



### **HEALTH SERVICES COVID-19 PROTOCOLS (effective 6/1/21)**

Your child's safety is our top priority. Informed by CDC guidelines, as well as state and local health officials, the following protocols will be practiced throughout the 2021 summer season. With the rate of vaccinations increasing in our area and the community and campus spread lowering, we feel that we are headed in the right direction. Should the rate of COVID-19 begin to increase on campus or should community spread increase to a substantial level again, we are prepared to make changes to these protocols to ensure the health and safety of our community.

Our licensed medical professionals will be on site daily monitoring the health and safety of all Xplore summer participants and staff while working closely with the Tarrant County Health Department. All Xplore staff, instructors, and volunteers will participate in health and safety training education specific to COVID-19 and other health and safety precautions prior to the start of Xplore Summer at TVS. This includes, but is not limited to hand hygiene, distancing, cleaning procedures, and allergy awareness.

Please review the CDC's guidelines regarding individuals who are at higher risk for severe illness and discuss with your primary care physician if you have questions or concerns about your child. Contact our TVS medical team to discuss your child's situation.

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>

#### **Contact information for TVS medical team:**

Ben Timson - [timsonb@trinityvalleyschool.org](mailto:timsonb@trinityvalleyschool.org), (817) 321-0156

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#### **Arrival and Dismissal Procedures:**

- Trinity Valley School does not conduct daily temperature checks or screenings on Xplore participants, staff, or volunteers. **In keeping with best practices, families and staff should assess health on a daily basis, prior to arrival at Xplore. Participants, staff, and volunteers should remain at home if they are displaying any signs or symptoms of ANY ILLNESS.** Your collaboration with this personal/family check-in procedure to ensure health and safety on campus.
- Parents and non-Xplore participants are required to remain in their vehicle during drop-off and pick-up program times. Our efforts continue to focus on reducing the risk and spread of COVID-19, and therefore everyone arriving on campus must go through the carpool lines. Until further notice, only participants, staff, and volunteers will be permitted outside of cars while on campus.



### **Masks:**

- **Masks will be OPTIONAL for all Xplore summer programming** on the Trinity Valley School (TVS) campus.
- Any Xplore participant, instructor, or volunteer who wishes to wear a mask on campus should feel comfortable doing so.
- Any participant who chooses to wear a mask is responsible for providing his/her own mask(s). Proper wearing of the mask ensures that it covers the nose and mouth.

### **Hand Hygiene Procedures:**

- All participants, staff, and volunteers are required to wash hands or use hand sanitizer upon arrival at TVS.
- Throughout the duration of each day, we will remind participants about safe hand hygiene practices. There will be required hand hygiene intervals via handwashing and hand sanitizer. These include, but are not limited to:
  - Daily arrival to and dismissal from campus
  - Prior to eating (lunch and/or snack)
  - Following lunch or snacks
  - After using the restroom
  - After sneezing or if using a tissue to blow their nose
  - Before and after playing outside or activities

### **Room Capacities and Distancing:**

- Classroom capacities will be closely monitored and aligned with safety measures per the CDC guidelines.
- Classrooms and other camp spaces on campus have been measured to determine the number of participants that can be in the space while maintaining distance requirements.
- While participants are on campus, we will practice distancing between 3-6 feet, depending on program activities.

### **Lunch and Snack Procedures:**

- All participants will wash hands prior to lunch.
- Some participants will eat lunch in the classroom where their morning camp occurred. If eating in the classroom, their desks are sanitized prior to eating.
- Some participants will eat lunch in the Main Dining Hall on campus.



- While eating lunch or snacks, participants are spaced according to recommended distancing of 6 feet or more.
- Weather permitting, small cohort groups lunching together will be encouraged to eat outdoors.
- Participants are reminded not to share any part of their lunch or snacks with others.
- Following both lunch and snacks, participants wash their hands or use hand sanitizer.

**Outdoor Procedures:**

- While participants are outside during the camp/class day for activities or play, they are reminded of distancing and wash hands upon re-entering the building.

**Facility Policies and Procedures:**

- All classrooms and high-touch surfaces will be cleaned and disinfected on a daily basis.
- Toys, teaching aids, and shared equipment will be routinely cleaned and disinfected.
- All restrooms will be cleaned and disinfected on a regular basis.
- All participants must bring their own personal labeled water bottle. Water fountains are not available at this time; however, there are bottle-filling stations available.

