Dilworth News for the week of Jan. 11, 2021

FOR UP-TO-DATE INFORMATION – go to dilworth.slcschools.org.

Mon., Jan. 18...Martin Luther King Jr. Day – NO SCHOOLMon., Jan. 25...Pre-K through 1st grade students return to in-class instruction – 8:30 a.m.

Principal's Message

Dilworth Family,

It seems we are back on schedule for another couple weeks. We will be sending several communication emails in the next couple weeks as we finalize our preparations for bringing students back into the building in a phased manner beginning on Monday January 25th. Please feel free to reach out with questions you may have.

Remember there is Acadience testing scheduled for January 19th for our students in grades K-3. You should have received a sign-up email from your child's teacher. If you have not please reach out to them.

4th-6th grades will be doing RI testing and teachers should be reaching out to you all shortly about that if they have not done so already.

<u>NO SCHOOL</u> - There will be **NO SCHOOL on Monday, January 18**, in honor of Martin Luther King, Jr. Day.

PARENT CHECKING STUDENT SYMPTOM GUIDE - If you are sending your student to school for testing, small groups or other reason and they do not feel well, please check the attached Parent Symptom Guide before sending your child to school. <u>Parent Symptom Guide</u> (If you can't access the Guide here then look at the end of this newsletter).

FREE COVID-19 RAPID ANTIGEN TESTING -- Beginning in January and through the end of February, the Utah Department of Health is offering free COVID-19 rapid antigen testing in communities across the state. Some of the mobile testing will be done in school facilities and is open to our students, employees, families, and community. Areas are chosen based on high positivity rates, lower numbers of tests conducted, untreated wastewater sampling, and other surveillance data. Clinics for our community will be held in the gym at Glendale Middle School These clinics will be staffed and supplied by the state and can provide testing for anyone who wants or needs a test. Anyone can get tested at these free testing clinics, even if they do not have symptoms of COVID-19. The goal of these clinics is to more quickly identify people who are currently infectious with COVID-19, including those who may not even know they are infected because they don't have symptoms. Identifying these individuals will help slow the spread of infection in the community. Those who wish to be tested can register online at https://coronavirus.utah.gov/utah-covid-19-testing-locations/. If you can't register online, you will be able to register at the school when you arrive. Identification is required. Test results will be emailed to those tested within 30-60 minutes after being tested.

Kind regards, Richard Squire, Principal Felicia Wood, Assistant Principal 801-481-4806

LIBRARY NEWS

Week of JAN 11th - In Honor of Martin Luther King, Jr.

All Library lessons this week are centered on Martin Luther King Day coming up next Monday. All Library Lessons for January are Asynchronous.

Wednesday January 20th is BATTLE of the Books @ 1:00 p.m. for 4th, 5th, & 6th Graders. Look for the Zoom Invite in next week's Library lessons. Discussion will be on: Sal & Gabi Break the Universe Some Places More Than Others Scary Stories for Young Foxes Battle of the Books is for 4th, 5th, & 6th Graders.

HOLDs are now available as requested! Students will be emailed when their book is sitting on the cart ready for pick-up. Both carts are inside the front doors.

****Students are now able to access Destiny Library inside their Library Course on their Dashboard in Canvas in order to place a HOLD or choose e-books to read at home. SORA (Online books) is also available.

COUNSELOR'S CORNER

You might see a new face in the Counseling department in the next few weeks! We have a graduate level intern that will be joining us starting today through the end of March. Her name is Tiffany Held, and she will be running small groups (virtually and in person) as well as teaching some SEL and Mindfulness lessons throughout her time at Dilworth. We are really excited to have her working with us and hope she will have a great learning experience here in the Dilworth community. If you have any questions or concerns regarding her internship or her interactions with your student, please let me know! Thank you,

Bethany Epstein, LCSW

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COVID-19 Parent Symptom Guide:

Should your student come to school today? Do not send students to school if they fall into any of the below categories: • They are experiencing any of the symptoms below • They are in isolation for a positive test result, or awaiting a test result • They have been exposed, or live in the same household with a person who is positive for COVID-19 If you have questions, please contact your school nurse.

We are asking parents to check their students for symptoms of Covid-19 every day before sending them to school. This quick assessment can help parents determine if their student should attend school or stay home and follow up with a healthcare professional.

Symptoms

Does your child have any of these symptoms? • Fever or temperature of 100.4° F (38° C) or higher. If you do not have a thermometer, check your child's skin to see if it feels warm or is red, or ask if they have chills or are sweaty. • Cough – If your child normally has a cough because of allergies or asthma, is this cough different than normal? • Shortness of breath • Muscle aches or pains not explained by exercise or activity • Decrease in sense of smell or taste • New runny nose or congestion • Sore throat • Nausea or vomiting • Diarrhea

If your child has at least one of those symptoms or is sick, but does not have any of the symptoms listed above, then your child should isolated at home, and not go to school until they have seen a healthcare provider. The student may return when at least 10 days have passed since the first symptom appeared, symptoms have improved AND there has been no fever for at least 24 hours without the use of fever reducing medication OR Students have a note from a healthcare professional containing another diagnosis OR If no known exposure: students have a negative COVID-19 test, symptoms have improved, AND there has been no fever for at least 24 hours without the use of fever reducing medication Keep children home until they have been symptom free for 24 hours. See a doctor right away, if your child does not seem to be getting better or is getting worse. For more information, see the Salt Lake City School District Guidelines for Illness exclusion below.

Salt Lake City School District Health Services Guidelines for Illnesses Requiring Exclusion Exclude student for the criteria listed below:

CONJUNCTIVITIS - PINK EYE: Defined as pink or red conjunctiva with white or yellow drainage, often with matted eyelids after sleep, and including a child with eye pain, redness of the eyelids, or skin surrounding the eye. • Until treated with prescribed medication, for 24 hours.

COUGHING: • Uncontrolled excessive coughing. • Accompanied by fever or feeling unwell.

CRYING/IRRITABILITY: • Persistent crying or irritability can be a sign of illness.

DIARRHEA: Defined as an increased number of stools or change in consistency compared with the child's normal pattern. • Two or more loose bowel movements during a school day. • Unable to contain stool in toilet or diaper. • Accompanied by fever or feeling unwell.

DIFFICULT BREATHING: • Shortness of breath. • Wheezing if not previously evaluated and treated by a healthcare professional.

DRAINAGE: • Any drainage from ears, eyes, nose, mouth or open wounds that cannot be contained. FEVER: Defined as a temperature > 100.4 F. • Until temperature is within normal range for 24 hours.

IMPETIGO: • Until sores are dried or can be covered with a bandage. • Or treated with prescribed medication for 24 hours.

INFESTATION: • Scabies, until 24 hours after treatment has begun. • Head lice does not need to be 24 hour exclusion (See SLCSD Head Lice Policy).

MOUTH SORES: • Excessive mouth sores making it too uncomfortable to attend school. • Accompanied by fever. • Inability to swallow or excessive drooling.

PARASITES - PINWORM: • Until receiving the first treatment of oral antibiotics. RASH; • Any diffuse rash not previously evaluated and treated by a healthcare professional. • Rash with fever, or feeling unwell. RINGWORM INFECTION: • Until treatment has begun.

SORE THROAT: • Inability to swallow. • Accompanied by fever or feeling unwell.

STREP THROAT: • Until 12 hours after antibiotic has been started. • Until there has been no fever for 24 hours.

VARICELLA – CHICKEN POX: • Until all lesions are dried and crusted (about 6 days).

VOMITING: • Two or more episodes of vomiting in the previous 24 hours. • Any vomiting at school accompanied by fever or feeling unwell.