



13 May 2021

Dear Parents and Carers,

Relationships and Health Education

As you know, we now have a legal duty to deliver Relationships Education and Health Education. These lessons aim to give children the skills and knowledge they need to form happy, safe and healthy relationships throughout their lives. We have attached a summary of the topics covered, which shows the range of learning that will be delivered. They include lessons on staying safe online, understanding our emotions, learning about hygiene, how our bodies change as we grow up, and being a good friend.

We also deliver some aspects of sex education as part of our science curriculum. This covers the basic facts about puberty and reproduction.

Research has shown that children who receive this kind of information at school are more aware of the risks of harm and abuse, especially in their online lives, and are more likely to report any problems they may have. They are also more likely to follow a healthy lifestyle and to be more aware of risks from drugs, tobacco and exploitation.

As these lessons are so important, the right to take your child out of them has been changed. There is now no right to take your child out of relationships education or health education. There is also no right to take your child out of science lessons.

Parents do have the right to take their child out of sex education that is delivered outside of relationships and health education or science. At our school we will not be teaching any aspects of sex education other than in these lessons, and so all children will be able to take part.

We understand that parents may have questions about some aspects of these lessons and will be happy to discuss these with you. In the first instance please contact your child's class teacher. Yours sincerely,

Caroline Barriball and Samantha Sandle
Co-Headteachers