**Transportation Procedures:**

- Select summer programs may include an off-site field trip pending the health and safety of all Xplore participants, staff, and volunteers in relationship to the field trip location.
- If bus transportation is used, we will practice 50% capacity on buses. One participant per seat will be practiced.

**COVID-19 Symptoms, Positive Cases, and Return to Xplore:**

Symptoms of COVID-19 may develop within 2-14 days after exposure to the virus and may include the following:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Headache
- Sore throat
- Muscle pain
- Chills
- New loss of smell or taste
- Nausea, vomiting, or diarrhea



### Sick Procedures:

- If your child is showing signs or symptoms of any kind of illness and you send him or her to Xplore, this can result in exposure to staff and other participants' families which could be fatal. **PLEASE DO NOT SEND YOUR CHILD TO XPLORE SUMMER AT TVS IF HE OR SHE DISPLAYS ANY SIGNS OR SYMPTOMS OF ANY ILLNESS. CONTINUE TO MONITOR AT HOME.**
- If your child is experiencing any symptoms of COVID-19, we recommend that you contact your pediatrician and follow CDC and local health department guidelines regarding self-quarantine for the student AND any siblings.
- If your child gets sick while at Xplore or simply is not feeling well, he or she will be escorted to the nurse's office to be assessed by one of our medical professionals.
- If your child develops ANY COVID-19 symptoms while at Xplore (example: even a headache, sore throat, cough), you will be notified and asked to pick up your child immediately. If you are not able to arrive within an hour of the call, please be sure you have someone that is available to pick up your child. A member of the TVS medical team will walk your child to the pickup circle and will wait with him/her until you arrive.
- If your child is sent home due to symptoms and is not evaluated by a physician, you will need to contact the TVS medical team prior to return to Xplore for clearance.
- If your child is not evaluated by a physician and continues to have any symptoms of COVID-19, he or she will need to remain at home and follow the CDC isolation/quarantine guidelines.
- If your child is being tested for COVID-19 and/or has symptoms, please contact Ben Timson, COVID-19 Coordinator. We will request a follow up with the results in order to move forward with contact tracing and the proper disinfection procedures. The same practices will be followed for Xplore staff and volunteers.
- Any form of positive test (molecular or antigen) will result in a minimum 10-day isolation period from Xplore. Individuals will not be able to test out of isolation or quarantine by producing a negative test prior to the end of the required isolation or quarantine period. Should there be conflicting test results, TVS will err on the side of caution and treat the case as positive for COVID-19.
- If your child routinely experiences chronic issues (e.g., headaches or allergy symptoms), expect increased communication from the TVS medical team as we determine how to most effectively differentiate these issues from COVID-19 symptoms. We will assume symptoms are indicative of COVID-19 until determined otherwise. We ask for your cooperation as we navigate this.

### Isolation Procedures:

- Xplore participants, staff, or volunteers presenting with signs and symptoms of COVID-19 will be referred to the TVS medical team for evaluation. Participants and staff that either test positive or are



suspected to be COVID-19 positive, will be sent home and required to enter isolation until the following three criteria have been met:

- 10 days have passed since the onset of symptoms or date of positive test,
  - Symptom severity has improved over time,
  - 24 hours fever free without the use of fever reducing medication.
- Following isolation of a suspected COVID-19 case, the student and/or staff with COVID-like symptoms may be approved to return to Xplore should they obtain a negative COVID-19 PCR test result, or receive an alternate diagnosis from an appropriately licensed medical provider (i.e. strep, allergic rhinitis). The decision to remove someone from isolation early will be determined on a case by case basis.

#### **Quarantine Procedures:**

- In accordance with updated guidelines from both the CDC and Tarrant County Health Department, effective 3/19/21, all Xplore participants and staff members identified as close contacts of a COVID-19 positive individual will be required to enter a 10-day quarantine period at home. Quarantine can end at the completion of day 10 without testing as long as no symptoms developed during daily monitoring throughout the quarantine period.
- Close contacts are defined as a person who has physical contact or is within 6 feet of a COVID-19 positive individual during their infectious period (48 hours prior to the onset of symptoms or date of positive test and 10 days afterwards) for a cumulative total of 15 minutes or more during a 24 hour period. This policy will apply to both masked and unmasked interactions. Decisions to quarantine are made following guidance and recommendations from the CDC and local health authorities.
- Per the Tarrant County Health Department, staff and volunteers that wear a mask and an additional piece of PPE (wrap around eye protection, face shield, additional mask) while interacting with individuals inside the classroom will not be considered close contacts in the event of an exposure.
- Individuals who are within 90 days of a confirmed positive COVID-19 infection themselves, will not be required to quarantine when deemed a close contact. A screenshot of the positive test result and date must be submitted to a member of the health and wellness team for review.
- Close contacts will not be required to enter quarantine until a positive COVID-19 test result has been confirmed (Per Tarrant County Health Department).
- Close contacts of symptomatic or suspected COVID-19 positive individuals should continue to closely monitor for signs and symptoms and practice social distancing and mask guidelines in quarantine while awaiting test results.
- Xplore participants and staff will receive email notification of the return to programs/work timeline as well as information on how to effectively isolate and quarantine in the home.



