

TUKWILA ELEMENTARY NEWSLETTER

Tukwila Elementary is a Title I School-Wide School

Steve Salisbury, Principal - 206.901.7505

Charlotte Bartley, Office Manager - 206.901.7503

Robin Allsopp - Elementary Secretary 206.901.7502

December 2020

Principal's Message:

I'm going to tell you and your whole family how busy you are and how busy you are going to be as we go through the month and how tired you will be doing all the work, running around doing errands while social distancing and still trying to get everything done. Just when you think, you, mom/dad, the family have everything done, you get a newsletter from Mr. Salisbury and Tukwila Elementary. People in the house all together: NOT ONE MORE THING TO DO!

PLEASE READ:

IF I HAD MY CHILD to RAISE OVER AGAIN

If I had my child to raise all over again,
I'd finger paint more, and point the finger less,
I'd do less correcting, and more connecting.
I'd take my eyes off my watch, and watch with my eyes.
I would care to know less, and know to care more.
I'd take more hikes and fly more kites.
I'd stop playing serious, and seriously play.
I'd run through more fields, and gaze at more stars.
I'd do more hugging, and less tugging.
I would be firm less often, and affirm much more.
I'd build self-esteem first, and the house later.
I'd teach less about the love of power,
And more about the power of love.

Diane Loomans

Saw this poem thought a lot of people would like to read it and remember to take time and have fun this month, no regrets!

HAVE A WONDERFUL DECEMBER!

Steve Salisbury, Principal

NO SCHOOL DAYS FOR DECEMBER

School will be closed on Monday, December 21st - January 1st, for the Winter Break.
Classes resume on January 4, 2021.



Upcoming events:

End of first trimester December 1ST
Report cards will be mailed home December 11.



Did You Know?

- You can call in an absence for your student 206.901.7502 or 206.901.7503 at any time, 24 hours a day. Please, include the name of your student, the reason for the absence and a phone number where you can be reached if there are any questions.
- For the safety of our students and staff, please enter our school **only** by the main entry door. Visitors must sign in/out and wear a visitor pass.
- Students should arrive at school **no earlier than 8:30am** and depart **no later than 3:30pm** unless they are enrolled in a supervised school activity before/after school.
- You are encouraged to leave last-minute messages for your student **no later than 2:00 PM** so there is plenty of time for the messages to be delivered. **Messages received after 2:00 PM, delivery cannot be guaranteed. Thank you!**
- Thank you for your interest in volunteering in the Tukwila School District! The district recognizes the valuable contribution made to the total school program through the volunteer assistance of parents and other community members and we very much appreciate your enthusiasm. The safety of our students is our top priority. Those wishing to volunteer (including chaperoning a field trip), must apply and submit to a background check. The Tukwila School District no has an all online volunteer clearance process.
- **PAPER APPLICATIONS ARE NO LONGER ACCEPTED.**
 - Please begin your application here: <https://tukwilavolunteers.myschooldata.net/>
- Check out our website at www.tukwilaschools.org
- Our lost and found is located at the rear of the main lobby. Please check often for missing items as this collection piles up quickly.



Thank First Sargent Retired, Mr. Joe Duffie for your service and for joining us for our virtual Veteran's Day celebration in November.

You are a real inspiration and role model for us all.

It is an honor and a privilege to know you and to be your friend.

IMPORTANT INFORMATION FROM FOOD SERVICES

Winter Break Meal Pick-Up Request

This winter break Tukwila School District will be offering meal boxes for the two-week break period. We will be distributing these boxes on **FRIDAY DECEMBER 18th** along with our regular meal service. We request that families fill this form out and return it so that we may adequately prepare and provide the number of meals needed for our families. Please fill out this form and **return the entire sheet by WEDNESDAY DECEMBER 9th** to one of our meal pick up locations listed below in the form.

NOTE: If for some reason your order needs to be altered or you have concerns about pick up time please contact the district by **WEDNESDAY DEC 16th**. If for some reason you are unable to pick up a requested meal box on **FRIDAY DEC 18th** please contact the district at this number and leave a message (206) 901-7813.

