



EDMOND HIGH SCHOOL

WEEKLY STUDENT BULLETIN

April 30, 2021

## LWSD UPDATES



**Attestation: Update to Process for Completing Daily Digital Attestation through Skyward Family/Student Access for In-Person Secondary (Middle School/High School) Students**

All in-person students must complete a health check each day to attest that they have no symptoms of COVID-19 or close contacts with people who have tested positive for COVID-19. **In-person students: please complete the in-person attestation even if you are not planning on attending school that day.** There is no requirement to attest on Wednesdays.

For more information about the digital attestation process, please visit the [Attestation – Secondary page on the LWSD website.](#)

**Upcoming Deadline for Changes to Learning Models – All Grades**

May 5 will be the last day for families to request a change in their child's learning model (remote to in-person or in-person to remote) for the 2020-21 school year. Should a family have an exceptional situation arise, that family should contact the school principal.

**Local Covid-19 Testing Resources:**

- **Evergreen Urgent Care (Redmond - Bella Bottega)**  
8980 161st Avenue Northeast #320, Redmond, WA 98052

Redmond: 425-883-3333  
Insurance: [Most Major Health Plans](#)

<https://www.evergreenhealth.com/urgent-care-redmond>

- **Swedish Urgent Care (Union Hill Road)**  
18100 NE Union Hill Road, Redmond, WA 98052  
Redmond: 425-498-2165  
Insurance: [Most Major Health Plans](#)

<https://www.swedish.org/locations/urgent-care-redmond>

- **MultiCare Health System**  
Location: Indigo Urgent Care Kirkland  
12423 TOTEM LAKE BLVD NE, Kirkland, 98034  
425 406-5458

<https://www.indigourgentcare.com/covid-test>

- **Bellevue College (Partner: International Community Health Services)**  
[2645 145th Ave SE, Bellevue, WA, 98007](#)  
Phone: (206) 477-3977  
Available, Mon-Sat, 9:00am-5:00pm  
Insurance: **Not Required, FREE testing**

To make a reservation:

<https://www.ichs.com/free-covid-19-testing/>

- **Seattle Covid Area Network – SCAN**  
Free testing – Delivered to and picked up from your home  
Register at the following website for more information

[Seattle Coronavirus Assessment Network Study](#)

## FOR IN-PERSON STUDENTS

# Attestation at RHS

***Before school Attestation*** - Students who complete the attestation at home through Skyward do not also need to fill out a paper form. Students need to show the green checkmark on their phone as they enter the school. If students are unable to complete the Attestation online, then they will fill out a paper

copy and bring it to school. Blank copies are available at school. All students will have their temperature checked upon entering.

**Late arrival Attestation** - Students should enter through the main entrance and show a staff member the green checkmark on their phone from completing attestation online through Skyward. If attestation was not completed online, fill out the paper attestation form. Blank copies are available at school. All students will have their temperature checked upon entering.

**For more information** please refer to the district email sent to LWSD families on April 15 titled, "*Pathway Forward - Instructions for Completing Daily Digital Attestation through Skyward Family/Student Access.*"

[Click here](#) for *Pathway Forward* information on the LWSD website.  
[Updated Attestation form - Revised April 2021](#)

## NEWS FOR SENIORS

**CLASS**  
*of*  
**2021**

**Graduation date:** Thursday, June 10th at T-Mobile Park, 9 am.

**CANCELLED:** Senior Cap & Gown Pickup on Monday, May 3.  
*This event will be rescheduled.*

### **Tryouts for graduation**

**Class of 2021!** You are invited to tryout to be a **speaker or performer** during the graduation ceremony at T-Mobile Park this year. This is an opportunity to address your class and community from the field at one of the nicest stadiums in the U.S. **Deadline is May 14.**

Use [THIS LINK](#) to submit your entry for speaker or national anthem performer. A panel of RHS staff members will choose the winners and both the speaker and singer can collaborate with the panel to come up with an impactful, memorable performance. If you have any questions email Mr. Hosford at [ahosford@LWSD.org](mailto:ahosford@LWSD.org) for additional details.

**Awards listed in Commencement program:** If your senior is receiving an award, honors, or scholarship to an institution (that they will be attending) and you would like it printed in the graduation commencement program, please submit a copy to Cheryl Ferry ([cferry@lwsd.org](mailto:cferry@lwsd.org)) by **May 17**.

