

The Kaufman ISD School Health Advisory Council

Is seeking new members!



The School Health Advisory Council (SHAC) assists the district in ensuring that local community values are reflected in the health education program. The council will address the continued implementation of a coordinated health program including health education, physical education, health services, nutrition services, counseling, healthy school environment, staff health promotion and family/community involvement.

The SHAC meets at least 4 times during the school year.

If you are interested in serving on the SHAC, please complete the application below and email or fax it to:

Stephanie Reeves, RN, BSN
Kaufman ISD District Nurse Coordinator
972-932-2758 (fax)
972-932-5682 (office)

Name

_____ Campus _____
Child's Name

_____ Campus _____
Child's Name

_____ City _____
Address State

_____ Preferred email address
Home Phone Work Phone Cell Phone

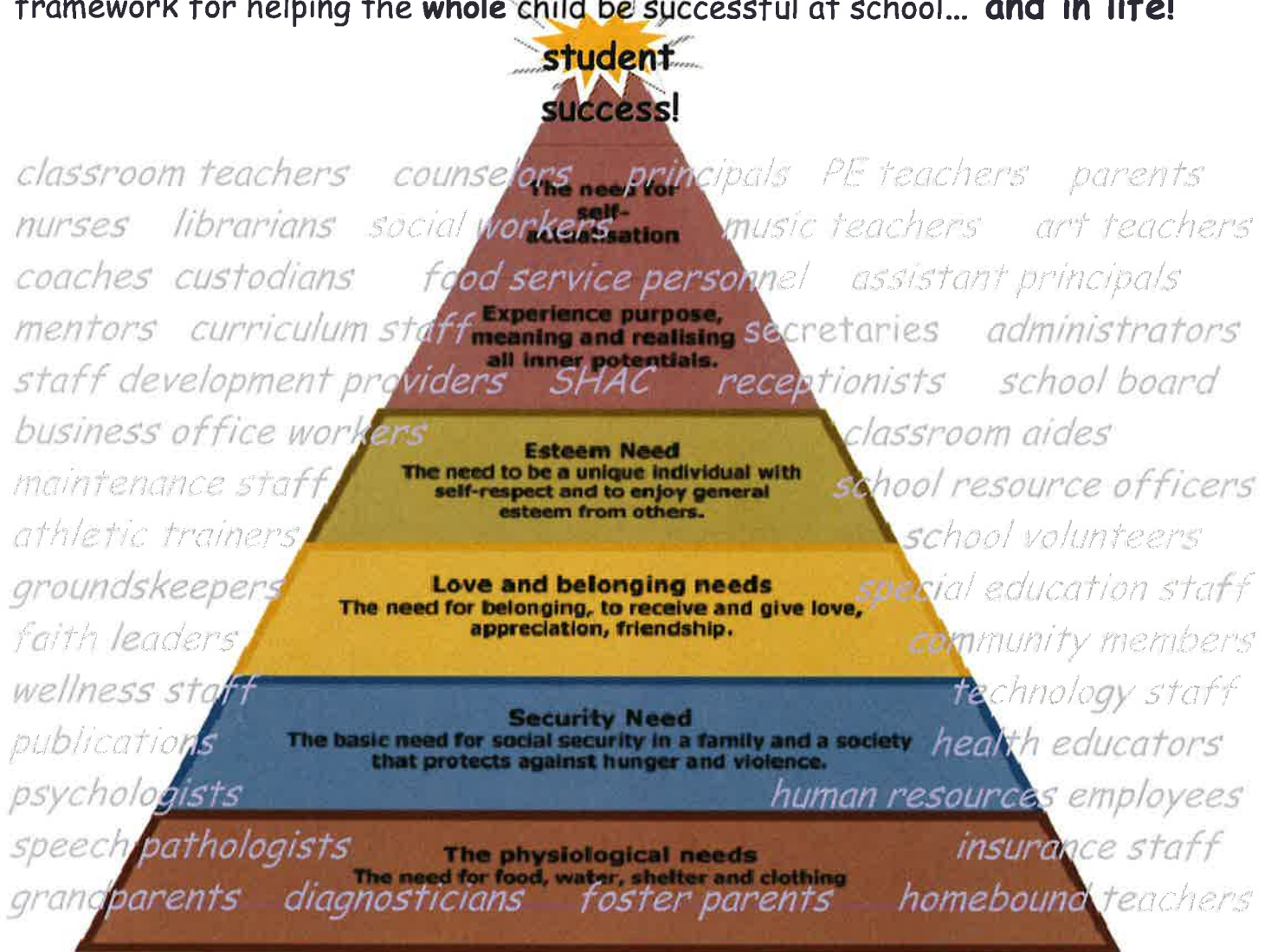
Skills and Interests

Please indicate the days and times that are best for you.
1 = first choice 2 = second choice 3 = third choice

___ 8:30 am ___ 4:00 pm ___ 6:00 pm **AND** ___ Monday ___ Tuesday ___ Wednesday ___ Thursday

Maslow's Hierarchy and Coordinated School Health

framework for helping the whole child be successful at school... and in life!



