

Lightways



Grief Support



April
through
June
2021
Program Guide

Grief support is available to both hospice families and community members and is free of charge.

Grief Support Services Include:

Individual and Family Grief Counseling, including Art Therapy
Virtual Grief Support Groups and Workshops
Parent support for grieving children and adolescents

Se Habla Espanol

To set up an appointment, contact Patrice Martin, LCSW, Director of Grief Support Services,
at 815-460-3282 or pmartin@joliethospice.org

Through darkness, we bring light.

Our Programs

Support Groups

General Loss Support Group

Support group for adults offering a safe place to share and the opportunity to meet others who understand the loss of a loved one.
(1:30-3 pm) Apr 9, May 14, Jun 11
(6-7:30 pm) Apr 15, May 20, Jun 17

Spousal/Partner Loss Support Group

Support group for adults focusing on the effects of losing a spouse or partner.
(1:30-3 pm) Apr 1, May 6, Jun 3
(6-7:30 pm) Apr 1, May 6, Jun 3

To receive the Zoom invite for these support groups, call 815-460-3282 or register online at <https://www.lightways.org/services/grief-support/>

Special Events

Virtual Pet Loss Memorial

Come and join us in remembering our beloved pets who are no longer with us. Participants will learn more about the special grief from the loss of pet and have a chance to honor their pet with other griever who have experienced a similar loss. All ages welcome!
(6-7:30pm) Apr 21 - Registration recommended by Apr 12th



Virtual Popcorn & Pajamas Family Watch Party

Join us for a family movie night showing a movie with a grief-related theme. Activities and snacks provided. All ages welcome!
(6-8:30pm) April 9th -Registration recommended by April 1st

Parenting While Grieving Support Group

A monthly support group for parents and guardians that addresses the unique challenges involved in the family's adjustment to the loss.

Grieving the Loss of a Child Support Group

A monthly support group for anyone that lost a child of any age.



"[Grief Support Group] helps to give you peace of mind, knowing you are not alone."

Teen Support Group

A monthly support group program for teens ages 12-17 with the focus on meeting others who understand their experience. Each night's program is planned with input from the teens. Previous events have included Art Mural, Game Night and Movie Night.

For more information about the above groups, please contact Patrice Martin at 815-460-3282 or pmartin@joliethospice.org

COMING THIS SUMMER



Program Schedule

April

Apr 1 - Spousal/Partner Loss; 1:30-3 PM
- Spousal/Partner Loss; 6-7:30 PM
Apr 9 - General Loss; 1:30-3 PM
Apr 9 - Popcorn & Pajamas Movie Night
Apr 15 - General Loss; 6-7:30 PM
Apr 21 - Pet Loss Memorial; 6-7:30 PM
Apr 26 - Parenting While Grieving; 6-7:30PM

May

May 3 - Remembering Mom - 6-7 PM
May 6 - Spousal/Partner Loss; 1:30-3 PM
Spousal/Partner Loss; 6-7:30 PM
May 14 - General Loss; 1:30-3 PM
May 20 - General Loss; 6-7:30 PM
May 24 - Parenting While Grieving; 6-7:30 PM

June

Jun 3 - Spousal/Partner Loss; 1:30-3 PM
Spousal/Partner Loss; 6-7:30 PM
Jun 11 - General Loss; 1:30-3 PM
Jun 14 - A Tribute to Our Dads - 6-7 PM
Jun 17 - General Loss; 6-7:30 PM
Jun 28 - Parenting While Grieving; 6-7:30 PM

See previous page for description
and registration deadlines.

Registration is available online at:
lightways.org/services/grief-support/

or call 815.460.3282

Interested in writing about your grief experience?

Contact Patrice Martin at 815-460-3282 or pmartin@joliethospice.org
for more information about a writing program designed to assist you
in your grief journey.



Follow our **Lightways Grief Support Page** on Facebook
to get up-to-date information on our programs and events

Remembering Mom

MAY 3, 2021 | 6:00 - 7 PM | VIA ZOOM

A virtual event for those facing Mother's Day without their mother, or a mother figure, offering the opportunity to honor the difference she made in their life.

Register Here



A Tribute to Our Fathers

JUNE 14, 2021 | 6:00 - 7PM | VIA ZOOM

A virtual event for those facing Father's Day without their father, or a father figure, offering the opportunity to honor the difference he made in their life.

Register Here



Lightways complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Free language assistance services are available to our Lightways patients/families. Call 1-800-360-1817 or 815-740-4104 TTY/TTD 815-460-3224 Español (Spanish) ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-360-1817 (TTY: 1-815-460-3224). Polski (Polish) UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer

Joliet Area Community Hospice Corporation (DBA Lightways Hospice and Serious Illness Care).

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Community Hospice
Serving the Community Since 1982



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