



STUDENT: _____

DOB: _____ GRADE/YEAR: _____

DIAGNOSIS/CONDITION: ASTHMA

Severity of Asthma:

___ Mild Intermittent ___ Mild Persistent ___ Moderate Persistent ___ Severe Persistent

Allergies: _____

Asthma Action Plan: Yes No

Contact Name and Email Address	Relationship	Work Phone	Home Phone	Cell Phone

History: _____

Medications

Name	Dose	Time	School	Home

Triggers: (Check if applicable)

___ Illness ___ Stress ___ Cold Air ___ Smoke ___ Dust
 ___ Exercise ___ Allergies ___ Perfumes ___ Animals
 ___ Other(list) _____

Types of Limitations/Modifications:

Field Trip Plan:

EMERGENCY PLAN OF CARE:

SIGNS OF EMERGENCY: Continued or severe difficulty breathing, difficulty talking or unable to say a full sentence without taking a breath, blue or gray discoloration of lips or fingernails.

EMERGENCY PLAN OF ACTION: Call 911 and parent/guardian(s) if no improvement in conditions after 5 minutes of intervention.

Call parent/guardian(s) if student has a persistent cough that is not relieved by use of treatments available.

Notify office when 911 is called

Health Care Provider: _____ **Clinic:** _____ **Phone:** _____

Hospital of Choice: _____

NURSING DIAGNOSIS	GOALS								
<p>1. Potential for less than optimal school achievement due to asthma episodes</p> <p>2. Potential for alteration in respiratory function.</p> <p>3.</p> <p>Parent/Guardian(s): _____</p> <p>_____</p> <p>Health Office Staff: _____</p> <p>_____</p>	<p>To participate in regular school/class activities with modifications made as necessary.</p> <p>Increase knowledge and/or skills related to asthma to maintain near normal pulmonary function.</p> <table><tr><td>Plan initiated</td><td>Plan reviewed/Updated</td></tr><tr><td>Date: _____</td><td>Date: _____</td></tr><tr><td></td><td>Date: _____</td></tr><tr><td></td><td>Date: _____</td></tr></table>	Plan initiated	Plan reviewed/Updated	Date: _____	Date: _____		Date: _____		Date: _____
Plan initiated	Plan reviewed/Updated								
Date: _____	Date: _____								
	Date: _____								
	Date: _____								

Please contact the Licensed School Nurse if you have questions regarding this health plan or if you would like to meet to discuss other accommodations that may be needed.

I give permission for the Health Office Staff to consult (both verbally and in writing) with the above named student's physician/licensed prescriber regarding any questions that arise with regard to the medical condition and/or medication(s)/treatment(s)/procedure(s) being used to treat the condition.

***Co-curricular and Extra-curricular Activities:** If your child is involved in co-curricular/extra-curricular or other school sponsored activities or programs that take place outside of the school day, please contact the program coordinator or coach to discuss accommodations that may be needed as it relates to your child's medical condition. Please provide needed emergency medications directly to the before and/or after school programs.

LSN signature _____ Date copy sent to Parent/Guardian(s) _____