**Senior T-Shirts & Yard Signs** - Thanks to the 277 seniors who were able to swing through RHS last Friday to pick up their free t-shirt and yard sign! If you have not gotten yours, please see Mr. DiNello in room C106 or email [jdinello@lwsd.org](mailto:jdinello@lwsd.org). You will also have the opportunity to pick them up along with your cap & gown. Date to be determined.

**Cap & Gown orders due**

Here is the [link to the RHS order page](#).

Be sure and fill out the information on the contact card. Once you submit your contact card, you will be directed to the National Achiever/Herff Jones ordering website to order your cap and gown.

*Cap & Gown Questions?* Call National Achiever/Herff Jones at 425-357-1338. Or email [support@nationalachiever.com](mailto:support@nationalachiever.com)

If students cannot afford their gowns please reach out to Mrs. Zambrowsky-Huls for assistance through *RHS Help*.

## DESTINATION DRESS DAY



**Seniors:** On Monday, May 3rd, come to school wearing gear showcasing your after high school plans---college, trade school, military, etc.

## NOMINATE NOW!



**New:** If you know of a Redmond High School student who is accomplishing some amazing things outside of school, nominate them in the form below and the Leadership 2 class may interview them to be part of the **Humans of RHS** series!

*Note:* only Redmond High School students should be nominating their peers. [Forms for nominating](#)

## TECH UPDATE

### RHS Library- Parent Page

**Check it out!** A new way for parents to get information about tech help, library services, and school-parent partnerships.  
[RHS Library- Parent Page](#)

## FINAL SALES WINDOW

2020-2021  
**Yearbook**

**Opening May 10:** The final sales window for yearbooks opening soon!

A reminder that the **LAST and FINAL** Yearbook window will be open **May 10 - June 1**. Please be sure and purchase as soon as the window opens as we have a limited supply of Yearbooks. Our Yearbook window may close early if we sell out of our Yearbook supply.

**Cost is \$65 per Yearbook.** Yearbooks may be purchased online through your student's account, or in person with cash or check at the bookkeeper's office. Checks should be made out to RHS.

## JUNIOR CLASS COOKBOOK



**Do you have a homemade dish or treat that always leaves people begging for the recipe?** The class of 2022 is creating a quarantine cookbook which will include student/parent, teacher, and faculty recipe submissions! We want the cookbook to be full of tried-and-true recipes from all the cultures that RHS encompasses. The complete copy will be available for purchase!

**Although to make this a reality, we need your recipe submissions and support!** Please submit your recipes through the form: [bit.ly/RHScookbook](https://bit.ly/RHScookbook)  
Or, click [here](#) for the flyer and QR code.

## SCIENCE OLYMPIAD NEWS



***Congratulations!*** Two teams competed virtually on **April 17th** and **April 24th** at the **Science Olympiad State Tournament** in 15 different science-

related events, with Team Green finishing in 7th place and Gold in 11th overall!

### **Congratulations to our top 10 placers:**

**Deblina Pal / Rachel Kurapati** - 1st (Geologic Mapping)  
**Jaisal Vohra / Pratyush Kore** - 3rd (Geologic Mapping)  
**Deblina Pal / Medha Venkatapathy** - 2nd (Dynamic Planet)  
**Vihan Dalvi / Sanjay Rajesh** - 8th (Dynamic Planet)  
**Nisha Shastry/Kriti Sharma /Neha Venkatesh** - 3rd (Experimental Design)  
**Dhyana Magesh /Pratyush Kore/Nanda Junu** - 10th (Experimental Design)  
**Krish Jain / Ronak Jaisalmeria** - 4th (Anatomy)  
**Sanjali Vuriti / Rachel Kurapati / Krish Jain** - 5th (Codebusters)  
**Krithi Iyer / Shruti Badrish / Sydney Huang** - 6th (Codebusters)  
**Hannah John / Sanjali Vuriti** - 6th (Forensics)  
**Shruthi Badhrish / Krithi Iyer** - 8th (Forensics)  
**Kriti Sharma / Nisha Shastry** - 4th (Gravity Vehicle)  
**Neha Venkatesh / Kriti Sharma** - 5th (Write It CAD It)  
**Sanjay Rajesh / Vihan Dalvi** - 5th (Water Quality)  
**Pratyush Kore / Dhyana Magesh** - 4th (Fossils)  
**Neha Venkatesh / Nisha Shastry** - 9th (Fossils)  
**Medha Venkatapathy / Aryan Kondapally** - 7th (Circuit Lab)  
**Sydney Huang / Krithi Iyer** - 5th (Ornithology)  
**Conan Lu / Oumsri Priya** - 10th (Ornithology)  
**Sanjali Vuriti / Hannah John** - 9th (Chem Lab)  
**Conan Lu / Hannah John** - 7th (Disease Detectives)  
**Prithivi Srinivasan / Oumsri Priya** - 10th (Water Quality)  
**Nanda Junu / Krithi Iyer** - 9th (Designer Genes)  
**Sanjay Rajesh / Vihan Dalvi** - 8th (Digital Structures)  
**Pratyush Kore / Shruti Badrish** - 10th (Code Analysis)  
**Dhruv Darbha / Jaisal Vohra** - 10th (Machines)

