

# Piedmont High School Menu

## May 3-7

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

### SIDES

**A MINIMUM OF 3 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

### Daily Special

*May Fresh Pick: Tomatoes*

**\*\*Cinco De Mayo \*\* Promotion**

### FAVORITES

<b>MONDAY</b>	Spaghetti & Meatballs offered with Mixed Vegetables and a Breadstick
<b>TUESDAY</b>	See SALSA
<b>WEDNESDAY</b>	**Street Tacos offered with Mexican Corn and Fresh Tropical Fruit**
<b>THURSDAY</b>	French Toast Sticks, Scrambled Eggs & Sausage Links offered with Sweet Potato Fries
<b>FRIDAY</b>	Chicken Nuggets offered with a Freshly Baked Roll, Green Peas & Whipped Potatoes & Gravy

### Daily Special & Everyday

### GRILL

<b>MONDAY</b>	See PIZZA
<b>TUESDAY</b>	Chicken Nuggets offered with French Fries
<b>WEDNESDAY</b>	See PIZZA
<b>THURSDAY</b>	Crispy or Spicy Chicken Sandwich offered with Potato Wedges
<b>FRIDAY</b>	See PIZZA

### PIZZA

### Daily Special & Everyday

*Pizzas are made with low sodium sauce, low fat cheeses and a whole grain crust*

<b>MONDAY</b>	Cheese or Sausage Pizza
<b>TUESDAY</b>	See GRILL
<b>WEDNESDAY</b>	Cheese or Pepperoni Pizza
<b>THURSDAY</b>	See GRILL
<b>FRIDAY</b>	Pepperoni or Cheeseburger Pizza

### SALSA

### Daily Specials

**\*\*Cinco De Mayo\*\*Promotion**

<b>MONDAY</b>	See FAVORITES
<b>TUESDAY</b>	Chicken or Beef Nachos or Tacos offered with Fiesta Potatoes
<b>WEDNESDAY</b>	**Street Tacos offered with Mexican Corn and Tropical Fruit**
<b>THURSDAY</b>	See FAVORITES
<b>FRIDAY</b>	See FAVORITES

### FAST TAKES

### Daily Special & Everyday

*Fast Takes products are made daily using local ingredients when seasonally available*

<b>MONDAY</b>	Chef Salad
<b>TUESDAY</b>	Chef Salad
<b>WEDNESDAY</b>	See FAVORITES or PIZZA
<b>THURSDAY</b>	Crispy Chicken Wrap
<b>FRIDAY</b>	Protein Power Pack (V)



**Vegetarian**



**Mindful**

We use menu identifiers in the café to help students recognize Vegetarian & Mindful options. Mindful selections meet specific criteria for fat, sodium & calories.

*This institution is an equal opportunity provider.*



Nutrition Information is available upon request.



# Piedmont High School Menu

May 10-14

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

## SIDES

**A MINIMUM OF 3 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

## Daily Special

*May Fresh Pick: Tomatoes*

## FAVORITES

<b>MONDAY</b>	Frito Chili Pie offered with Golden Corn
<b>TUESDAY</b>	Italian Dunkers & Marinara Sauce offered with Steamed Broccoli
<b>WEDNESDAY</b>	See SALSA
<b>THURSDAY</b>	See SALSA
<b>FRIDAY</b>	Chicken Tenders offered with Mashed Potatoes & Gravy, Green Beans and Dinner Roll

**V**

## Daily Special & Everyday

## GRILL

<b>MONDAY</b>	See PIZZA
<b>TUESDAY</b>	Hamburger or Cheeseburger offered with French Fries
<b>WEDNESDAY</b>	See PIZZA
<b>THURSDAY</b>	Crispy or Spicy Chicken Sandwich offered with Potato Wedges
<b>FRIDAY</b>	See PIZZA

## Daily Special & Everyday

## PIZZA

*Pizzas are made with low sodium sauce, low fat cheeses and a whole grain crust*

<b>MONDAY</b>	Pepperoni or Buffalo Chicken Pizza
<b>TUESDAY</b>	See GRILL
<b>WEDNESDAY</b>	Cheese or Supreme Pizza
<b>THURSDAY</b>	See GRILL
<b>FRIDAY</b>	Pepperoni or Jalapeno Popper Pizza

