

2021-2022 Registration Guide

Early Childhood Family Education (ECFE)

Infants, Toddlers, Preschoolers & Parents



Program Information

WELCOME

Early Childhood Family Education (ECFE)

ECFE offers classes for parents and their children ages birth to 5 years old (*before kindergarten*).

- ◆ Programs are designed for parents and their infants, toddlers, and preschool age children.
- ◆ Classes help strengthen family relationships and provide information and resources to parents.
- ◆ Programs strive to build a strong foundation for families by forming a partnership between home and school.

BIENVENIDO

Educación Infantil Familiar (ECFE)

ECFE ofrece clases a padres/madres/guardianes y a sus hijos de 0 a 5 años (*antes del kindergarten*).

- ◆ Los programas están diseñados para los padres y sus hijos/as en edad preescolar.
- ◆ Las clases ayudan a fortalecer las relaciones familiares y a proveer información y recursos a los padres para ayudar a sus hijos a crecer y a desarrollar su potencial al máximo.
- ◆ Los programas ayudan a establecer una asociación fundamental entre la escuela y la familia.

ZOO SIAB TXAIS TOS

Kev kawm ntawv (ECFE)

ECFE muaj qhia ntawv rau cov niam txiv thiab cov menyuam mos yug los txog rau 5 xyos (*ua ntej kawm ntawm qib kindergarten*).

- ◆ Cov kev pab cuam yog tsim rau cov niam txiv thiab lawv cov menyuam mos, menyuam yau, thiab cov menyuam kawm preschool.
- ◆ Kev kawm ntawv yog pab kom muaj kev sib raug zoo rau tsev neeg thiab muaj lus qhia thiab kev pab rau cov niam txiv ntawm txoj kev pab txhawb lawv cov menyuam loj hlob.
- ◆ Muaj kev rau tsev neeg koom tes ntawm hauv tsev thiab lub tsev kawm ntawv.

Contact Us

Programs, Registration, Events & Class Openings

Main Office: 651-653-3100

Early Childhood Programs

Darcy Rodriguez, Early Childhood Supervisor

651-653-3102 / darcy.rodriguez@isd624.org

Angie Lundblad, Early Childhood Program Specialist

651-653-3118 / angela.lundblad@isd624.org

Early Childhood Special Education

Angela Drange, EC Special Education Supervisor

651-653-3101 / angela.drange@isd624.org

Early Childhood Sites

Each of the White Bear Lake Area Schools' Early Childhood program sites have unique areas that foster large muscle development and active play. Locations and codes for those school are listed below.

- **Hugo Elementary - HU**
14895 Francesca Avenue, Hugo
Hugo's indoor and outdoor spaces accommodate preschoolers and early elementary grades.
- **Normandy Park - NP**
2482 E County Road F East, White Bear Lake
Normandy Park has an indoor gym and outdoor playground designed especially for young children.
- **Tamarack Nature Center - TAM**
5287 Otter Lake Road, White Bear Township
Tamarack Nature Center has a Nature Play Area and Discovery Garden with daily nature exploration activities.

Home Visits

ECFE Makes House Calls

Home visits are offered to families with children birth to age five (not yet in kindergarten). A licensed Family Educator will share information about community resources and talk about how children grow and develop, and how your child learns.

Call Tami at 651-653-3159 to schedule your free home visit.

Program Information

Early Childhood Special Education

Special education services are provided free of charge to children birth to age five. Children younger than three are generally seen at home by teachers and specialists. Call 651-653-3100 for more information.

Family Literacy

AGES BIRTH TO 5 (BEFORE KINDERGARTEN)

This multi-age class meets two days per week and is for families wanting to practice English. Parents and children attend together to improve their English language skills through conversation, learning activities, music, and more. An English/ESL teacher and an ECFE teacher teach the class together.

Tuesdays & Thursdays / Sept 13 - May 27 / 12:30 - 3 pm / NP
\$25 per month

Parenting Children with Unique Needs

AGE 2 BY SEPT 1

Parenting often comes with unique opportunities and challenges. This ECFE class is designed for any caregiver who cares for a child with special needs. This class is co-taught by Early Childhood Special Education and ECFE teachers. Whether or not your child has an identified special need, anyone with unique parenting challenges is invited to attend this class.

