Robert A. Taft Counseling Resource Guide

This list of resources is provided as a courtesy ~ choosing a particular service is left to the discretion of individual's need and preference.

Associates in Clinical Practice

8925 Broadway, Merrillville, IN 736-6220

Out patient mental health, testing and counseling. Payment is due at time of service. Accepts Medicare and Medicaid

Awakenings

7853 Broadway Merrillville, IN 46410 219-791-9083

Brown, John~ Marriage, Family, Individual, Junior High and High School Students

8500 Broadway, Suite A Merrillville, IN 46410 219-805-3683

Catholic Family Services

101 West Burrell Dr.

219-844-4883

Provides counseling to individuals and families as well as adoption services.

Fees based on a sliding scale.

Community Partners

Phone: 866-641-7181 8400 Louisiana Street Merrillville, IN 46410 Fax: 219-738-5283

Program Requirements:

- ➤ Resident of Lake County
- Child(ren) under the age of 18 years in the home
- ➤ No current involvement or open case with Department of Child Services
- ➤ Not currently receiving services through Healthy Families
- Families that do not meet the criteria for Healthy Families participation

Coriano, Yolanda ~ Counseling services for children

1409 E 84th Pl.

Merrillville, IN 46410

219-794-2000 ~ private pay and insurance

Crisis Center Hot Line and Counseling Center

101 N Montgomery Gary, IN 46403 219-938-7070

Provides outpatient, telephone counseling, referral and crisis intervention, individual, group, family, substance abuse, teen outreach, teen temporary shelter, education, transportation, and follow up juvenile delinquency prevention. Sliding scale but will not turn anyone down for services.

Harrison, Bridget ~ Innovations In Learning

Counseling services for children and adults. 219-791-1400

Isailovich, Wayne

Counseling Services for: adults with issues of anger, drug and alcohol abuse and High School Students at risk 7805 Taft Street Merrillville 219-756-3791

MidAmerica Psychological and Counseling Services, P.C.

8300 Broadway, Merrillville (Other offices in surrounding areas) 219-736-1000
Provides counseling, testing and psychiatric services.
Accepts Hoosier Health Care

New Hope Women's Outreach

2646 Highway Avenue, Suite 116 Highland, IN 46322 219-838-1093 (donations for services)

New Leaf Resources

Counseling and psychological testing.
Dr. Valente ~ 219-226-1810 or 708-895-7310
www.newleafresources.org

Northwest Indiana Treatment Center

8500 Broadway, Suite H Merrillville, IN 46410 219-769-7110

Rainbows

Provides FREE peer support groups for those grieving a death, divorce, or other painful family transition.

Rainbows ~ Elementary Edition
Spectrum ~ High School Edition
Kaleidoscope ~ College age or Adult Edition
Prism ~ Single or Step-Parent Edition
Regional Director ~ Chris Conrad in Hobart
219-742-0483 or e-mail at conradco83@aol.com

Crown Point location ~ Saint Mary's Church, 219-663-0044

Facilitators: Gay Plants ~ 663-4093

Sandy Erickson ~ 696-3563

Regional Mental Health Center ~ formerly known as South Lake and Tri-State Mental Health Centers

8555 Taft, Merrillville

219-769-4005, 1-888-398-7050

Psychiatric services for children and adults including:

The Century Program ~ Day Treatment

Accepts insurance and Medicaid

Samaritan Counseling Center

Individual, group, child and family counseling 352 South Main, Crown Point ~ Fee based on a sliding scale. 219-923-8110

St. Jude House ~ FREE Support Groups

For anyone that has been a victim or bystander of Domestic Violence 12490 Marshall Street, Crown Point 219-662-7066 or 1-800-254-1286

Stien, Mark Ph.D ~ Psychologist ~ Contact Person ~ Abbie

UIC (University of IL in Chicago) Campus 1740 Taylor Street Chicago, IL 60612 Specializes in ADHD and School Related Issues 1-866-600-2273

