

TUKWILA ELEMENTARY NEWSLETTER

Tukwila Elementary is a Title I School-Wide School

Steve Salisbury, Principal - 206.901.7505

Charlotte Bartley, Office Manager - 206.901.7503

Robin Allsopp - Elementary Secretary 206.901.7502

April 2021

Principal's Message:

Welcome Back Families,

I hope you and your family had a nice, relaxing spring break.

We have approximately 10 weeks left of the 20-21 school year. The staff is going to continue to work hard getting our students ready for the final push for this school year. All our students are going to be so ready for the final push, we will put forth our best effort, we will be the BEST and BRIGHTEST Tukwila Elementary students possible.

Have a wonderful April.

Steve Salisbury, Principal



Early Dismissal Days for March

4/14 & 4/21 - Early Dismissal - students released at 2:00

Early Dismissal Days for March

April 5th - 9th Spring Break - No School, Classes resume 4/12

Upcoming events and other important dates:

Register

for

Kindergarten



The Tukwila School District is now accepting registrations for the 2021/2022 school year for Kindergarten! If you have a child that will turn five years old on or before August 31st, now is the time to register!

Kindergarten Registration Packets are available at school in the main office or if you prefer, the packet is available electronically on the district website, Tukwilaschools.org.

Please return the registration packet and provide the birth certificate, immunization records and a proof of residency (mortgage statement, rental/lease agreement or a utility bill that is attached to the residence and has one or both parent's names.) We are happy to make the copies for you, all you need to do is provide the documents.



Did you know...

- You can call in an absence for your student 206.901.7502 at any time, 24 hours a day. Please, include the name of your student, the reason for the absence and a phone number where you can be reached if there are any questions.
- For the safety of our students and staff, please enter our school **only** by the main entry door. Visitors must sign in/out in the office and wear a visitor pass.
- Students should arrive at school **no earlier than 8:30am** and depart **no later than 3:30pm** unless they are enrolled in a supervised school activity before/after school.
- You are encouraged to leave last-minute messages for your student **no later than 2:00 PM** so there is plenty of time for the messages to be delivered. **Messages received after 2:00 PM, delivery cannot be guaranteed. Thank you!**
- If you wish to volunteer, either at the school or on field trips, you must complete the online volunteer clearance process **at least** three weeks prior to the activity. Once cleared, the background check is good for two years.
- Check out our website at www.tukwilaschools.org
- Applications for low-cost student school insurance are available in the school office.
- Our lost and found is located at the rear of the main lobby. Please check often for missing items as this collection piles up quickly.
- Our school collects Box Tops for Education. Please deposit Box Tops in the marked container in the main office.

Improving focus boosts your child's ability to learn...

Everybody's mind wanders now and then. But if your child regularly "zones out" during class, it can impact his ability to learn and retain new information. Studies show that younger students who can't focus tend to become older students who can't focus. And that can mean big trouble for your child's education.

To help your elementary schooler strengthen his attention skills:

- Remove distractions. Keep the TV and other screens off while your child works. Keep noise to a minimum.
- Break down large assignments. If he has a social studies report to write, show him how to divide it into smaller steps. "First, think about what you want to say. Next, make an outline of your thoughts. Then, start writing."
- Encourage breathers during study time. Don't force your child to work for long periods of time. Instead, set a timer for 20 minutes and have him take a five-minute break when it goes off. Frequent short breaks help your child clear his head. Remind your child to do this during class, too. Even a 30-second break (maybe by closing his eyes and breathing deeply) could help him buckle back down and refocus.

Source: A.J. Lundervold and others, "Parent Rated Symptoms of Inattention in Childhood Predict High School Academic Achievement Across Two Culturally and Diagnostically Diverse Samples," *Frontiers in Psychology*, Frontiers Communications.




Put an end to procrastination by doing the crummy job first...

Your child has a math worksheet, a chapter to read and a spelling assignment. If she hates spelling, tell her to do that assignment first. Here's why:

- Crummy jobs are a part of life. We all have to do some things we don't like. Talk to your child about some of the jobs you don't enjoy doing, but have to do anyway. Doing the laundry and cleaning the bathrooms every week isn't fun, but it is necessary hygiene.
- Putting off a difficult task just makes it—well, more difficult. Until she gets that spelling finished, it's going to occupy her mind and hang over her head.
- Finishing a dreaded task feels wonderful. Help your child learn to focus on how great she'll feel when the job is finished—not how she feels while she's doing it. But let her know that it's also OK to build in a small reward for finishing an unpleasant task, such as spending 10 minutes shooting hoops.

