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## Parent Mentor Review

Thank you to those who attended our **April Parent Information Series on Post-Secondary Transition** on April 28th. The video and slides are available on the [invitation](#). Here are a few other resources for post-secondary transition planning:

- [2021 Delaware County Transition Resource Guide](#)
- [Transition Planning: What Can Parents Do?](#)
- [Ten Tips That May Help Your Child's Transition To Adulthood from the PACER Center](#)

## UPCOMING EVENTS

May 11, 6:30 PM

[DCBDD Discovery Series: Annual Wrap Up/Open Question Session](#)

July 28, 4:00 PM

[2021 Olentangy BRAVELife Football Camp](#)

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## Summer Resources

Here are some resources as you continue to plan your summer:

- [State Support Team 11 Summer Resource Directory](#)
- [Summer Programs Brochure from Dublin SEAC](#)



### Misconceptions Involving Executive Function

The world of Executive Function is large. Check out this interesting article, [What Parents Misunderstand about Executive Function](#), from ADDitude to learn more about some common misconceptions involving Executive Function.



### Syntero 2021 Virtual Summer Groups

Syntero is excited to announce online group prevention services for all students who attend school in Delaware and Morrow counties. Groups last for one week (Monday through Thursday) and are offered multiple times throughout the summer beginning the week of June 7th. Syntero's prevention services are provided at no cost to families through a grant from the Delaware-Morrow



### Behavior Management in Children with ADHD

Behavior management can be a struggle for every family. Check out this article, ["None of Us Were Trained How to Be Good Parents:" An ADHD Guide to Behavior Therapy](#), from ADDitude to learn about seven strategies available to help with behavior management in children with ADHD.

Mental Health & Recovery Services Board. Click this [LINK](#) for more information.



## Parent Support Groups

Understood.org is now hosting Parent Support Groups on Facebook. Here you can connect with other families like yours who get it, ask your tricky questions and concerns, or share your child's success story.

[ADHD Parent Support Group](#)

[Dyslexia Parent Support Group](#)

[Dyscalculia and Trouble With Math](#)



## How to Have Tough Conversations with Kids

As parents, it's one of our most common refrains: "You can always talk to me." But when it comes to sensitive subjects, having open conversations with kids can be difficult — even when we know how essential it is to keep talking. The Child Mind Institute has put together some resources to help parents through these important conversations.

[Talking about Racism and Violence](#)

[How to Talk to Kids About Sex and Consent](#)



## Ideas for Your Student Introduction Sheet for Fall

Completing an information sheet is a great way to introduce your child to new teachers in the Fall. This helps you provide information about strengths, challenges, and successes. It can also be shared with others who come into contact with your child to provide a great snapshot of the wonderfully unique person your child is. Here are a few of many templates available to get your started.

[Positive Student Profile from the Carolina Institute for](#)

[How to Talk to Your Teen About Substance Use](#)

[Talking to Kids About Money](#)

[What to Do If You're Worried About Suicide](#)

[Developmental Disabilities](#)

[A One-Pager from I'm Determined](#)

[Self Awareness Worksheets from Understood](#)

[Back to School Introduction Letters from Understood](#)

[A Get to Know Me Card from Understood](#)

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