



Friday 14th May 2021

Dear Parents/Carers,

Starting from Monday 7th June, Year 5 will be looking at the Relationships, Sex and Health Education (RSHE) curriculum. These lessons aim to give children the skills and knowledge they need to form happy, safe and healthy relationships throughout their lives.

We will be exploring:

- What is puberty?
- Puberty, changes and reproduction
- Male and female changes (puberty - physical & emotional)
- Puberty and hygiene

All topics will be delivered in a sensitive and age-appropriate way by your child's class teacher. As these lessons are so important, the right to take your child out of them has been changed. Please email or send a message on Seesaw if you have any questions or concerns about aspects of these lessons and we will be happy to discuss these with you. If you would like further information about the materials that we will be using, copies of the learning materials will be available on request from your class teacher.

Yours sincerely,

The Year 5 Team