



Lightways Hospice and Serious Illness Care

Founded as Joliet Area Community Hospice

TEEN NIGHT

Teens connecting with other grieving teens



On the 1st Monday of each month, teens (ages 13-17) will have the opportunity to connect with other grieving teens by discussing various topics surrounding their grief journey. In this group, you will:

- **Explore new ways to cope**
- **Communicate with others in a safe and open environment**
- **Participate in interactive grief-related activities**

**1st Monday of each month
6-7:30 PM via Zoom**

To register, email Patrice Martin
at pmartin@joliethospice.org

This is a free event open to anyone ages 13-17 that is grieving the loss of a loved one.