



2020-21
ATHLETICS & ACTIVITIES
HANDBOOK

DISCOVER OPPORTUNITIES

Dear Parents/Guardians and Students,

All of us at Burnsville High School want students to feel connected to our school community and find ways to be involved. This booklet lists and describes the amazing variety of athletic teams, activities and clubs offered to students. There are so many opportunities! Take advantage of them. Try something new this year.

We know that students benefit in many ways from participation in athletics and activities. They learn teamwork, commitment and discipline. They gain confidence, make friends, acquire skills and contribute to their community. Students discover future careers and lifelong interests through their involvement. Most importantly, they learn so much about themselves.

As with all opportunities also come responsibilities. Please review information on eligibility, requirements and other regulations.

Have a great school year,

Guillaume Paek
Director of Athletics

Jay Lepper
Associate Principal (Activities)

Purpose Statement

The purpose of the Burnsville High School Athletics & Activities Department is to develop a program that strives for students to: have balance between competitiveness, enjoyment, and fulfillment; display excellence on the field, in the classroom, and in all personal relationships; and have courage to step out of their comfort zones in a safe environment to better themselves in all aspects of their lives and to make good decisions.

All athletics and many activities have fees associated with them. However, students who qualify for free or reduced lunch are automatically eligible for a reduction in participation fees. If any family, regardless of free or reduced lunch status, needs additional assistance, please contact Athletics Director Guillaume Paek at gpaek@isd191.org or (952) 707-2111 or Associate Principal overseeing Activities Jay Lepper at jlepper@isd191.org or (952) 707-2340. No student will ever be denied participation in athletics or activities due to financial hardship.

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ENRICHMENT OPPORTUNITIES: SCHOOL SPONSORED CLUBS AND ACTIVITIES

Academic Quiz Bowl

Fee: \$40

Open to all students, this activity competes against other metro area teams. Students quickly answer general knowledge questions at South Suburban and Quiz Bowl League tournaments from November to March.

Contact: Les Moffitt.lmoiffitt@isd191.org

Bowls for BrainPower

This is a joint project of ISD 191 Community Education, the BHS Art Department, and the BHS Youth Service Program to raise funds for BrainPower in a Backpack. Activities include making ceramic soup bowls, teaching others, and hosting a meal for this hunger cause.

Contact: BHS Art Departmentrkegley@isd191.org

BrainPower in a Backpack

BrainPower in a Backpack is a community service project of the BHS Youth Service Program that provides weekend food for elementary school children in need. Volunteer activities include collecting food items, raising funds, shopping, and packing backpacks every Thursday.

Contact: Pam Voigt.pvoigt@isd191.org

Chess Team

Fee: \$45

The chess team competes in Minnesota State Chess Association tournaments, South Suburban Conference tournaments, and several special tournaments. A letter may be earned by attendance and performance at practices and league play. Team and individual awards may be earned from league competition and special tournaments.

Contact: Community Education and Eric Bellericbell79@yahoo.com

Class Officers - Seniors

Junior and senior class officers are elected positions. Each class selects approximately six class officers each year. Students who apply must have at least 2.0 grade point average and be on track for graduation. Junior class officers are primarily responsible for the junior-senior prom. Senior class officers are responsible for senior class meetings, foreign exchange events, and other senior class activities including the senior carnival and graduation. Senior class officers will also be in charge of future reunions for their class. All money raised by the students stays with their class for planning their five year reunion.

Contact: Dave Helkedhelke@isd191.org

Competitive Speech

Fee: \$45

In this exciting activity, students will first explore and then select one of 13 possible competition categories that offer a wide range of interests as well as varying levels of time commitments. The categories include Creative Expression, Discussion, Dramatic Duo (done with a partner), Extemporaneous Reading, Extemporaneous Speaking, Great Speeches, Humorous Interpretation, Informative Speaking, Original Oratory, Serious Drama Interpretation, Serious Prose, Serious Poetry Interpretation, and Storytelling. Individual practice times are set up by coach and student allowing for flexibility and greater student success. You may earn a letter by competing in at least 5 meets and accumulating 25 hours of practice time. Speech practices begin in December and meets begin the last week of January and continue each Saturday through the second or third week of April. Competitive Speech is a great way to improve speaking skills that will endure for a lifetime.

Contact: Katherine Riderkatherinerider@gmail.com

Debate

Team Fee: \$35

Members of the Debate Team compete on intramural and interscholastic levels to learn advanced methods of organized argumentation on highly controversial issues. (An activity particularly worthwhile for students planning on becoming lawyers)

Contact: Derek Tano.dtano@isd191.org

DECA

Fee: \$110

DECA is the leadership network that prepares students for careers in marketing, entrepreneurship, hospitality, business management, and finance. Through real-world experiences and classroom curriculum, DECA gives students a competitive edge for college and career success.