Thomas, Megan ~ Counseling services for children

416 East 86th Ave Merrillville, IN 46410 219-736-0230 private pay and insurance

VanHorssen, Denise, LCSW ~ Licensed Clinical Social Worker

9150 E. 109th Ave. Suite B Crown Point IN 46307 219-669-8613

Suicide Resources for Northwestern Indiana:

IMMEDIATE CRISIS: Take person to the Emergency Room

Mental Health Centers and 24 Hour Emergency Services:

Regional Mental Health Center ~ formerly known as South Lake Mental Health now combined with Tri-State

- 1. Mental Health Center, Merrillville (south county) (219) 769-4005
- 2. Regional Mental Health Center ~ Formerly known as Tri-State Mental Health now combined with South Lake Mental Health, (East Chicago, Hammond, Whiting, Highland Munster) (219) 392-6001 or 398-7050
- 3. Edgewater Systems for Balanced Living, (Gary) (219) 885-4264
- 4. <u>Porter Starke Services (Porter/Starke Co)</u> (219) 531-3500 ~ Mike Hofman director of access and emergency services
- 5. <u>Swanson (LaPorte Co.)</u> (219) 879-0676
- 6. Wabash Valley (Newton/Jasper) (800) 869-5553

National Suicide Prevention Lifeline:

800-273-TALK or 1-877-SUICIDA (Spanish) Crisis Center (219-938-0900 or 1-800-519-0469).

Support Services:

- Suicide Survivors Support Group/Wounded Healers
 8415 Calumet Avenue, Munster, IN 46321(219) 924-5577 (meets in Griffith)
- 2. Survivors of Loss Due to Addictions or Suicide (SOLAS) (219) 462-6267 (meets in Valparaiso) ~ mha@netnitco.net
- 3. Compassionate Friends Bereaved Parents (219) 365-8485 (meets in Crown Point)
- 4. Mental Health America-formerly known as Mental Health Association (Porter Co = (219) 462-6267 or Lake Co = (219) 922-3822

Call 211 for referrals to Community Resources such as Counseling Centers, Domestic Violence Shelters, Rape Crisis Centers and other social services to assist in a crisis. Unemployment ~ Local, State, and National Orgs. Websites

- 1. Northwest Indiana Suicide Prevention Council Sandy at (219) 398-3308, Carol at (219) 477-5646, Steve at (219) 662-7066, Ext 25.
- 2. Indiana Suicide Prevention Coalition (data/ information about Indiana) 260-481 4184 http://www.indianasuicidepreventioncoalition.org.
- 3. Suicide Prevention Resource Center (1-877-GET-SPRC) www.sprc.org
- 4. The American Association of Suicidology, 202-237-2280, www.suicidology.org
- 5. American Foundation for Suicide Prevention and Out of the Darkness Walks. 888-333-AFSP www.afsp.org
- 6. The Link Counseling Center and National Resource Center Suicide Prevention and Aftercare, 404-256-9797, www.thelink.org
- 7. JED Foundation <u>www.jedfoundation.org</u> Half of Us Campaign and Ulifeline.
- 8. Suicide Prevention Advocacy Network, 770-649-1366, www.spanusa.org
- 9. Washington State Youth Suicide 206-297-6922, http://depts.washington.edu/ysp
- 10. Yellow Ribbon Suicide Prevention 303-429-3530, www.yellowribbon.org
- 11. National Mental Health Awareness Campaign 877-495-0009, www.nostigma.org
- 12. American Academy of Child & Adolescent Psychiatry 202-966-7300 www.aacap.org (To order "Fact for Families" pages)
- 13. A Cry for Help: How to help a friend who is depressed or suicidal video 800-451-5006, www.paracletepress.com
- 14. Families for Depression Awareness, www.familyaware.org/coping_after_suicide.php>
- 15. SOS (Signs of Suicide) video from National Depression Screening Day 781-239-0071 www.mentalhealthscreening.org