MENU				
	Breakfast	Lunch	Breakfast	Lunch
Monday	Pizza Bagel	Chicken Nuggets	Cereal	Chicken Nuggets
Tuesday	Cereal	Turkey and Ham Sandwich	Muffin	Turkey and Ham Sandwich
Wednesday	Breakfast Burrito	Fish Sticks	Cereal	Buffalo Popcorn Chicken
Thursday	Cereal	Spicy Chicken Sandwich	Pop Tart	Chicken Sandwich
Friday	Breakfast Sandwich	Cheese Pizza	Cereal	Cheese Pizza Ripper

Sides include: Milk, fruit and or vegetables **NOTE:** Heating and storage instructions will be included.

NOTE: Menu is subject to change.

PLEASE FILL OUT THE TOP AND BOTTOM PORTIONS OF THIS FORM TO RETURN TO TUKWILA SCHOOL DISTRICT

LAST NAME: _____ FIRST NAME: _____

NUMBER OF STUDENTS REQUESTING MEALS: _____ VEGETERIAN, YES OR NO? _____

PICKUP LOCATION please note that chosen location is where your box will be sent on **DEC 18th** (please circle one):

Service Provided 10:00am-12:00pm
 Tukwila Elementary
 Thorndyke Elementary
 Cascade View Elementary
 Showalter Middle School

Service Provided 10:30am-10:45am
 Cascade View Park

PLEASE BRING THIS PORTION OF THE SLIP WITH YOU ON DEC 18TH TO PICK UP YOUR BOX, THIS IS YOUR REDEMPTION TICKET!

LAST NAME: _____ FIRST NAME: _____

NUMBER OF STUDENTS REQUESTING MEALS: _____ VEGETERIAN, YES OR NO? _____

PICKUP LOCATION (please circle one):

Service Provided 10:00am-12:15pm
 Tukwila Elementary
 Thorndyke Elementary
 Cascade View Elementary
 Showalter Middle School

Service Provided 10:30am-10:45am
 Cascade View Park

Experts share ways to manage screen time,

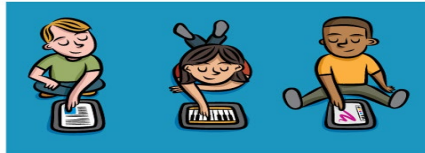
Technology has helped most students continue learning and stay connected during the pandemic. This also means kids are spending more and more time on screens.

One study found that eight- to 12-year-olds spend an average of 4 hours and 44 minutes a day on recreational screen time—going online, watching TV, playing video games.

While the American Academy of Pediatrics recommend parents set limits on non-educational screen time, many kids say there are no rules about technology in their homes. Make sure you:

- Set screen curfews. Ask your child to turn off digital devices 30 minutes before bedtime.
- Designate screen-free times, such as during meals and while in the car.
- Offer alternatives. Go on a walk. Play cards. Do a craft. Show your child that there are plenty of ways to have fun—and engage her brain—without sitting in front of a screen.

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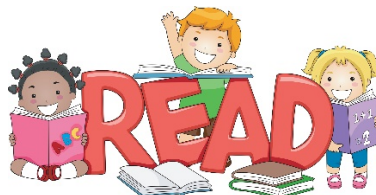
Show your child that reading is enjoyable and rewarding,

Strong reading skills make it easier to learn every school subject. But experts say that to build reading abilities, children must want to read. Unfortunately, many kids just aren't interested.

To inspire your child to read:

- Listen to audiobooks together. This is an effective way to show a reluctant reader how interesting books can be. You can download audiobooks from the library, or record yourself reading aloud. Encourage your child to follow along with the book while listening.
- Follow current events. Is there a developing news story that interests your child? Read the latest reports together each night.
- Sign your child up for a pen pal. Kids love receiving mail and learning about life in other countries. Ask your child's teacher or a librarian about how to get involved.
- Take a virtual field trip. Challenge your child to research online about attractions in your area, such as museums. Then ask him to be your tour guide through their websites and share what he's learned.
- Give reading coupons. Show your child that you think reading is special by giving him reading coupons. Some might be for 30 minutes of reading with you. Others might be good for a new book. Reading coupons also make great rewards for good behavior.

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Fun activities keep learning alive for your child over winter break,

Your child looks at the calendar and imagines the joy of having free time for the entire winter school break. You look at the same blank squares on the calendar and have a mild moment of panic.