Contact: Jena Splettstoesserjsplettstoesser@isd191.org

Drumline (Winter)

Fee: \$55

The drumline is for all band students to enrich their band experience. Large and small group instruction on percussion instruments will be the focus as participants develop a performance for competition in Minnesota Percussion Association (MPA) events. Students are expected to participate in weekly practice sessions and any scheduled events. Students (7-12) currently enrolled in the District 191 Instrumental Music Program are eligible to participate. Eight band letter points are awarded for each season of participation.

Contact: Paul Connell.pconnell@isd191.org

FIRST Robotics Competition (FRC)

Fee: \$50

Blaze Robotics, Team 3184, is comprised of high school students in good academic standing from grades 9 through 12. The team is supported by high school staff members and adult mentors from corporate sponsors and the community. This is a year-round program which includes a six-week "build season" to design, build and program a competition robot. Each spring, the team competes with the robot at regional competitions around the country, as well as at a championship event. There are many aspects to the program including Java Programming and CAD Design, photography and videography, marketing, communications, electronics, engineering design and build, social media, and much more! Snacks are provided.

Contact: Blaze Robotics/Sean Lenhardt team3184@gmail.com

FIRST Tech Challenge (FTC)

Fee: \$50

The Burnsville FIRST Tech Challenge (FTC) is a robotics competition open to students interested in STEM in grades 7-12. Teams of 8 students design, build, and control competition robots for each season. No previous experience in robotics is necessary. Robots are created using Android phones and Tetrix parts (www.tetrixrobotics.com).

The season runs from early September through February, with regional competitions in the Midwest, and the FTC World Championship in late April in Detroit, Michigan. See www.firstinspires.org/robotics/ftc for program and game description.

Contact: David Peters. ftcburnsville@gmail.com

Future Teachers of America (FTA)

FTA is a student organization encouraging students to pursue post-secondary education in the field of education with a focus on urban learners in an urban, suburban and/or rural setting/environment through events, field trips, guest speakers and other hands-on experiences.

Contact: David McDevitt pmcdevitt@isd191.org

Marching Band

Fee: \$55

The Marching Band is responsible for supplying music and generating enthusiasm at fall sporting events and school assemblies. The band consists of a wind section (woodwind and brass) and percussion (drumline). Admission to scheduled events is free for Marching Band members. The group rehearses two or three times per week, beginning with a mini-camp experience at BHS in August. Students (9-12) currently enrolled in the District 191 Instrumental Music Program are eligible to participate. Eight band letter points are awarded for each season of participation.

Contact: Keith French. kfrench@isd191.org

Math League

Fee: \$45

The Math League Team stimulates interest and learning of mathematics and trains members for competitive participation in the Minnesota High School Mathematics League (MHSML). The MHSML gives awards to the top teams, the top individuals, and to the top student on each team. Attendance and performances at practices and meets may earn a letter. Extra credit may be earned for participation in math league which consists of an increase in one grade increment in your math course. (For example, an increase from a B+ to an A- or an increase from A- to an A, etc.) If students already have an A in their math courses at the time of the final exam, they shall be exempt from taking a final. This grade increment can be earned first semester or second semester or both semesters. The following requirements must be met in order to qualify for this extra credit:

First semester:

- Compete in at least five of the six Math League competitions
- Accumulate 18 points in the six competitions
- Participate in all practices and meetings
- Sign up and pay for the AMC test
- Second semester:
- Compete in at least four of the five Math League competitions
- Accumulate 15 points in the five competitions
- Participate in all practices and meeting
- Take the AMC test

*A student will not receive more than one increment bump per course per semester. In other words, if you qualify for an increment bump in two ways, such as in math league and in perfect attendance, you would only get an increase of one increment.

Contact: Chuck Croatt. ccroatt@isd191.org

Mock Trial

Fee: \$45

The Minnesota High School Mock Trial Program is an exciting law-related education program that introduces students to the American legal system and provides a challenging opportunity for personal growth and achievement. Students will exercise their critical thinking and teamwork skills, as well as the basic skills learned in the classroom.