Together, we are the foundation for student success!

In Coordinated School Health, all eight components function together to provide a sound structure and team approach for ensuring optimal health in the school setting.

Healthy kids - better learners!



Coordinated School Health

Parents - join our Kaufman ISD School Health Advisory Council - we need you!

The following information will be helpful to you in finding out more about our KISD School Health Advisory Council (SHAC), and Coordinated School Health Programs (CSHP).

What is a SHAC?

In May 2001, the legislature passed Senate Bill 19. It requires each school district to implement a Coordinated School Health Program and to establish a School Health Advisory Council (SHAC) to make recommendations regarding that program. The SHAC must consist of at least 50% parents of current students, and school personnel are also on the council.

These councils serve in an advisory capacity and do not have any legal responsibilities within the school system. The SHAC members must comply with written by-laws of the organization. Our Kaufman ISD SHAC is currently chaired by the Director of Health Services, and meets at least four times per year.

Each person has an opportunity to contribute to the agenda and to bring forth suggestions and concerns regarding school health issues.

What is a CSHP?

A Coordinated School Health Program (CSHP) model consists of eight interactive components. Schools by themselves cannot—and should not be expected to—solve the nation's most serious health and social problems. Families, health care workers, the media, religious organizations, community organizations that serve youth, and young people themselves also must be systematically involved. However, schools could provide a critical facility in which many agencies might work together to maintain the well-being of young people.

Eight Component Model of a Coordinated School Health Program



In our SHAC meetings, we have reports from each of these eight areas. What a wonderful way for you as a parent to gain insights into the resources available at your child's school, and to have the opportunity to be involved in a very positive way. You're always invited to attend and see what is happening; the meeting schedule is available on the district health services website.

Here are some helpful websites regarding SHACs and CSHPs if you are interested in finding out more information:

<http://www.dshs.state.tx.us/schoolhealth/sdhac.shtm>

<http://www.cdc.gov/healthyyouth/cshp/#8#8>

This site explains the Texas laws and the importance of having a SHAC

http://www.cancer.org/docroot/PED/PED_13.asp?sitearea=PED

The American Cancer Society knows that cancer prevention efforts must begin at an early age if we want to reduce cancer incidence and mortality. We know that health related habits learned in childhood carry through to adult life and if we can teach our children to make healthy choices when they are young, their chances of becoming an active, healthy adult increase. Nearly 15,000 school systems in the United States serve over 50 million children and youth - by far the largest and most organized system to reach our youngsters. Furthermore, the school system's goal to enrich the lives of students makes it a natural avenue for giving young people the knowledge, attitudes, and skills they need to start, stop, or change health behaviors. For those reasons, the American Cancer Society has been an advocate for school health for many years, encouraging schools to embrace student health as a critical component to student success. It is one of the most promising means of ensuring healthy children today and decreasing cancer illness and death in the future.

<http://www.nationalguidelines.org/introFull.cfm>

The purpose of *Health, Mental Health and Safety Guidelines for Schools* is to help those who influence the health and safety of students and school staff while they are in school, on school grounds, on their way to or from school, and involved in school-sponsored activities. The guidelines recognize that the primary mission of schools is to educate students. Schools also have a responsibility for students' health and safety while they are at school. By addressing health, mental health, and safety issues (including transportation and motor vehicle safety), schools can improve students' academic performance today and contribute to their increased longevity and productivity long after they leave school.

<http://www.schoolhealth.info/>

This is where you can learn how important quality school health programs are for children. Learn what you can do as a parent, school personnel, or as community leaders to make sure that all children get the information they need to grow up healthy.

If you are interested in becoming a member of the Kaufman ISD SHAC, please contact Stephanie Reeves, BSN, RN Kaufman District Nurse Coordinator. Email is best - SReeves@Kaufman-isd.net The district spam filter may not allow some emails to come through, so you may also call Health Services at 972-932-5682 to obtain more information.