Sometimes, all it takes is a little push. Set a timer for 15 minutes and say, "Work on your spelling for 15 minutes. Then you can stop." Once your child gets started, it probably won't be as painful as she thought.

Source: R. Emmett, *The Procrastinating Child: A Handbook for Adults to Help Children Stop Putting Things Off*, Walker & Company

I 
Math

Questions & Answers:

Q: My son has struggled with math this year and now he says he hates it. I can't really blame him, because I'm not good at math either. How can I help him develop a better attitude?

A: Parents' attitudes about math have a lot to do with how well their children do in math. Kids whose parents tell them they didn't like math when they were in school often struggle with math as well. Likewise, children whose parents instill a sense of enjoyment about math tend to perform better.

To help your child develop a positive attitude about math:

- **Set the tone.** Let your child know you believe everyone can be successful in math. If you say this often to your child, he'll start to believe it!
- **Avoid stereotypes.** Boys and girls can be engineers. Children of all races can be successful in school. In fact, students who are successful in math can go a long way toward breaking the baseless stereotypes that others may hold.
- **Talk about careers.** Young children may decide that being a Ninja Turtle or an Avenger is a great career choice. Expand their horizons. Talk about people who use math in their jobs—an airline pilot, a weather forecaster, an architect, an astronaut, a researcher, an accountant, etc.
- **Connect math to the real world.** When you and your child go to the store, bank, restaurant, etc., point out all of the ways people use math. At dinner, challenge family members to tell one way they used math that day.

It Matters: Building Respect

Help your child understand why it's important to follow rules...

One of the ways kids show respect is by following rules. This is easier for children to do if they understand why rules are important.

In addition to explaining the reasons for specific rules, you can:

- Play a game without rules. After a while, stop and talk about how things are going. Then play with rules and see which way is better.
- Imagine a world without rules. Talk about what would happen if people could steal ... if kids didn't have to go to school ... if people didn't wear seat belts. What would that be like?
- Encourage your child to be a leader. Being a student council member, for example, will give her experience making and enforcing rules. Help your child understand why it's important to follow rules
- Praise your child for obeying rules. You might say, "Thanks for getting up on time. Now we can eat breakfast together." This encourages her to keep respecting rules.



IF YOUR FAMILY LIVES IN ANY OF THE FOLLOWING SITUATIONS:

- In a shelter
- In a motel or campground due to the lack of an alternative adequate accommodation
- In a car, park, abandoned building, or bus or train station
- Doubled up with other people due to loss of housing or economic hardship *Your school-age children may qualify for certain rights and protections under the federal McKinney-Vento Act.*

Your eligible children have the right to:

- Receive a free, appropriate public education.
- Enroll in school immediately, even if lacking documents normally required for enrollment
- Enroll in school and attend classes while the school gathers needed documents.
- Enroll in the local school; or continue attending their school of origin (the school they attended when permanently housed or the school in which they were last enrolled), if that is your preference.
- If the school district believes that the school you select is not in the best interest of your children, then the district must provide you with a written
 - explanation of its position and inform you of your right to appeal its decision.
- Receive transportation to and from the school of origin, if you request this.
- Receive educational services comparable to those provided to other students, according to your children's needs.

If you believe your children may be eligible, contact the local liaison to find out what services and supports may be available. There also may be supports available for your preschool-age children.

Julie Herdt Quality Engagement Specialist for Students and Families Tukwila School District, 206-901-7625	Maryan Abdow Quality Engagement Specialist for Students and Families Tukwila School District 206-901-8065
--	--

If you need further assistance with your children's educational needs, contact the National Center for Homeless Education:

1-800-308-2145 - homeless@serve.org - <http://nche.ed.gov>

APRIL

Classroom News

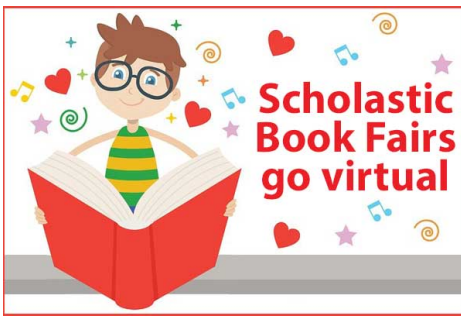
Greetings from the Library:

Just because we're online doesn't mean we stop our love for books and reading.