Contact: Advisor TBD

National Honor Society (NHS)

The National Honor Society is an organization for top-ranking juniors and seniors. BHS students are considered for entry into NHS if they have earned enough credits to be a junior or senior and have at least a 3.6 cumulative Grade Point Average (GPA) for those students who qualify for dual ranking. For those students who do not qualify for dual ranking, the minimum GPA is 3.8. Students who are eligible academically are contacted prior to the start of fall semester. NHS membership is also based on character, leadership, and service. Students must complete and return an informational sheet demonstrating those qualities for review. The faculty council then determines membership. Once students are part of NHS, they must continue to meet the academic, leadership, character, and service standards. Students who take courses under the Pass/Fail option are not eligible for National Honor Society membership. Transfer students must meet all requirements and have attended BHS at least one full semester to qualify for NHS.

Contacts: Lori Vanderwoude. lvanderwoude@isd191.org
Marylou Dundon. mdundon@isd191.org

Pep Band

The Pep Band is responsible for supplying music and generating enthusiasm at winter season athletic events and school assemblies. Admission to scheduled events is free for members. The season begins in late November and runs through March. Members should expect to perform at no more than two events per week. Students in grades 9-12 currently enrolled in the District 191 Instrumental Music Program are eligible to participate. Eight band letter points are awarded for each season of participation.

Contact: Keith French. kfrench@isd191.org

Physics Club

This is an after-school activity for people interested in hand-on science and engineering. Learn about radioactivity, weather balloons, Rube Goldberg machines, magnets, electronics, and exotic materials such as liquid Nitrogen and superconductors. Physics Club also participates in regional science activities and competitions.

Contact: Jon Huber. jahuber@isd191.org

PROUD

PROUD (People Respecting Others and Understanding Differences) is the gay/straight alliance at BHS. PROUD's mission is to create a safe and welcoming environment for all staff and students at BHS through education and raising awareness of LGBT issues (Lesbian, Gay, Bisexual and Transgender) that affect students and their families. All students are welcomed at PROUD.

Contact: Rebecca Akerson. rakerson@isd191.org

Science Club

Science Club gives students an opportunity to hear scientific-career speakers and scientific-research presentations. Field trips and social events are also a part of club activities.

Contact: Mike Huemoeller.mhuemoeller@isd191.org

Science Fair

Students have opportunities to conduct independent research and compete at the Regional Science and Engineering Fair. Students may move on to the Minnesota Academy of Science State Fair and the International Science and Engineering Fair. Students may enter their projects in the prestigious Intel Science Talent Search. Research papers may also progress onto the Tri-State and National Junior Science and Humanities Symposium.

Contact: Mike Huemoeller.mhuemoeller@isd191.org

Science Quiz Bowl

Fee: \$45

Teams of five students comprise the Burnsville Science Quiz Bowl. Teams compete at Macalester College and may qualify to compete at the National Science Quiz Bowl. Students are selected for their ability to answer questions in the areas of chemistry, biology, physics, earth science, current events and computer science.

Contact: Mike Huemoeller.mhuemoeller@isd191.org

Singers and Swingers

Singers and Swingers, run through the ISD 191 Community Education Department, are a group of male and female students interested in swing dancing. The group practices at Nicollet Middle School and performs at various functions and events throughout the year.

Contact: Community Education and Bekah Gudim bagudim@gmail.com

Student Council

The Student Council is the governing organization of the student body. Students interested in membership on the Student Council must complete an application each spring with the student council advisor. Selections are made by the senior council members and student council advisor each spring. All elected members form next school year’s Student Council. Student Council is involved with organizing Homecoming, Relay for Life, leadership conferences, International Dance, Minneapolis Miracle project, Snow Week and the All District 9th Grade Dance. Numerous activities occur during the school year that require student action, participation and/or representation.

Contact: Mark Riggs.mriggs@isd191.org

Theatre Guild

Fee: Varies

This organization is open to all students at the high school level who have an interest in the entire theatrical experience from ushering to acting, designing to directing and lights to sound. Student managers are selected each year to oversee areas of production and performance. The guild is involved in musicals, full-length plays, one-act competition, student-directed plays, Class Acts and many other activities. Points are earned and applied toward lettering in drama. Each production has an activity fee associated with it. Musical, full-length plays and SHOWcase are \$75 while all one-acts are \$55 each. There is no maximum fee associated with the Theatre Guild productions.

Productions for the 2020-21 school year will be:

- Fall musical (directed by Amy Stead)
- One-act competition (directed by TBD)
- Spring musical (directed by Amy Stead)
- Winter full-length play (directed by Erika Sasseville)

Contact: Amy Stead. astead@isd191.org

Volleyball (Male Club)

Fee: TBD

Burnsville Blaze Boys Volleyball is open to boys in grades 7-12 interested in competing in the sport of volleyball. The Blaze compete in the Minnesota Boys High School Volleyball Association. The Blaze will compete in their first season in the Spring of 2021. Teams available will be Varsity, JV, and JV2.