### **Vaccinated Participants/Staff:**

- Xplore participants and staff are considered fully vaccinated > 2 weeks following receipt of either the second dose in a 2 dose series or the first dose in a single-dose vaccine.
- When identified as a close contact, fully vaccinated individuals will be exempt from quarantine under the following conditions:
  - Individual is within 3 months of the receipt of the last vaccine dose in a series, and the individual has remained symptom free since the current COVID exposure.
  - Fully vaccinated individuals will continue to follow current policies and procedures outlined within this document, including all distancing requirements.

### **Return to Xplore:**

- Please review and follow the CDC's Return to School information here: **When You Can be Around Others After You Had or Likely Had COVID-19**
- If your child is given an alternative diagnosis (examples: strep throat, pink eye, flu, ear infections, etc), please send a note from your physician to the TVS medical team for clearance to return to Xplore.
- Participants' parents and staff members will receive follow-up phone calls at the midpoint and end of the isolation and quarantine periods (days 5 and 10). Calls are made to monitor the presence/absence of signs and symptoms of COVID-19, confirm testing results, and verify a return to Xplore date. All participants must be cleared by a member of the TVS medical team prior to returning to Xplore.

### **Family Commitment:**

We understand that you are entrusting us with your child. TVS continues to focus on the goal of providing in-person Xplore camps and classes as safely as possible. We are committed to working hard in the coming weeks and months, and we ask that you also commit to the role that your family plays in making Xplore Summer at TVS the safest experience for everyone. The safety of your children and TVS employees depends on practicing good safety and health protocols off campus as well, so we ask you to heed the measures below to help keep everyone safe and healthy.

It is important to note that if your child is showing signs or symptoms of any kind of illness and you send him/her to Xplore, this can result in exposure to staff, other participants, and their families which could be fatal.

- **PLEASE DO NOT SEND YOUR CHILD TO XPLORE PROGRAMS IF HE OR SHE DISPLAYS ANY SIGNS OR SYMPTOMS OF ANY ILLNESS. CONTINUE TO MONITOR AT HOME AND CONSULT WITH YOUR PEDIATRICIAN.**



- **Please check your child’s temperature at home before coming to campus.** If your child has a temperature of 100.0 or higher, STAY HOME and contact your pediatrician’s office for further instructions.
- If your child seems “off” and is not eating or drinking as he/she normally does prior to coming to campus, he/she may be getting sick. STAY HOME and continue to monitor his/her condition.
- Please do not give your child fever-reducing medications prior to attending Xplore. If he/she has a headache, sore throat, or other symptoms, please KEEP HIM/HER HOME and continue to monitor. Medications such as Tylenol (Acetaminophen) and Advil/Motrin (ibuprofen) will mask a fever and could result in exposing others to COVID-19 or other illnesses.
- If your child has vomited or had diarrhea within 24 hours of attending Xplore (no matter what you may think the cause could be), KEEP HIM/HER HOME. These are also symptoms of COVID-19. Please contact your pediatrician to discuss further and to clear your child to return to Xplore. The child may not return to campus until it has been 24 hours since his/her last episode of vomiting or diarrhea.
- If a family member in your household is diagnosed with COVID-19 or awaiting results of testing, YOUR CHILD WILL NEED TO STAY HOME and follow the recommended quarantine guidelines by the CDC and local health officials.
- If your child is sick and unable to attend Xplore, please contact Xplore Director Nicole Forbes (817-321-0203 or [forbesn@trinityvalleyschool.org](mailto:forbesn@trinityvalleyschool.org)) and a member of the TVS medical team will follow up with you to discuss further.

**For further questions or clarification regarding existing policies, please contact Ben Timson, COVID-19 Coordinator at (817) 321-0122 or [timsonb@trinityvalleyschool.org](mailto:timsonb@trinityvalleyschool.org).**