Section A Tuesday / 8:45 - 10:45 am

Section B Thursday / 8:45 - 10:45 am

Cost: Fee A (See back cover)

LUS CEEB TOOM! Yog koj xav tau daim ntawv no txhais ua lus Hmoob, thov hu rau 651-653-3157.

ATENCIÓN: Si usted necesita hablar con una persona que hable español, por favor, llame al 651-653-3116.

Help Me Grow

Early Childhood Information & Referral

Connecting families to early intervention services. Some children need extra help to learn and grow. Help Me Grow is a Minnesota state initiative that connects children with developmental delays and disabilities and their families to free, local early intervention services.

If you have a concern about a child's development, you can refer the child through Help Me Grow for a free screening or evaluation. Services are free to eligible children ages birth-5, regardless of income or immigrant status.

Help Me Grow's website, helpmegrowmn.org, offers valuable information to help parents and caregivers understand a child's development. Resources include developmental milestones, strategies to encourage development and information about referrals.

To refer a child, visit helpmegrowmn.org or call 651-604-3700. Interpretation services are available for referrals by phone.

Conscious Discipline Virtual Parenting Circle

Join us for an online parenting circle led by a licensed parent educator. The focus of this group will be Conscious Discipline framework. Through this course, we will become more aware of the importance of self-regulation as an effective and positive way to handle the frustrations of parenting. We will begin learning what the Conscious Discipline philosophy is, followed by digging deeper into its enlightening concepts that apply to not only your relationship with your child but also how to foster all relationships.

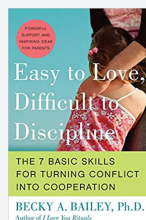
Tuesdays / 6:15 - 7:45 pm / \$45

Level 1 - Runs for 11 weeks

Session A Sept 14 - Dec 14

Session B Jan 4 - Mar 22

Book Recommendation for Parents:



Easy to Love, Difficult to Discipline: The 7 Basic Skills for Turning Conflict into Cooperation by Becky A. Bailey, Ph.D.

About the Author: Becky A. Bailey, Ph.D., specializes in early childhood education and developmental psychology. Her lectures reach more than 20,000 people annually, and her awards include a Parents' Choice Foundation commendation for three of her parenting audiotapes. She has appeared on CNN, PBS, and The Hour of Power with Dr. Robert Schuller, among other programs.



ECFE Classes

ECFE Classes include Three Components:

Parent-Child Interaction

You and your child spend time together enjoying activities designed to enhance learning. You will leave with new ideas for things to do together at home.

Parent Education

Meet with other parents and a licensed ECFE teacher to discuss topics such as development, temperament, discipline, and getting ready for school. The parenting group time takes place in a separate room or in a designated area of the children's classroom for non-separating classes.

Children's Classroom

While parents participate in parent education, children learn through play in a classroom with early childhood staff. Children will enjoy music, art, stories, large and small motor activities as they interact with other children.



Infants

AGES BIRTH - 12 MONTHS

This class includes activities, songs, rhymes, movement, and parent discussion with a trained parent educator. You and your child will spend time together exploring toys and participating in classroom activities in a stimulating environment.

Ages Birth -12 months

Mondays / 8:45 - 10:15 am / NP
Cost: Fee B (see back cover)

Ages Birth - 6 months

Mondays / 10:30 - 11:30 am / NP
Starts Jan 3, 2022
Cost: Free

Ones

AGE 1 BY SEPT 1, 2021

Parent-child activities are planned for children ages 12-23 months. Discussion topics include child development, eating and sleeping routines, and parenting styles. Gradual parent/child separation will occur as the class and children's needs are met.

Tuesdays / 8:45 - 10:45 am / NP
Fridays / 8:45 - 10:45 am / HU
Cost: Fee A (see back cover)

ECFE Terrific Twos

AGE 2 BY SEPT 1, 2021

Join us for this unique opportunity where we highlight the developmental milestones happening during this age, such as self regulation, independence, motor development, communication and language development. This class is a traditional ECFE class with parent and child time and a gradual separation for a Parent Education component.

