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**TO THE BEST of our  
ability**

*King's Rochester  
Is a*

**NUT**

**FREE School.**

*However, we can  
not guarantee  
that all of our  
food ingredients  
have been  
prepared in a*

**NUT FREE**

*Environment.*

*We will  
always  
highlight  
allergens on  
our menus  
and displays*

At King's Rochester we understand that food allergens can present serious problems for some of our pupils and staff who eat within our dining facilities.

- We monitor all of our ingredients throughout our cooking process
- Recipes are cross referenced with our menus/ displays and labelling systems.
- Packaging is checked on delivery to ensure ingredients / allergens match our menu and any additional information, such as, "may contain" will be added to our recipes / displays, labels and menus
- We display allergen contents where appropriate on our menus
- We encourage students and staff to ask if they are uncertain of the contents of any dish.
- All of our records are kept close to the point of service and can be evidenced if students or staff need re-assurance.
- All of our staff are Allergen trained to recommended FSA standards, refreshed termly and annually.
- We DO NOT order nuts in our kitchens. Some of our products may state "May contain" and will be shown on the menu accordingly.



Whilst we go to great lengths to ensure we can provide meals safely which do not include the nominated allergens as we cook all our food from fresh, we cannot guarantee that dishes do not contain traces of allergens, as they may be served or prepared in the same areas as nominated allergens.

King's Rochester does not use nuts in any of the foods that we prepare and serve. We are however unable to guarantee that dishes/products served are totally Free-From nuts. This is because ingredients, for example curry paste, may be made in a factory that contains nuts.

King's Rochester, will make every effort to keep up to date with new products and changes in products to ensure to the best of our knowledge, we adhere to all legal requirements.