## SALSA

<b>MONDAY</b>	See FAVORITES
<b>TUESDAY</b>	See FAVORITES
<b>WEDNESDAY</b>	Chicken Enchilada Suiza offered with Refried Beans
<b>THURSDAY</b>	Beef or Chicken Nachos or Tacos offered with Fiesta Potatoes
<b>FRIDAY</b>	See FAVORITES

## FAST TAKES

## Daily Specials & Everyday

*Fast Takes products are made daily using local ingredients when seasonally available*

<b>MONDAY</b>	Chicken Bacon Ranch Wrap
<b>TUESDAY</b>	Chicken Bacon Ranch Wrap
<b>WEDNESDAY</b>	Turkey & Cheese Sub Sandwich
<b>THURSDAY</b>	Turkey & Cheese Sub Sandwich
<b>FRIDAY</b>	Protein Power Pack(V)

**V**

**V Vegetarian**

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CROSSROADS  
**CAFE**  
by **sodexo**

# Piedmont High School Menu

May 17-21

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

## SIDES

**A MINIMUM OF 3 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

## Daily Special

*May Fresh Pick: Tomatoes*

## FAVORITES

<b>MONDAY</b>	See SALSA
<b>TUESDAY</b>	Pancakes, Scrambled Eggs & Sausage offered with Sweet Potato Fries
<b>WEDNESDAY</b>	Chicken Alfredo Macaroni offered with Breadstick & Roasted Broccoli & Carrots
<b>THURSDAY</b>	See SALSA
<b>FRIDAY</b>	See GRILL

**V**

## Daily Special & Everyday

## GRILL

<b>MONDAY</b>	See PIZZA
<b>TUESDAY</b>	Chicken Nuggets offered with Dinner Roll & French Fries
<b>WEDNESDAY</b>	See PIZZA
<b>THURSDAY</b>	Chicken Nuggets offered with Dinner Roll & Potato Wedges
<b>FRIDAY</b>	Spicy Chicken Sandwich or Cheeseburger offered with French Fries

## Daily Special & Everyday

## PIZZA

*Pizzas are made with low sodium sauce, low fat cheeses and a whole grain crust*

<b>MONDAY</b>	Cheese or Italian Sausage Pizza
<b>TUESDAY</b>	See GRILL
<b>WEDNESDAY</b>	Pepperoni or Jalapeno Popper Pizza
<b>THURSDAY</b>	See GRILL
<b>FRIDAY</b>	Cheese or Pepperoni Pizza

## Daily Specials

## SALSA

<b>MONDAY</b>	Beef or Chicken Nachos or Tacos offered with Refried Beans
<b>TUESDAY</b>	See FAVORITES
<b>WEDNESDAY</b>	See FAVORITES
<b>THURSDAY</b>	Beef or Chicken Nachos or offered with Fiesta Potatoes
<b>FRIDAY</b>	See PIZZA

## FAST TAKES

## Daily Specials & Everyday

*Fast Takes products are made daily using local ingredients when seasonally available*

<b>MONDAY</b>	American Sub Sandwich
<b>TUESDAY</b>	American Sub Sandwich
<b>WEDNESDAY</b>	Crispy Chicken Ranch Wrap
<b>THURSDAY</b>	Crispy Chicken Ranch Wrap
<b>FRIDAY</b>	Manager's Choice Sandwich



**Vegetarian**



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# Piedmont Schools Breakfast Menu

**MAY 2021**

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<b>3</b> Sausage Biscuit Applesauce	<b>4</b> Blueberry Muffin Diced Peaches	<b>5</b> French Toast Sticks Fresh Apples	<b>6</b> Honey Chicken Biscuit Orange Smiles	<b>7</b> Filled Cinnamon Toast Crunch Bar Mixed Fruit
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Assorted cereals offered daily.

<b>10</b> American Breakfast Sandwich Raisins	<b>11</b> Yogurt & Fruit Parfait Diced Peaches	<b>12</b> Yogurt & Fruit Parfait Bananas	<b>13</b> Breakfast Taco Roll Orange Smiles	<b>14</b> Cinnamon Roll Applesauce
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<b>17</b> Confetti Pancakes Diced Pears	<b>18</b> Breakfast Pizza Mixed Fruit	<b>19</b> Banana Muffin Orange Smiles	<b>20</b> Egg & Cheese Biscuit Fresh Bananas	<b>21</b> Oatmeal Round Raisins
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100% juice offered daily.

<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
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Variety of low fat and fat free milk options offered daily.

<b>31</b>				
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