Tuesdays / 8:45 - 10:45 am / HU
Thursday / 8:45 - 10:45 am / NP
Cost: Fee A (see back cover)

Multi-Age

AGES BIRTH - 5 BY SEPT 1, 2021

Join families with children birth to five (before kindergarten) and participate in age appropriate activities. There will be a separate parenting time to learn about child development, handling tantrums and anger, toilet learning, and other topics. Gradual parent/child separation is flexible and can occur as the child's needs are met.

Mondays / 6 - 7:30 pm / NP
Cost: Fee B (see back cover)

Tuesdays / 8:45 - 10:45 am / NP
Cost: Fee A (see back cover)

Parent-Child Playschool

AGES 2 - 3 BY SEPT 1, 2021

Playschool is an opportunity for children to become more comfortable and confident in a classroom setting, learn to follow rules, routines and directions, begin to initiate social interactions, and become an integral part of a group.

In the fall, children come to school with a parent/guardian and spend time in a traditional ECFE classroom gaining these skills and separating during parent time. Starting the week of November 3, 2021 we will implement the second day as child-only. Children may attend the second day, Wednesday, as soon as they are 2.5 years old.

Mon & Wed / 8:45 - 10:45 am / NP
Monday is a parent/child day
Wednesday is child only starting Nov 3

Fee scale	
Income	Class Fee
\$0-29,999	\$450
\$30-49,999	\$550
\$50-69,999	\$650
\$70-89,999	\$750
\$90,000+	\$850

Knee-High Nature

AGES 2 - 3 BY SEPT 1, 2021

In this unique parent-child program, we explore, investigate, and unearth nature's secrets that lie beyond the classroom doors. Parents will have one-on-one time with their child(ren); indoors and outside. There will also be time for parents to meet with the teacher in a different room to discuss their child's learning and development while children spend time with a Naturalist learning more about themselves, each other and the natural world.

Monday / 8:45 - 10:45 am / TAM
Wednesdays / 8:45 - 10:45 am / TAM
Cost: Fee C (see back cover)

Playground Playgroup

AGES BIRTH - 5

Meet us at West Park for some playground fun! These playground sessions last 3 to 4 weeks. During our hour and a half time together we will sing songs, read stories and explore outside together. Each session will have different adventure activities led by a licensed ECFE teacher. This play group is geared for children age birth to five years old (before kindergarten). Dress for the weather and come ready to play, create, and learn together.

Thursdays / 8:45 - 10:15 am

3 Week Sessions / \$20

Session A Sept 16, 23, 30
Session B Oct 7, 14, 28
Session C Nov 4, 11, 18
Session D Dec 2, 9, 16
Session H Apr 14, 21, 28

4 Week Sessions / \$25

Session E Jan 6, 13, 20, 27
Session F Feb 3, 10, 17, 24
Session G Mar 3, 17, 24, 31
Session J May 5, 12, 19, 26

Young Explorers

AGES 2.5 - 3 BY SEPT 1, 2021

There is fun and learning as your child participates in these mini sessions. Children enjoy theme based classes where we work on age appropriate developmental skills while exploring new learning experiences. Mini sessions offered Sept - May.

Sign up for one or all the sessions. Parents are invited to join their child the last 30 minutes of the last class to view their creations and receive recipes/directions for the activities we've done. Children should be mostly bathroom independent with limited accidents.

Session 1: "Look What I Can Do!"

Welcome to our classroom! This month we are exploring the classroom, learning how to use school materials, such as glue, scissors, markers, and crayons, exploring the school building, and learning the routines in a classroom. Get ready to play, learn and have some fun in Young Explorers.

\$45 / Thursdays / Sept 16, 23, 30 / 8:45 - 10:45 am / HU

Session 2: "Fall Harvest"

Autumn leaves are falling down, falling down. We love fall! Come join us as we explore our school forest, learn about the fall harvest, create Autumn crafts and make apple pie playdough to take home.

\$45 / Thursdays / Oct 7, 14, 28 / 8:45 - 10:45 am / HU
***No class Oct 21**

Session 3: "Habitats & Hibernation"

Winter is coming and all the woodland creatures are getting ready for the change in season. Come and learn about animal habitats and which animals hibernate. Together we will make a big bear cave in our classroom.