To keep from hearing "I'm bored" during your child's time off from school, here are some activities that will keep her learning:

- Help your child focus on someone other than herself. This is the season for the "I wants." Insist that your family take part in an activity that will help those less fortunate.
- Prepare food together. Nearly every culture has some special foods associated with the holiday season. With your child, prepare foods you remember from your childhood. Share your memories. Or do some research and cook a dish you've never tried.
- Select a movie that is based on a book. After you and your child finish reading the book, watch the movie together. Discuss how the two are alike and how they are different.
- Encourage your child to learn more about the past and your family history by talking with grandparents, aunts, uncles— even you. Help her come up with a list of questions to ask, such as, "What was school like for you when you were my age?" and "What trends were popular?" She can record the conversations, write them down, or just listen.

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Promote a growth mindset to strengthen academic success,

School is filled with challenges—and your child's success depends on how she responds to those challenges. Encourage her to develop what researchers call a growth mindset.

A growth mindset determines how kids think about problems. Suppose, for example, your child is having trouble understanding a concept in science. Some kids would throw up their hands and say, "I'm not good at science"—and quit trying. But other kids would take another view. "This is a challenge and I love a challenge."

Children in the second group have a growth mindset. They believe that even if they don't understand something now, they will be able to learn it in the future. They're more likely to stick with a problem—and solve it.

You can encourage this mindset by praising your child's effort. "That was challenging, but you kept trying different things until you got it!"

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Classroom News December 2020

Greetings from Kindergarten,

The kindergarteners have been working hard to learn letter names and letter sounds over the last few months! We have started learning word families and many more "snap words". We use our snap words when writing and reading grade-level texts.

We have started learning how to solve addition problems in many ways, and we continue to practice rote counting by 1s and 10s.

We will start to use words to tell narrative stories to our peers. Each and every kindergartener is working hard to attend and participate in every Zoom meeting!



Greeting's from Fourth Grade:

It was great to see so many families at conferences! The communication and feedback for how online school is going was very helpful.

In math, we are working on multiplication, focusing on place value, and learning different strategies to multiply multi-digit numbers. Please encourage your 4th grader to practice their multiplication facts.

In reading, we are reading different stories and discussing plot and character development. 4th graders should read at least 30 minutes each day.

Our writers are working on writing realistic fiction stories and continuing to develop our writing skills. We can't wait to celebrate the end of this unit and read their stories!



News from Second grade,

Our 2nd graders have been doing a great job of attending their Zoom classes!

The most important things that 2nd graders and their families can do at home:

- **Reading** - Read for at least 20 minutes a day. You can incorporate more reading into your home by having an adult or older sibling reading aloud to the child or the child reading aloud to a stuffed animal, pet, or to someone else in the family.
- **Math** - Practice addition and subtraction facts up to 20, so that they can solve these quickly without using their fingers.
- **Writing** - Write 2-3 complete sentences a day about what they did in class, what they learned, or any other topic of their choosing.

Thanks to our families for their support during this time.

Greetings from LRC1:

Thank you to those families who are sending their child to school with the necessary supplies that are needed. We are working hard at staying safe, but it's important that students have a pencil box or pouch with pencils, eraser, scissors, crayons/colored pencils and glue stick so we are not sharing materials and GERMS.

I'd like to welcome a new member of the LRC1 staff. Patricia Anderson has joined the LRC1 program as a ESP (Educational Support Person). She is working on-line with students who are not coming to school for their learning. She is also working with students who are attending school in person. Ms. Anderson is taking classes at City University to become a special education teacher. She will be doing her student teaching at Tukwila Elementary. She is excited to be here and is enjoying her time with students.

Thank you for your support with working with your child and getting him/her to school or on-line on time.

Mrs. Kitano, Ms Sue and Ms. Anderson

Classroom News Continued:

Greetings from the Math Interventionist:

Talking and Learning About Early Math at Home (taken from DREME: <https://tinyurl.com/y3duc2vt>)

You can find, use, and talk about everyday math in family routines. These types of conversations, also called math talk, help children to develop a special "math lens" that sees math in the world around them. Talking about how many ingredients are needed while following a recipe, or identifying shapes of street signs, are examples of math talk. In addition, research shows that children are more likely to succeed in school when they explore everyday math with their families.

