

## District-Wide Annual Restraint Review

**District:** BVSD

**Completed By:** Kelly Miller, CPI trainer

**School Year:** 2017-18

**Date Completed:** 5/15/18

**Rationale:** The district must conduct a general, annual review. The report shall ensure that the district is: properly administering restraint, identifying additional training needs, minimizing/preventing restraint by increasing use of positive behavior interventions, and reducing incidents of injury to student staff. The district will include an analysis of: all restraint reports, training needs of staff, staff to student ratio, and environmental considerations.

### Summary of restraints:

Name	School	GR	Date	Location	Disability	CPIcert?	Length	ILC Student?
	Sanchez	4	4/3/18	Day Tx	SED, SLI, ASD	Y	8	Y
	Sanchez	4	4/11/18	Day Tx	SED, SLI, ASD	Y	6	Y
	Sanchez	4	4/25/18	Day Tx	SED, SLI, ASD	Y	8	Y
	Sanchez	4	4/25/18	Day Tx	SED, SLI, ASD	Y	7	Y
	Sanchez	4	4/26/18	Day Tx	SED, SLI, ASD	Y	27	Y
	Ryan	2	11/1/17	class	None	Y	7	
	Heatherwood	5	10/19/17	bus	ASD, Multi	N	6	Y
	Meadowlark	5	8/29/17	ILC	ASD, SLI	Y	5	Y
	Meadowlark	5	8/30/17	de-escalation room	ASD, SLI	Y	6	Y
	Meadowlark	5	9/11/17	de-escalation room	ASD, SLI	Y	5	Y
	Sanchez	2	10/9/17	de-escalation	None	Y	13	
	Sanchez	4	3/1/18	de-escalation room	SED, SLD	Y	14	Y
	Sanchez	4	3/7/18	de-escalation room	SED, SLD	Y	13	Y

	LMS	7	2/1/18	ILC	ASD, ID, SLI	Y	12	Y
	Birch	4	11/30/17	de-escalation room	SED, SLD, OHI	Y	12	Y
	Birch	4	11/30/17	de-escalation room	SED, SLD, OHI	Y	10	Y
	Birch	4	11/30/17	de-escalation room	SED, SLD, OHI	Y	10	Y
	Boulder High	9	11/3/2017	ilc	ASD, Multi, SLI	Y	20	Y
	Boulder High	9	11/13/2017	de-escalation room	ASD, Multi, SLI	Y	7	Y

**Properly Administering Restraints:**

Identified the use of CPI techniques	19/19	Occurred with Students on IEP	7/9
Held for less than 15 min	17/19	Students Assigned to Gen Ed restrained	2/9
Did not put excess pressure on child's chest or back	19/19	Restraints completed with CPI certified staff	18/19

In reviewing restraint paperwork, a total of 19 restraint incident reports were submitted for review.

**Identifying additional training needs:** Currently, there are more than 500 Special employees having been certified or refreshed in NCI/CPI. Employees have received notification this year that they are required to have active certification and will be compensated for training, if they are employed in our autism, multi-intensive, affective learning centers or day treatment facilities. Currently 3 or more staff members who have active CPI certification exist in each of our buildings that have a learning center. Additionally, principals received listing of employees per school that were actively certified.

BVSD will continue its efforts to require all learning center and day treatment staff to receive yearly CPI certification.

**Minimizing/preventing restraint by increasing use of positive behavior interventions:**

BVSD practices district wide positive behavior support (PBIS) and has completed processes within each school and has trained all affective needs staff in the Boy's Town Well Managed Schools behavior model. Staff in affective needs center have received at minimum 19 hours of direct instruction this year, including CPI Refresh and Well Managed Schools.

In reviewing restraint reports submitted, 29/29 noted positive and preventative behavior interventions that they offered prior to restraint occurring.

In 2016-17, district ( Cliff Lindow and Kelly Miller) provided more than 30 trainings for staff on topics related to positive behavior interventions. Of the 500+ employees trained or refreshed in CPI, each participant received a minimum of 3 hours instruction on positive behavior interventions and prevention techniques.

**Reducing Incident of restraint:**

<b><u>School Year</u></b>	<b><u>Number of Restraints</u></b>
<b>10-11</b>	<b>20</b>
<b>11-12</b>	<b>12</b>
<b>12-13</b>	<b>5</b>
<b>13-14</b>	<b>4</b>
<b>14-15</b>	<b>10</b>
<b>15-16</b>	<b>21</b>
<b>16-17</b>	<b>29</b>
<b>17-18</b>	<b>19</b>

BVSD requires a mandatory CPI certification of all Special Education paras and transportation employees. We completed 2 administrator only CPI trainings and also, added a module to each of our training around state law/BVSD restraint policy. This year BVSD updated restraint policy and procedures to align with statewide recommendations.

District employees are refreshed using CPI annually in BVSD. BVSD employees must provide list of interventions tried before restraint, and documentation that restraint occurred as last resort and when student was danger to self/others.

**Environmental Factors:**

The following represents antecedent/environmental strategies implemented to prevent restraint.  
100 percent of restraints noted preventative antecedent strategies.

Direct instruction	Remove Audience
Alternative Seating	Offered Choices
Verbal De-escalation	
Self Control Strategy	
Wait Time	
Alternate location	