## BARRE TOWN MIDDLE AND **ELEMENTARY SCHOOL**

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May 2021





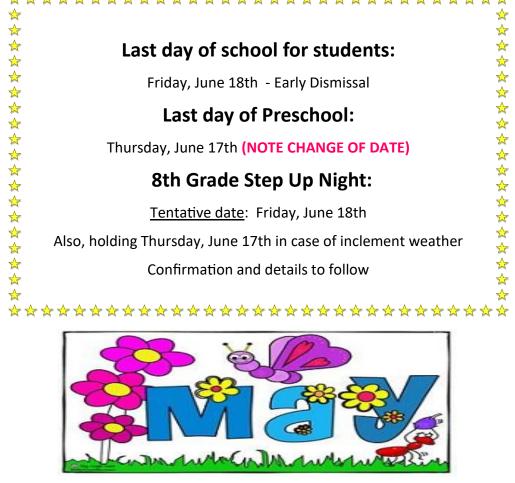
# **School Calendar** For 2021-2022 School Year

You can find the calendar for next school year using the following link:

BUUSD 2021-2022 Calendar

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Inside this issue:	
Library News	2
Understanding Ticks	3 & 4
Calendar	5

# Library News



The Coronavirus pandemic has affected the way we normally do business in the BTMES library, and you may have noticed extra books coming home with your child this year. We'd like to take a moment and outline some of the changes we made this year.

When school resumed in the fall, changes to library procedures were part of a school year that looked a little different. While middle school students could browse the library for a brief book check-out time, our elementary classes signed up for cart visits. Our mobile library carts featured selections of books students might enjoy based on their past checkout history, interests, and reading levels.

Returned books went through a week long quarantine, due to many of the books having plastic wrapped covers. Checkout procedures changed so that books were not checked in before students chose new books. Our quarantine process has since changed to overnight, but the books are still not checked back in until the next day. We wanted to get books in the hands of our students, so we overlooked any books still on the account, as they could have been on the quarantine table. This led to many students going over the "regular" grade level limit.

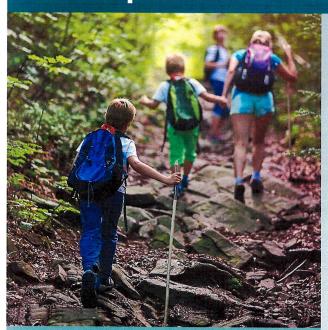
Students initially were in school two days a week, and had fewer days to remember to return their library books. We relaxed our checkout policies and prioritized access to books. Trying to return a library book on time should be the last thing a student worries about this year. We suspended sending out any overdue notices this year rather than restrict students from checking out new books, and increased the checkout limit so students could have books to read at home, especially in the fall when cases in our area were rising.

As the school year comes to a close, we ask you to keep an eye out for any BTMES Library books. Books can be returned with your student, to a box in the front lobby, or to the labelled crate in the mudroom entrance. If you'd like to check your student's account, please email Nicole Fuller <a href="mailto:nfullbte@buusd.org">nfullbte@buusd.org</a> or Jude Brister <a href="mailto:jbrisbte@buusd.org">jbrisbte@buusd.org</a>.

We hope that you and your families stay healthy and happy this spring!

# **Understanding Tick Bites and Lyme Disease**

# How to prevent tick bites



Ticks can spread disease, including Lyme disease.

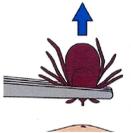
## **Protect yourself:**

- Use Environmental Protection Agency (EPA)registered insect repellents containing DEET, picaridin, IR3535, oil of lemon eucalyptus, para-menthane-diol, or 2-undecanone. Always follow product instructions.
- Wear clothing treated with permethrin.
- Shower as soon as possible after spending time outdoors.
- Check for ticks daily. Ticks can hide under the armpits, behind the knees, in the hair, and in the groin.
- Tumble clothes in a dryer on high heat for 10 minutes to kill ticks on dry clothing after you come indoors. If the clothes are damp, additional time may be needed.

## How to remove a tick

- 1. Use fine-tipped tweezers to grasp the tick as close to the skin's surface as possible.
- 2. Pull upward with steady, even pressure to remove the tick. Avoid twisting or jerking.
- **3.** Clean the bite area and your hands with rubbing alcohol or soap and water.





### Notes:

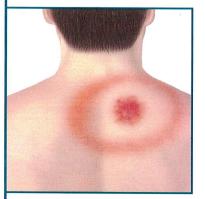
- Remove the tick as soon as possible to reduce your chances of getting an infection from the tick bite.
- Don't use nail polish, petroleum jelly, or a hot match to make the tick detach.
- If tick mouthparts remain in the skin, leave them alone. In most cases, they will fall out in a few days.



U.S. Department of Health and Human Services Centers for Disease Control and Prevention



Facial paralysis.



Bull's eye rash on the back.



Arthritic knee.

# When to see your healthcare provider

If you develop a rash, fever, exhaustion, or joint and muscle aches within several weeks of removing a tick or spending time in tick habitat, see your healthcare provider. Be sure to mention your recent tick bite and when it happened, or that you've spent time in places where ticks may live.

If left untreated, Lyme disease can affect the joints, heart, or nervous system.

# **Antibiotics treat Lyme disease**

People treated with antibiotics in the early stages of Lyme disease usually recover rapidly and completely. The antibiotics most commonly used to treat Lyme disease include: doxycycline, amoxicillin, or cefuroxime axetil.

# Looking ahead to recovery

Rest and take antibiotics as prescribed. Recovery may take several weeks or longer.

Some people wonder if there is a test to confirm that they are cured, but there is no such test. Retesting for Lyme disease is not recommended because blood tests might be positive for months or years after you have been treated. A positive test doesn't mean you are still infected. It simply means that your immune system remembers your infection.

You can get Lyme disease again if you are bitten by another infected tick, so protect yourself from tick bites.



For more information see www.cdc.gov/Lyme and www.cdc.gov/Ticks

Page 2 of 2

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Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11 Remote Day for students - due to voting.	12	13 School Board Meeting—5:30 p.m.	14
17	18	19	20	21
24	25	26	27	28
<b>31</b> Memorial Day—No School for Staff and Students				



	Monday	Tuesday	Wednesday	Thursday	Friday
Juil		1	2	3	4
	7	8	9	10 School Board Meeting—5:30 p.m.	11
	14	15	16	17 Last day of school for Preschool	18 Last day of school for Gr. K-8—Early Dismissal
	21 Staff Development Day	22	23	24	25
	26	27	28	29	30