\$45 / Thursdays / Nov 4, 11, 18 / 8:45 - 10:45 am / HU

Session 4: "Gingerbread Friends & Fun"

"Run, run, run as fast you can! You can't catch me, I'm the Gingerbread Man." This month we'll be exploring (and maybe tasting) all things gingerbread! We'll be reading gingerbread books, playing in our very own gingerbread house, creating gingerbread artwork and building a gingerbread house to take home.

\$45 / Thursdays / Dec 2, 9, 16 / 8:45 - 10:45 am / HU



Preschool Classes

White Bear Lake Area Preschool Program



Four star (highest possible rating) Parent Aware rated White Bear Lake Area Preschool provides a safe and nurturing environment for a child's first school experience away from home.

Age-appropriate activities provide a variety of meaningful hands-on learning experiences in literacy and math, science and social studies, art and sensory, music and dramatic play.

White Bear Lake Area Preschool practices are aligned with kindergarten entry expectations.

We are currently accepting registrations for our preschool sections for school year 2021-2022.

Please reference the class options, age requirements, and a brief descriptions for each type of preschool below.

You may check online for class availability at www.whitebear.ce.eleyo.com.

3 Year Old Classes

Age 3 by Sept. 1, 2021

This preschool opportunity will allow children time to practice social skills as they begin to interact, cooperate, and develop their first friendships. Classroom activities will include a focus on turn-taking, sharing, playing games, pretend play, and small group learning.

4 Year Old Classes

Age 4 by Sept. 1, 2021

Classes are focused on helping children become independent learners and giving them the skills necessary to be successful in kindergarten. Curriculum is designed to address all areas of development and reinforce mastery of skills required for kindergarten readiness.

Nature Preschool

The program at Tamarack Nature Center revolves around nature, learning from it, about it and within it. Classes also include the development of pre-reading, writing, math, science, music and art skills with daily outdoor experiences. Children are immersed in rich activities that help them make meaningful connections to their classmates, teachers and the plants and animals that share their world. A Tamarack naturalist is an integral and collaborative member of the teaching team.



Tamarack Nature Center

5287 Otter Lake Road, White Bear Township

Tamarack has an outdoor Nature Play Area and Discovery Garden with daily nature exploration activities.

The Creative Curriculum®



Let's Get Ready for Kindergarten

Entering Kindergarten Fall of 2021

Is your child graduating from preschool and moving on to Kindergarten this fall? If so this class is a great opportunity to spend a few days preparing for September by learning the expectations in the new school environment, building relationships with new school friends, and practicing independent self help skills within a regular school day. Children will also be reviewing and working on language and literacy, thinking and math skills through guided play, group time, and social interactions. Scholarships are available to qualifying families. **Children will need to bring a lunch.**

\$150 / Mon - Thu / 8:30 am - 12:30 pm

July 19 - 22	Matoska Int'l. Elementary	July 19 - 22	Willow Lane Elementary
July 26 - 29	Otter Lake Elementary	July 26 - 29	Lakeaires Elementary
Aug 2 - 5	Vadnais Elementary	Aug 2 - 5	Birch Lake Elementary
Aug 9 - 12	Hugo Elementary	Aug 9 - 12	Lincoln Elementary

Questions? Call 651-653-3100. Register at www.whitebear.ce.eleyo.com.



Early Childhood & Washington County Library Virtual Story Time

Join us for virtual interactive story time! We will sing songs, read books, and make a small craft (kits available for pick up). These thematic classes are geared for children ages 0-5 years old. Registration is required for each session and space is limited.

FREE Virtual Event

Register at:

www.whitebear.ce.eleyo.com

or call 651-653-3100.

Time: 10:30 - 11:30 am

Story Time Dates	
Thu, June 17	Ice Cream & Popsicles
Thu, July 15	Beach & Shells
Thu, Aug 19	Camping & Bugs

Registration Required



Join us at Marketfest

Our school principals, district administrators and Board members look forward to having terrific conversations with community members at Marketfest this summer.

Please be sure to stop by the district's booth Thursdays from July 1 through August 5 in Downtown White Bear Lake to receive a free pencil and Bear Paw temporary tattoo.

Thursdays, July 1- August 5, 6 - 9 pm

Downtown White Bear Lake

Cost: FREE

facebook

Follow us on Facebook!