DREME's [Math Snacks](#) resource offers quick and easy suggestions for discussing math in family routines, from cooking and cleaning to errands and bedtime. Also available in [Spanish](#), Math Snacks are fun, practical, and eye-opening, as they inspire families to notice math that's all around them. The best part is that families can use Math Snacks at home, right now, for free, and without adding work to busy days. Scroll down to the bottom of their webpage using the link above to download the Math Snacks in PDF format.

Search for Math in Everyday Life

Math Snacks can be a starting point for coming up with some of your own math talk ideas. Once you grow comfortable finding math in everyday life, you will see that there are [many opportunities](#) to talk and learn about math together.

The first step is to understand that you are already doing math at home, which will help you to uncover early math learning opportunities. For example, we sort laundry based on colors and type (e.g., clothes and kitchen towels). In doing so, we are grouping and creating sets. When doubling a recipe or figuring out how much medicine to give to a child, we are adding and subtracting. When tidying up toys, we make decisions about where things go by relying on measurement and spatial thinking. When knitting and weaving, we create patterns (e.g., two lines of red, one blue, two red, one blue), a skill that forms the basis of algebra.

In other words, to support young children's early math learning, you do not need to buy or own anything special materials. You already have the tools—they are the everyday objects and routines of family life.

Engage in Household Routines Together

The second step is to include your child in household tasks that, frankly, are unavoidable. Plus, young children love to help out! They can sort books by size or figure out how many cups are needed when setting the table. Inviting children to participate in these activities not only develops their early math skills, but also their independence and self-esteem.

Use Math Language in Conversation

The third step is to talk about the math. As you do these everyday household tasks, describe what you're seeing and doing. Try asking questions that prompt children to think about and solve everyday math problems. For example, when setting the table, you could say, "Fernanda, we need three plates." You could also say, "Fernanda, count how many people are going to eat and then tell me how many plates I need to get from the cupboard."

Ask Follow-up Questions, and Listen

The fourth and final step is to ask the magic question: Why? Remember that math is about solving problems and that there are many ways to solve one problem. When children respond with a solution, ask them how they figured out the answer. Whether their answer is right or wrong, asking lets you understand their thinking and help them.

Practice Everyday Math Conversations

In short, children's early math skills develop when they talk and think about math with their families. Here are some fun and easy ideas for finding math in everyday family routines.

Classroom News Continued:

Greetings from the Librarian:

We've been having a great time in Library

Students are learning different ways to access digital books and integrate art into their reading.

We've also been doing some mini author studies and celebrating individuality and cultural celebrations.

Don't forget to visit my Virtual Library on the Library website and keep reading!



Greetings from Music Class:

Music class is different on zoom, but we are working on musical skills, making sure to move and even playing percussion on items found around the house! It's a learning experience for everyone, myself included.

November was filled with songs of gratitude and fall.

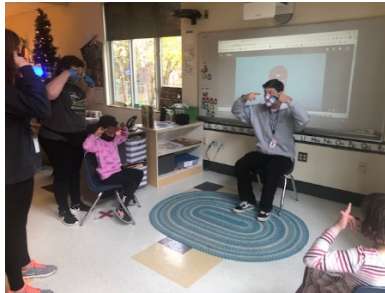
December will include music, excerpts and activities from the Nutcracker Ballet as well as holiday and winter songs.

I hope you all stay healthy and happy this winter!

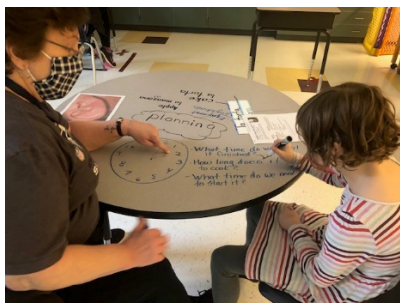


Greetings from Ms. Plankey's LRC2 Class:

Mr. Akers came visit LRC2 Plankey and teach us Spanish. We learned "eyes" or "los ojos." Super fun and the kiddos and adults loved it! Thank you for joining us and we look forward to many more opportunities. Gracias Mr. Akers!