## **AMERICAN MATHEMATICS COMPETITION**



***Congratulations!*** In early February, students at RHS participated in the AMC (American Mathematics Competition), a worldwide competition taken by 300,000 students in about 6000 schools. The following students excelled in the AMC competition and scored in the top 5% and therefore qualified for the American Invitational Mathematics Examination (AIME) which took place in Mid-March: **Aadit Ambadkar, Nishita Bhakar, Conor Kennedy, Medha**

**Venkatapathy, Aaron Gao, Krish Jain, Arnav Narula, Joseph Kaim, Grace Tan, Nimeesh Mahajan and Christopher Wang.**

The top scoring AMC 12 and AIME participants were invited to take the USAMO (United States of America Mathematical Olympiad) on April 13th and 14th. We would like to congratulate **Conor Kennedy and Wilson Liu** for being two of the three students in LWSD who qualified for USAMO. That is a remarkable accomplishment!

## STUDENT PARKING



**Students:** To park in the school lot you must have a valid RHS student parking decal.

### **Parking Permits:**

Sophomores (and Juniors and Seniors who didn't make an earlier request) can request a parking permit application by completing [this Microsoft Form](#). If there is space available, you will receive an Adobe Sign parking permit application via email to complete. Upon completion you will be able to pick up a parking decal from Mr. Martin during lunch, after showing a valid driver's license. Parking spaces are distributed on a first come, first served basis.

## RETURN TO SCHOOL UPDATE FROM COUNSELORS



**Although some RHS counselors are back in the building, we are only able to meet with students in person for crisis and emergency situations.** Why? Students that elected to come on campus will spend their



time on campus attending synchronous, in-person classes. Our priority is to meet with students during asynchronous time so students do not miss valuable class instruction or work time. In addition, our office space is tight and having safe, individual meetings with students will need to happen in one designated conference room.

**Can my student still meet with their counselor?** YES! Counselors are available for meetings with students and families via Teams. We are available during asynchronous time, 1:00-3:00 on Monday, Tuesday, Thursday, and Friday, and 8:00-12:00 on Wednesday. Please visit the RHS website and navigate to the Counseling tab to access the link to our Bookings page. Have a question? Feel free to email your counselor and we can help you out.

## MESSAGE FROM EVERGREEN HEALTH



With all the changes happening, many of us are experiencing more stress than usual. Whether you are back to school in person or staying remote, please know that there are resources available to help with the transition.

If you want to vent, talk through a problem, learn about a resource, or need ongoing support for emotional and mental health – contact EvergreenHealth social worker, Julie, at [c-jgeorge@lwsd.org](mailto:c-jgeorge@lwsd.org).

We are also offering virtual support groups this Spring. If you prefer to join an in-person support group, let Julie know and we will form a group, following all the COVID guidelines.

Here is the list of Spring Groups:

### ***Student Support Group***

This past year has been extremely difficult during this pandemic: isolating at home, social distancing, and not being able to go to school. Some students plan to return to the building and others plan to stay home. Regardless, this transition is difficult and students, more than ever, are experiencing increased levels of stress, anxiety, depression, and isolation. Join us virtually on Wednesday afternoons to connect with fellow students for some extra support. We will talk about struggles and successes and get some ideas for how to cope with isolation, the pandemic, lack of motivation, stress, and anxiety. Group will be tailored to student interests based on attendees.

When: Wednesdays from 2-3pm

Audience: Open group for all RHS students [Click here to join the meeting](#)

### ***Parenting Support: As We Transition Back to School***

The COVID pandemic has created many challenges and unforeseen obstacles for parents. This is an opportunity for parents and guardians to vent and talk about frustration and worry, as students transition back to in-person learning or whether they remain at home. This drop-in group will provide parents with an opportunity to discuss parenting tips and to share your successes and struggles in a supportive environment with other parents.