**White Bear Lake
Early Childhood Programs**

Special Events

Fall Farm Fun at Pinehaven

AGES 1+



Join us for a bus trip to the farm. We will take a trolley ride out to the pumpkin fields and pick a pumpkin to bring home. Next, we will visit the animals on the farm. Children will get to pet a variety of sheep, goats, donkeys, cows, mini horses and even see the emu and peacocks.

Afterwards families can explore

the play sets, corn pits, and giant slide. Check in starts at Normandy Park at 8:45 am. Bus leaves at 9 am and returns to Normandy Park at 12:30 pm. Families can drive separate or sign up for the bus ride. Bring a snack. This is a caregiver and child field trip. Registration is limited, event is rain or shine.

Monday, Oct 18 / 9 am - 12:30 pm / NP

Cost: \$9.50 per person ages 1+

Baby Shower

INFANTS UP TO 6 MONTHS OLD

You and your infant are invited to join us! You will meet our Early Childhood staff, receive free takeaways from our resource fair, take a tour of our facility, and enjoy some healthy snacks while meeting other new parents in the community.



FREE / Tuesday, Oct 19 / 9:30 - 11:30 am / NP

Fall Parent Event **NEW!**

Talking to your kids about race and diversity

Families can play a powerful role in helping children of all ages develop positive attitudes about race and diversity and skills to promote a more just future - but only if we talk about it! (The Children's Community School, 2018)

Children are never too young to learn about diversity. As caregivers, we must have confidence in ourselves to facilitate these conversations and teach children about the world around them.

Join us for an interactive conversation about how to talk about race, learn tools and tips to facilitate positive conversations with your family.

FREE / Thursday, Nov 11 / 6:30 - 7:30 pm / NP

\$5 per child with a \$10 max per family for childcare

Register at whitebear.ce.eleyo.com.

- **Oct 28: ECPTA Trunk or Treat**
5 - 6:30 pm / Normandy Park Parking Lot
- **Jan 27: Movin and Messin**
Ages 0-5 yrs / 9 - 11 am / Normandy Park
- **Feb: Storytime by Ramsey County & Washington County Librarians**
Feb 10 / 6 - 7:30 pm / Hugo - Room 1010
Feb 24 / 6 - 7:30 pm / Normandy - Gym
- **Apr 5: Community Baby Shower**
9:30 - 11:30 am / Normandy Park
- **June 2: End of the Year Party**
5:30 - 7 pm / Normandy Park Playground

Parent-Child Gym Time

Families can enjoy activities set up in the gym at Normandy Park Education Center. Parents are responsible for the supervision of their children.

Age 6 mo - 5 yrs with adult

Wednesdays Nov 3 - Mar 2

5:30 - 7:30 pm

No class Nov 24, Dec 22, 29

\$3/child \$7/immediate family

Payable at the door each night.

FREE Gym Night!

11/17, 12/15, 1/19, 2/16

(sponsored by the PTA)

Sign Up for Classes All Year!

After the initial sign up, registrations are welcome at anytime. Fees will be adjusted based on the date your family starts class. Call 651-653-3100 for class availability or view openings at

www.whitebear.ce.eleyo.com

Parent Teacher Association (PTA)

WE NEED YOU!!!

What is the Parent Teacher Association (PTA)?

Every Early Childhood program is required to have an advisory council that assists in the developing, planning, and monitoring of the ECFE program. The PTA consists of parents participating in the program, local community professionals, and agency representatives who can offer input and guidance on community needs.

- **How Often are PTA meetings?**

Once a month on a Thursday evening from 6 - 7:30 pm at Normandy Park Education Center or join virtually.

- **Is there childcare offered during meeting times?**

Yes, if you call 24 hours in advance early childhood staff are available to play with your children in our classrooms, gyms or outside.

- **If I volunteer, do I need to attend every meeting or special event?**

No! We need people who can do a variety of things: volunteer for part of a special event, prep event items at home, assist with gathering donations, put together materials/activities for events at home, assist with ideas /planning of PTA sponsored events, and give input on programming to leadership.

- **What are the advantages of participating in PTA?**

Build your network of parents with similar aged children. Give back to your community with your talents and time. Program input based on the needs of the community.

