pick up your child. A member of the TVS medical team will walk your child to the pickup circle and will wait with him/her until you arrive.
- If your child is sent home due to symptoms and is not evaluated by a physician, you will need to contact the TVS medical team prior to return to Xplore for clearance.
- If your child is not evaluated by a physician and continues to have any symptoms of COVID-19, he or she will need to remain at home and follow the CDC isolation/quarantine guidelines.
- If your child is being tested for COVID-19 and/or has symptoms, please contact Ben Timson, COVID-19 Coordinator (contact information on page 1). We will request a follow up with the results in order to move forward with contact tracing and the proper disinfection procedures. The same practices will be followed for Xplore staff and volunteers.
- Any form of positive test (molecular or antigen) will result in a minimum 10-day isolation period from Xplore. Individuals will not be able to test out of isolation or quarantine by producing a negative test prior to the end of the required isolation or quarantine period. Should there be conflicting test results, TVS will err on the side of caution and treat the case as positive for COVID-19.
- If your child routinely experiences chronic issues (e.g., headaches or allergy symptoms), expect increased communication from the TVS medical team as we determine how to most effectively differentiate these issues from COVID-19 symptoms. We will assume symptoms are indicative of COVID-19 until determined otherwise. We ask for your cooperation as we navigate this.

Isolation Procedures:

- Xplore participants, staff, or volunteers presenting with signs and symptoms of COVID-19 will be referred to the TVS medical team for evaluation. Participants and staff that either test positive or are



suspected to be COVID-19 positive, will be sent home and required to enter isolation until the following three criteria have been met:

- 10 days have passed since the onset of symptoms or date of positive test,
 - Symptom severity has improved over time,
 - 24 hours fever free without the use of fever reducing medication.
- Following isolation of a suspected COVID-19 case, the student and/or staff with COVID-like symptoms may be approved to return to Xplore should they obtain a negative COVID-19 PCR test result, or receive an alternate diagnosis from an appropriately licensed medical provider (i.e. strep, allergic rhinitis). The decision to remove someone from isolation early will be determined on a case by case basis.

Contact Tracing Procedures:

- TVS will conduct contact tracing for all Xplore camp staff and participants following a positive COVID-19 diagnosis. Close contacts will be notified via email and placed on a symptom watch list for 10 days, but will not be required to quarantine at home. Should any symptoms arise during the 10-day watch period, individuals should enter into quarantine and follow up with their physician for further evaluation and testing.
- Close contacts are defined as a person who has physical contact or is within 6 feet of a COVID-19 positive individual during their infectious period (48 hours prior to the onset of symptoms or date of positive test and 10 days afterwards) for a cumulative total of 15 minutes or more during a 24 hour period. This policy will apply to both masked and unmasked interactions.
- All Xplore staff and participants will be notified following a confirmed positive COVID-19 case within the camp.
- Close contacts will not be placed on the watch list until a positive COVID-19 test result has been confirmed.

Return to Xplore:

- Please review and follow the CDC's Return to School information here: [When You Can be Around Others After You Had or Likely Had COVID-19](#)
- If your child is given an alternative diagnosis (examples: strep throat, pink eye, flu, ear infections, etc), please send a note from your physician to the TVS medical team for clearance to return to Xplore.
- All participants must be cleared by a member of the TVS medical team prior to returning to Xplore.



Family Commitment:

We understand that you are entrusting us with your child. TVS continues to focus on the goal of providing in-person Xplore camps and classes as safely as possible. We are committed to working hard in the coming weeks and months, and we ask that you also commit to the role that your family plays in making Xplore Summer at TVS the safest experience for everyone. The safety of your children and TVS employees depends on practicing good safety and health protocols off campus as well, so we ask you to heed the measures below to help keep everyone safe and healthy.

It is important to note that if your child is showing signs or symptoms of any kind of illness and you send him/her to Xplore, this can result in exposure to staff, other participants, and their families which could be fatal.

- **PLEASE DO NOT SEND YOUR CHILD TO XPLORE PROGRAMS IF HE OR SHE DISPLAYS ANY SIGNS OR SYMPTOMS OF ANY ILLNESS. CONTINUE TO MONITOR AT HOME AND CONSULT WITH YOUR PEDIATRICIAN.**
- **Please check your child's temperature at home before coming to campus.** If your child has a temperature of 100.0 or higher, STAY HOME and contact your pediatrician's office for further instructions.
- If your child seems "off" and is not eating or drinking as he/she normally does prior to coming to campus, he/she may be getting sick. STAY HOME and continue to monitor his/her condition.
- Please do not give your child fever-reducing medications prior to attending Xplore. If he/she has a headache, sore throat, or other symptoms, please KEEP HIM/HER HOME and continue to monitor. Medications such as Tylenol (Acetaminophen) and Advil/Motrin (ibuprofen) will mask a fever and could result in exposing others to COVID-19 or other illnesses.
- If your child has vomited or had diarrhea within 24 hours of attending Xplore (no matter what you may think the cause could be), KEEP HIM/HER HOME. These are also symptoms of COVID-19. Please contact your pediatrician to discuss further and to clear your child to return to Xplore. The child may not return to campus until it has been 24 hours since his/her last episode of vomiting or diarrhea.
- If a family member in your household is diagnosed with COVID-19 or awaiting results of testing, YOUR CHILD WILL NEED TO STAY HOME and follow the recommended quarantine guidelines by the CDC and local health officials.
- If your child is sick and unable to attend Xplore, please contact Xplore Director Nicole Forbes (817-321-0203 or forbesn@trinityvalleyschool.org) and a member of the TVS medical team will follow up with you to discuss further.

For further questions or clarification regarding existing policies, please contact Ben Timson, COVID-19 Coordinator at (817) 321-0156 or timsonb@trinityvalleyschool.org.