When: Tuesdays from 6-7pm

Audience: Open for parents/guardians of students at LWSD high schools [Click here to join the meeting](#)

### ***LWSD Staff and Teacher Support Group***

During these unprecedented times of COVID, remote learning/education, and now with the transition to in-person learning, people are experiencing increased levels of stress, anxiety, depression, and isolation. Come join fellow school staff to vent and share ideas about how you are coping (or not!) at this time. This is an informal, conversational drop-in group.

When: Wednesdays from 9-10am

Audience: All staff/teachers from LWSD who work at Eastlake, Juanita, Lake WA, and Redmond high schools [Click here to join the meeting](#)

## **PTSA ANNUAL RECOGNITION AWARDS**



### **IT'S TIME FOR RECOGNITION!**

**Question:** What do the Oscars, Grammy's, and ESPY's have in common with RHS PTSA?

**Answer:** Recognizing the best efforts of those dedicated to making a difference.

RHS PTSA acknowledges students, staff, and volunteers with annual awards in the following categories:

**Golden Mustang**

**Golden Acorn**

**Outstanding Educator**

**Outstanding Advocate**

**Outstanding Student Advocate**

**Honorary Life Membership**

Nominations are now open! Now more than ever, we are seeking nominations from the RHS community. You know who has made a difference in your education, your community, and has brought about memorable significance this year. Please use the form to submit your nominations to the awards committee no later than May 14th. **Winners will be announced at the general PTSA meeting on Wednesday, June 9th at 6pm.**

[Please use this form to submit your nominations](#)

## RHS LITERARY MAGAZINE



**Deadline Extended:** The Mustang Review Vol. 3, Redmond's Literary Magazine! Whether it is a poem or a memoir, we can have it showcased inside! Everyone is limited to **one entry**. Click [here](#) to enter, and feel free to contact [s-nshastry@lwsd.org](mailto:s-nshastry@lwsd.org) for any further questions!

**NOTE: This opportunity is different from the Creative Writing Contest.** Participants of the contest are permitted to submit the same or new pieces to the literary magazine.

Submit [here](#)

Limit: **5 pages per entry**

Deadline: **05/13/21**

Contact: [s-nshastry@lwsd.org](mailto:s-nshastry@lwsd.org)

## PLAYGROUNDS, TRACKS, FIELDS, COURTS



**Reminder:** LWSD fields remain closed during the school day for community use - playgrounds, tennis courts and tracks are open to public on evenings and weekends.

- All LWSD playgrounds, tracks and tennis courts are closed to the public during the school day from 7:30 am - 4:00 pm and open for weekend and evening use. School campuses are closed during the school day.
- As a reminder, large, organized activities are not allowed.
- No dogs are allowed on district property between 7 a.m. and 4 p.m. on any school day, except for bona fide service dogs.
- No dogs are permitted in district athletic stadiums at any time, except for bona fide service dogs.
- At all other times, dogs must be leashed and controlled by owners. Owners must clean up after their dogs and remove waste from district premises.

**Please note:** The public is not allowed to be on athletic facilities when RHS sports practices are in session, or outside organizations are renting the fields. Stadiums – fields and ball fields with synthetic turf opened in January. We will update our communities as more of our facilities open to the public. Thank you for your cooperation in helping to slow the transmission of COVID-19.

## 2020-2021 ATHLETIC SCHEDULE

### Sports Registration

**Open Now: Registration for Spring  
Season 3: May 3 - June 12 (Spring)**

- SEASON 3: Baseball, Fastpitch, Girls Golf, Boys Soccer, Girls Tennis, Track & Field, Badminton.

**As these are unique season dates please know that:**

- Seasons will be shortened to accommodate all sports
- Student/athletes will practice and compete during our scheduled school breaks.

Registration for ALL SPORTS now available through [FinalForms](#) beginning February 10.

## COUNSELING NEWS



***Want to make an appointment?*** RHS counselors want to let you know that **our appointment book is now up and running**. Need to talk to your counselor? Book a virtual appointment with your counselor! The process is all online and very simple.

- Go to our website, [RHS Counseling Center](#)
- Click on the BOOK HERE link at the top of the page, right hand side
- Find your counselor, fill in the questions, make an appointment that is convenient for you.

All meetings will be conducted through Microsoft Teams. Once you make an appointment, you will get an email invite for the meeting with the appropriate link to the Teams meeting. Questions? Reach out to your counselor.