- **Are there incentives for families to join PTA?**

Yes! If a parent/caregiver attends 2 PTA meetings a year and volunteers to help at 1 PTA sponsored event they will receive **one** of the following:

- a.) FREE registration for the following school year's preschool program.
- b.) \$50 off your ECFE tuition for current school year.
- c.) FREE year pass to Parent-Child Gym Time Wednesday nights.

If you are interested in joining the PTA, please email us at

wblearlychildhoodpta@gmail.com



Follow us on Facebook!

White Bear Lake
Early Childhood PTA

EC PTA Meeting Dates

Child care available

6 - 7:30 pm

Normandy Park

Parent Ed Room

- September 16, 2021
- October 14, 2021
- November 18, 2021
- December 16, 2021
- January 20, 2022
- February, 17, 2022
- March 17, 2022
- April 21, 2022
- May 19, 2022
- June 16, 2022
(Dinner out)



Early Childhood Screening

SCREEN AT THREE

Early Childhood Screening is required by the State of Minnesota for all children prior to entering kindergarten. White Bear Lake Area School District provides this screening at no charge.

3 reasons to screen at age 3

- ◆ Screening can ensure school success
- ◆ If health or developmental concerns are identified, educational services are available immediately
- ◆ It is fun for children and provides caregivers with valuable information regarding child development

Register online at www.whitebear.ce.eleyo.com or call 651-653-3100 to make an appointment.

Screenings are held at: Normandy Park Education Center, 2482 East County Road F, WBL

2021 - 2022 Early Childhood Screening Dates

September 17, 24	8:30 - 10:30 am / 12:15 - 2:15 pm
October 1, 15	8:30 - 10:30 am / 12:15 - 2:15 pm - Oct 18: 3 - 7 pm
November 5, 12	8:30 - 10:30 am / 12:15 - 2:15 pm - Nov 13: 8:30 - 11:30 am
December 3	8:30 - 10:30 am / 12:15 - 2:15 pm
January 7, 21	8:30 - 10:30 am / 12:15 - 2:15 pm
February 4, 18, 25	8:30 - 10:30 am / 12:15 - 2:15 pm
March 4, 18, 25	8:30 - 10:30 am / 12:15 - 2:15 pm
April 8, 22, 29	8:30 - 10:30 am / 12:15 - 2:15 pm
May 13, 20	8:30 - 10:30 am / 12:15 - 2:15 pm

Sliding Fee Scale for ECCE Classes

Gross Annual Household Income	Fee A 2 hr/wk class	Fee B 1.5 - 1.75 hr/wk class	Fee C Tamarack
\$100,000+	\$550	\$430	\$750
\$75,000 - 99,999	\$475	\$370	\$625
\$50,000 - 74,999	\$365	\$280	\$500
\$35,000 - 49,999	\$280	\$225	\$375
\$20,000 - 34,999	\$225	\$150	\$275
\$0-19,999	\$140	\$120	\$160

Please note the appropriate combined family income.
This is your class fee for the school year.

Support Hub

Providing families with resources to address barriers & enhance well-being

The Support Hub serves as a place for families and community members to access information they may need for essential services. This support provides important information regarding crisis services, basic needs, mental health and well-being, physical health, social emotional learning and more.

www.isd624.org/departments/student-support-services/support-hub

Registration

Online

www.whitebear.ce.eleyo.com

In Person

Normandy Park Education Center,
2482 County Road F East
White Bear Lake, MN 55110

Cancellations

We reserve the right to cancel classes due to insufficient enrollment. Fees paid will be refunded. Refunds will not be issued for classes missed or after a class has started.

Determine Payment Due

Use the class fee schedule on page 5 to determine fee for the first child attending the class. Add half of the fee for each additional child from the same family attending the same class. Include any sibling care with the fee.

Payments

Payment is due at the time of registration. No family will be denied participation in classes due to inability to pay fees. To arrange payment plan call 651-653-3100.

Refund Policy

Refunds will be issued when requested at least five working days prior to the class starting date. A \$10 service charge will be deducted from each refund processed.

Immunization Records

Immunization records MUST accompany the registration if your child is participating in a parent-child class or sibling care. Class registrations will not be processed without an up-to-date immunization record each school year. Immunization records can be faxed directly from your clinic to 651-653-3155.