

# Menu



Mayfield School

Week 7	Monday 24/05	Tuesday 25/05	Wednesday 26/05	Thursday 27/05	Friday 28/05	Saturday 29/05	Sunday 30/05
<b>Cooked Breakfast</b>	Fried Egg Mini Waffles Plum Tomatoes Baked Beans	Belgian Waffles, Greek Yoghurt & Berries	Bacon Poached Eggs Mushrooms	Sausages Scrambled Eggs Baked Beans	Hash Browns Boiled Egg Grilled Tomatoes Hot Chocolate	Bacon Mushrooms Scrambled Egg Baked Beans	
<b>Lunch Main Meal</b>	Roast Chicken Supreme with Garlic & Thyme and Gravy	Italian Meatballs in Tomato & Basil Sauce	Salmon Teriyaki Stir Fry Noodles	Spanish Lamb with Sherry, Honey & Peppers	Deep Fried Cod Goujons with Lemon Mayo	-	-
<b>Lunch Vegetarian</b>	Bubble & Squeak Topped with a Fried Egg	Vegan Oat balls in a Rich Tomato & Basil Sauce	Paneer Tikka Masala	Falafel, Pitta & Hummus	Spinach & Ricotta Cannelloni	-	-
<b>Lunch Side Dishes</b>	Roast Potatoes, Steamed Savoy & Carrots	Spaghetti & Garlic Green Beans  Garlic & Herb Bread	Rice, Sugar Snaps, Spring Greens & Mange Tout	Herby Couscous, Roast Cauliflower & Steamed Courgettes	Chips & Peas	-	-
<b>Salad Bar Specials</b>	Roasted Cauliflower Salad  Chickpea, Kale & Sweet Potato Caesar	Mediterranean Couscous with Courgette & Feta  Tex Mex Chopped Chicken Salad	Healthy Fish Taco Bowl  Grilled Aubergine & Spinach Salad	Carrot & Harissa Salad with Homous  Watermelon Greek Salad	Tandoori Salmon & Cavalo Nero Kedgeree  South Western Vegan Pasta Salad	-	-
<b>Jacket Potato &amp; Topping</b>	Baked Beans	Baked Beans or Tuna & Sweetcorn	Baked Beans	Baked Beans or Coronation Chicken	Baked Beans	Baked Beans	Baked Beans
<b>Lunch Dessert</b>	Pineapple Cake with Custard	Eclairs	Smores Brownie Bake	Strawberry Cheesecake	Triple Chocolate Cake with Cream	Dessert of the Day	Dessert of the Day
<b>Supper Main Meal</b>	Chicken Quinoa Balti	Slow Cooked Spiced Greek Lamb Shoulder	Leppards Beef Burger in a Pretzel Bun with Burger Relish	Breaded Pork Loin with Katsu Sauce	-	-	-
<b>Supper Vegetarian</b>	Aubergine Quinoa Balti	Spiced Greek Aubergine	Bean Burger in a Pretzel Bun with Burger Relish	Portobello Mushroom with Katsu Sauce	-	-	-
<b>Supper Side Dishes</b>	Rice & Naan	Flatbread, Tzatziki, Homous & Greek Salad	Skinny Fries & Coleslaw	Rice & Pickled Cabbage	-	-	-
<b>Supper Dessert</b>	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Fresh fruit, yoghurt and jellies
<b>Dietary Requirements</b>	<p style="text-align: center;">All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters. Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.</p>						