**Kimberly Herring (A—Ch')**

[kiherring@lwsd.org](mailto:kiherring@lwsd.org)

**Lindsey Hanson (Cha—Fot)**

[lihanson@lwsd.org](mailto:lihanson@lwsd.org)

**Sarah Gray (Fou—Jo)**

[sgray@lwsd.org](mailto:sgray@lwsd.org)

**Molly Schwarz (Ju—Ku)**

[mschwarz@lwsd.org](mailto:mschwarz@lwsd.org)

**Katie Bunyard (Kw—Mane)**

[kbunyard@lwsd.org](mailto:kbunyard@lwsd.org)

**Ellen Zambrowsky-Huls (Mani—Pre)**

[ezambrowsky-huls@lwsd.org](mailto:ezambrowsky-huls@lwsd.org)

**Derik Detweiler (Pri—Step)** January—June sub for Justine Oshiro

[ddetweiler@lwsd.org](mailto:ddetweiler@lwsd.org)

**Alisa Zemke (Ster—Z)**

[azemke@lwsd.org](mailto:azemke@lwsd.org)

## RHS CALENDAR

# Coming Up....

**May 1:** Deadline for Destination Day videos

**May 3:** *Cancelled:* Cap & Gown pickup day. TBD.

**May 3:** Seniors: Destination Dress Day

**May 3:** Season 3 sports beginning

**May 5:** Deadline for changing student learning model (online or remote)

**May 10:** Yearbook sales open

**May 14:** Deadline for Commencement speaker or performer applications

**May 15:** Deadline for Creative Writing Club submission

**May 17:** Deadline for awards listed in the Commencement program

**May 31:** No school - Memorial Day



***New time slot:*** For hardware issues, the library is now open from 1pm - 3pm, Monday through Friday. For in-person tech help, use the driveway east of the main entrance labeled *Deliveries and Staff Only*. Park your car next to the sign for the library, wear a mask, and walk up to the back door of the library.

***For software issues,*** students should contact [ftaccess@lwsd.org](mailto:ftaccess@lwsd.org) or phone 425-936-1322 for the Family Technology Access support line. This line includes automated call back and/or automated VM options as well as language interpretive services during our 7am - 7pm support 7 days a week.

**If students forget their computer password** – go to the RHS Library Teams page or email the library at [Library-RHS@lwsd.org](mailto:Library-RHS@lwsd.org)

**If students forget their Skyward password** – go to Skyward and click on “Forgot Password”

**For help with parent access to district tools** – Email [parentquestions@lwsd.org](mailto:parentquestions@lwsd.org)

**COLLEGE & CAREER CENTER**



**Our *Live Wednesday Series* is returning! Just click on the links below to join any session!**

**Wednesday May 5th**

[How to Connect with Colleges](#)

[10:30am](#)

[How College Decisions are Made](#)

[12p](#)

[How to Write the College Essay](#)

[1:30pm](#)

**Wednesday May 12th**

[Military – Washington National Guard & US Army Reserve](#)

[10:30](#)

[Military – US Air & Space Forces & US Marines](#)

[12pm](#)

**Need \$\$ to offset tuition costs? Apply for these LOCAL**

**scholarships!!!** Go to the [SENIORS: RHS – TEAMS College and Career Center - co2021](#) Scholarship Channel to access. A few select, local

opportunities can be found in "Post", while all others will be listed on the Weekly Scholarship Bulletin, updated on Fridays. As always, please reach out if you have questions. We are here to help!

**NEW – Bio-Rad Scholarship** – Application link on the TEAMS co2021 scholarship channel – \$2 x \$1,000 – deadline 5/1/2021

**Redmond Rotary "Service Above Self" General Scholarship** – Application on the TEAMS co2021 scholarship channel – \$4,000 – deadline 5/11/2021, 1 pm

**EXTENDED -- Redmond Region Orchestra Boosters** – Application on the TEAMS co2021 scholarship channel – \$1,000 – deadline **5/14/2021**

## RHS QUICK LINKS

**Did you miss something important?**

Previous newsletters are on the [RHS website](#)

**Useful links for RHS students and parents:**

[RHS website](#)

[RHS Athletics Final Forms](#)

[RHS College & Career Center](#)

[RHS Library - Mr. Lawson's top books of 2020](#) (student access)

[https://youtu.be/LMIBEm\\_Ryvl](https://youtu.be/LMIBEm_Ryvl) (parents access)

[RHS Counseling appointments](#)

[RHS Student Instagram](#)

[RHS Clubs](#)

[LWSD website](#)

[LWSD Communications](#) (newsletter for families)

[PTSA website](#)



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