On Fridays, our friend Kayla and teacher Pam use task analysis = breaking down the steps, to follow directions to make an Apple and Cinnamon Dump Cake in a crockpot. Our teacher table transforms into a "planning table" and Kayla and teacher Pam break down all the steps starting with: Health and safety first, while applying beginning reading and math skills to carefully plan out and follow the recipe.



Notes from the Health Room:

Dear parents and families,

I wanted to include some tips to stay safe during the Coronavirus pandemic and upcoming holidays.

- Wear a mask and make sure it covers your nose, mouth, and chin.
- Avoid large crowds of people.
- Practice social distancing.
- Wash your hands.

Did you know that washing your hands regularly is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others?

It is recommended to wash your hands for at least 20 seconds. You can do this by singing the ABC song.



Have a Happy and Safe Holiday Break!

Kristina Hurtt, RN

Tukwila Elementary Nurse-206-901-7509

December

Activity Calendar 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9 Early Dismissal	10	11
14	15	16	17	18
21 NO SCHOOL	22 NO SCHOOL Happy	23 NO SCHOOL Winter	24 NO SCHOOL Break!	24 NO SCHOOL
28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	

December 2020

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Create and keep a family journal. Everyone can share thoughts, reminders and accomplishments.
- 2. Count down to a special event. Use paper strips to make a chain, with one link for every day. Let your child remove one link each night.
- 3. Ask your child to write your shopping list before you go to the grocery store.
- 4. Make today Dictionary Day. Talk with your child about new words that she thinks should be in the dictionary.
- 5. Ask your child to choose a country and learn more about it.
- 6. Make an "I Am Special" scrapbook with your child.
- 7. Build a house of cards with your child. Challenge him to make the base as stable as possible.
- 8. Ask your child to name a low-cost activity that she would like to make an annual family tradition. Then start it!
- 9. Have an indoor snowball fight with cotton balls.
- 10. Holidays have you stressed? Ask your child to help. As kids share the responsibility, they appreciate the outcome even more.
- 11. Let your child blow up a balloon and then pop it. Together, research why it makes a loud noise.
- 12. Give your child a piece of paper to decorate using paint and sponges. Use his finished design to wrap a gift for a loved one.
- 13. Look online or at the library for a chart of the phases of the moon. Together, compare what you see each night to the chart.
- 14. Help your child clean out her closet and pass on gently-used toys or clothes to other families.
- 15. Have your child design a new cover for a much-loved book.
- 16. Ask your child to name his favorite thing about you.
- 17. Teach your child how to change the batteries in a flashlight.
- 18. Wash hands with your child before each meal. Talk about the importance of frequent hand washing.
- 19. Help your child make flash cards for vocabulary words.
- 20. Talk about how animals survive the winter months. What do bears do? How about birds?
- 21. Discuss ways you use numbers at home every day, such as when paying bills or setting the kitchen timer.
- 22. Tell your child a story about yourself when you were her age.
- 23. Challenge your child to make music by strumming on stretched rubber bands.
- 24. Create a word search by hiding words in a grid and surrounding them with random letters. Let your child find the words.
- 25. Listen to music in the dark together and concentrate on the sounds.
- 26. Emphasize the importance of writing thank-you notes for gifts.
- 27. Learn a tongue twister. At dinner, challenge everyone to repeat it three times fast.
- 28. Discourage sibling arguments by having your children switch sides when they disagree.
- 29. Ask your child *how* and *why* questions to give him experience answering questions that require reasoning.
- 30. Ask family members, "If you were an animal, which animal would you be and why?"
- 31. Measure your child. How much did she grow this year?

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Inquiries regarding compliance or complaint procedures may be directed to the School District's Title IX/Section 504/RCW 28A.640 Compliance Officer or to the U.S. Department of Education, Office for Civil Rights.

Title IX/Section 504/RCW 28A.640 Compliance Officer:

Mr. Aaron Padraig Draganov, Executive Director of Human Resources

Tukwila School District No. 406

4640 S. 144th St.

Tukwila, WA 98168

Phone: 206.901.8005

E-mail: draganova@tukwila.wednet.edu

Section 504 Compliance Officer:

Mr. Jennifer Jones, Director of Special Education

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Phone: 206.901.8305

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