The 4th and 5th graders are listening to me read Sasquatch nominees for this year. K-3 is going to be voting soon on their pick for the Washington Children's Choice Picture Book Award.

We also just held our first virtual scholastic book fair. Hope you all got some great books!

Happy Reading!



Greetings from LRC1:

The LRC1 students who are receiving on-line instruction are doing a fantastic job of showing up for their groups on time. Everyone is working hard and showing growth with their reading, writing and math.

Students who are coming in-person are also working hard on their academic goals. Please be sure that your child brings their computer and charger to school each day. We do not have computers to loan out, so if students forget their computers, they will miss their class time with their general education teacher.

Greetings Music Class:

Happy spring! 4th and 5th graders have been studying jazz and will soon transition to opera. They participate on zoom, then are encouraged to fill out a google form about what we learned.

2nd and 3rd graders have been moving, singing and playing "instruments" (things they can make sounds on found around the house) along with several classical pieces. They also have been listening to stories and making musical sound effects.

I love to see the creative things they find to play as instruments! K-1st graders are learning about the music from the Carnival of the Animals. They are doing lots of movement, singing and "instrument" play.

I have been impressed with how well our Tukwila Tigers have adapted to music on zoom. Please encourage your children to eat before they come to music (it's tough to eat and sing at the same time). I am always happy to see families joining in, so please know siblings, parents and other household members are welcome in music!

Greetings from Fourth Grade:

Hello 4th Grade families!

In math, fourth graders will be focusing on fractions after Spring Break. Find ways to incorporate fraction discussions in your daily life. What do you divide or split up in your house?

In literacy, classes are or will be working on nonfiction reading and informative writing.

Students are exploring Mystery Science lessons related to the human body, rocks, and sound.

We are looking forward to having some students back in the classroom in April! Please be patient as we go through the transition together.

Classroom News Continued:

Greetings from the Math Interventionist:

Celebrating Women in Mathematics

As March ends, we may think to end our celebration of women in honor of Women's History Month. But we can celebrate women and their accomplishments all year long! Here are some notable mathematicians.

- Marjorie Lee Brown: one of the first Black women to receive her PhD in Mathematics!
- Katherine Johnson: worked for NACA and helped get the first person into space - she was a Hidden Figure!
- Maryam Mirzakhani: first woman and Iranian to earn the Fields Medal for her work in hyperbolic geometry!
- Dorothy Johnson Vaughn: Black woman who worked for NACA and was an expert in computer coding languages like FORTRAN!
- Emmy Noether: a Jewish mathematician who proved two mathematical theories!
- Ada Lovelace: known as the first computer programmer - in the 1800s!
- Sophie Germain: French mathematician who was the first to win a prize from the Paris Academy of Sciences. Today that prize is known as the Sophie Germain Prize!

Google "Women in Mathematics" for more amazing women and their contributions to math!



Greetings: From Third grade:

Our team and classes have been busy working on Literacy and Math. Our focus has been primarily on readers and writers workshop - reading to learn and informational text writing. Students are accessing books through the library, Epic Books, and RAZ kids. In addition to reading and writing students have been learning about phonics - like the bossy R and tricky blends. Math has centered around multiplication facts and word problems.

We are now in the process of preparing the students for the state testing - SBAs in math and reading. This means students will be introduced to fractions, measurement, and geometry in an accelerated manner. The third grade team will also begin to introduce reading and writing lessons to support this test.

Look for emails from your teachers with SBA practice tests from the Office of the Superintendent so you can help your student prepare for this rigorous test.



Notes from the Health Room:

Spring is here!

For many of us that means seasonal allergies and uncomfortable symptoms such as sneezing, coughing, congestion/runny nose, and itchy eyes. Here are some steps to help reduce allergy symptoms:

If you take medications to manage your seasonal allergies do your best to take them before symptoms begin.

Pay attention to pollen forecasts.

Avoid outdoor activities when pollen counts are highest, usually between 5-10am. Stay inside and close the doors and windows when counts are high.

Do not hang laundry outside as pollen can stick to them.

If possible, delegate high allergen tasks such as mowing the lawn and gardening. If you do decide to garden, consider wearing a mask and protective eyewear, and avoid touching your face especially your eyes.

Vacuum regularly using a vacuum with a high efficiency particulate air filter (HEPA) and wash bedding more frequently.

At the end of the day, remove clothes you wore outside and shower to rinse the pollen from your skin and hair.



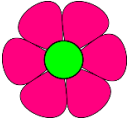

Kristina Hurtt, RN

Tukwila Elementary Nurse

206-901-7509

APRIL

Activity Calendar 2021

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Tukwila Running Club	2
5 Spring Break 	6 Spring Break 	7 Spring Break 	8 Spring Break 	9 Spring Break 
12	13 Tukwila Running Club	14 EARLY DISMISSAL	15 Tukwila Running Club	16
19	20 Tukwila Running Club	21 EARLY DISMISSAL	22 Tukwila Running Club	23
26 	27 Tukwila Running Club	28	29 Tukwila Running Club	30 

April 2021

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Measure how far your child can jump. How many jumps does it take to go around your home?
- 2. Give your child a small plant to take care of. Post the watering schedule.
- 3. Go outside with your child and look for signs that animals have been nearby.
- 4. Using permanent marker, help your child mark off inches on a straight-sided jar. Set it outside and see how many inches of rain fall this week.
- 5. Ask your child, "How do you decide who will be your friends?"
- 6. Check on your child's grades. If necessary, help him raise them before the year ends.
- 7. Have your child watch for changes in plant life in your neighborhood. Together, keep notes in a journal.
- 8. Ask your child: "What if ice cream grew on trees?"
- 9. Have your child hold her nose while she eats. Does it affect the taste of the food?
- 10. Make up a secret code with your child. Use the code to send messages to each other.
- 11. Spend a half hour reading together today. Let your child pick the book you will read.
- 12. Help your child learn some facts about undersea life.
- 13. Discuss different kinds of transportation that your child may be unfamiliar with, such as a ferry, subway or trolley.
- 14. Talk about the best and the worst parts of family members' days. Everyone gets a turn to talk.
- 15. Watch a TV show with your child. Ask questions such as, "Why do you think that character did that?"
- 16. Does your child know your state bird? If not, help him look it up.
- 17. Ask your child, "What is the nicest thing you have ever done for someone else?"
- 18. Let your child help with a household chore today. Remember to say thank you.
- 19. A *rebus* is a story that replaces some words with pictures. Make a rebus with your child.
- 20. Have your child teach you something she needs to learn for school. It's a great way to reinforce learning.
- 21. Teach a card game to your child. Play it with the whole family tonight.
- 22. Experiment with photosynthesis. Block light from a plant leaf with a piece of masking tape. What happens?
- 23. Just for fun, serve a backwards dinner. Eat dessert first.
- 24. Brainstorm ways you and your child could help make your neighborhood more beautiful.
- 25. Does your child ride a bike? Review the rules of bicycle safety.
- 26. Ask your child, "What are you thinking right now?"
- 27. Make a costume box for your child. Fill it with hats, shoes and old clothes.
- 28. Ask each family member to write a funny sentence. Put them together to make a story.
- 29. Challenge your child to describe today's weather without using the words hot, cold, cloudy, rainy or sunny.
- 30. Look over your child's assignments. Give compliments first, and then helpful criticism.

Copyright © 2021 The Parent Institute®, a division of PaperClip Media, Inc. • May be reproduced only as licensed by Parents make the difference!® and Helping Children Learn® newsletters • 1-800-756-5525

The Tukwila School District No. 406 complies with all federal rules and regulations and does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, and the use of a trained dog guide or service animal. District programs shall be free from sexual and malicious harassment, and the district provides equal access to the Boy Scouts of America and other designated youth groups.

Inquiries regarding compliance or complaint procedures may be directed to the School District's Title IX/Section 504/RCW 28A.640 Compliance Officer or to the U.S. Department of Education, Office for Civil Rights.

Title IX/Section 504/RCW 28A.640 Compliance Officer:
Mr. Aaron Padraig Draganov, Executive Director of Human Resources

Tukwila School District No. 406
4640 S. 144th St.
Tukwila, WA 98168
Phone: 206.901.8005
E-mail: draganova@tukwila.wednet.edu

Section 504 Compliance Officer:
Ms. Jennifer Jones, Director of Special Education

Tukwila School District No. 406
4640 S. 144th St.
Tukwila, WA 98168
Phone: 206.901.8035
E-mail: jonesj@tukwila.wednet.edu