Contact: Josh Wastvedt. bhsblazevball@gmail.com

Writing Center

The Writing Center provides peer tutors who can help students with any writing assignments. Tutors can help with generating ideas, organizing layout, finding and citing evidence and using grammar correctly. The Writing Center meets in half hour sessions before or after school.

Contact: Marie Hansen. mchansen@isd191.org

Yearbook

The student based staff prepares the yearbook for publication each year by working during study hall, after school, and sometimes weekends and breaks. There are many opportunities available for dedicated students in areas such as art, photography, sports, copywriting, sales and a deeper involvement in student life.

Contact: Anne Staum. astaum@isd191.org
Allison Millea. amillea@isd191.org

Youth in Government

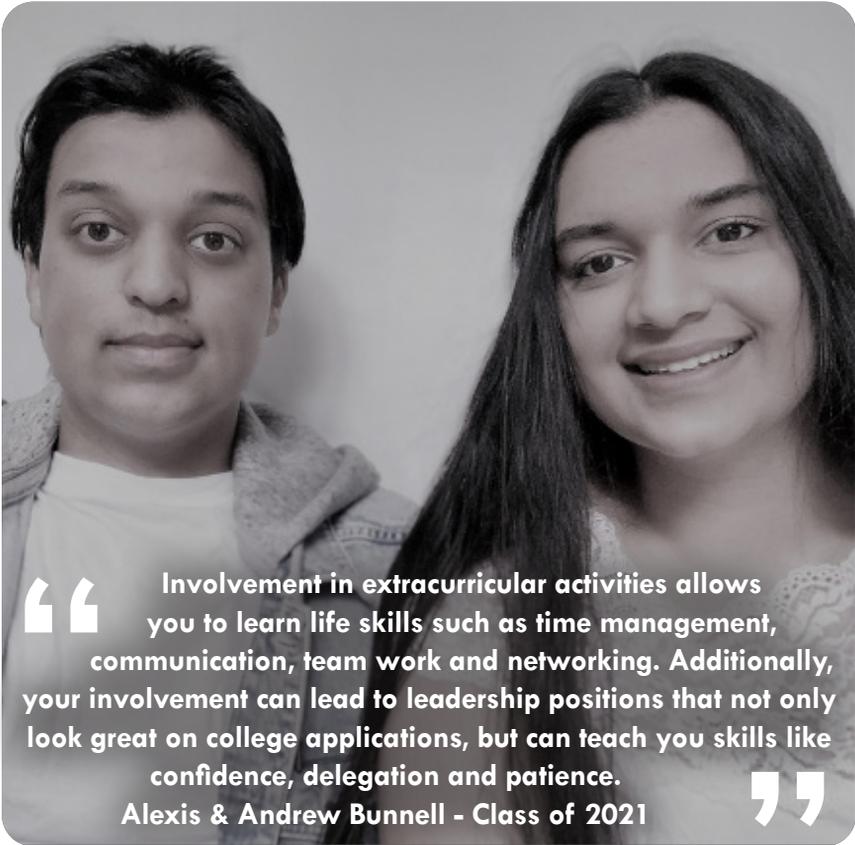
Minnesota YMCA Youth in Government is an experiential learning activity for students interested in public issues. This program gives students the opportunity to research, study and debate public issues. Participants will gain an understanding of the political system by taking part in model government experiences. No prior experience is necessary. There is a fee through the YMCA for this activity.

Youth Services

The Youth Service Program connects students with volunteer opportunities in schools and community. Students can give their time on a regular basis (weekly or other) or volunteer for one-time events on their own schedule. A list of opportunities is posted at www.isd191.org/bhs/youthservice.

Contact: Courtnee Floback-Jackson.cfloback@isd191.org

PLEASE NOTE: Fees have been applied to some activities and are subject to change based on ISD 191 School Board approval.



ENRICHMENT OPPORTUNITIES: STUDENT-INTEREST CLUBS AND ACTIVITIES

At our schools, we want all students to feel connected to our school community and find ways to be involved. We provide co-curricular and extra-curricular activities in academics, arts and athletics, and we also allow the use of School District facilities and resources for student-interest clubs and activities which are not School District sponsored, pursuant to Policy 801 - Equal Access to School Facilities. These clubs and activities provide students with additional opportunities to extend their learning, develop and demonstrate leadership, impact their school and community, expand their social network, and grow to be supported cognitively, emotionally and socially. The District proposes using its high school guidelines in the middle school environment for student clubs and activities under Policy 801 – Equal Access to School Facilities.

Starting and Chartering

1. A student-interest club or activity may have access to school facilities for meetings during non-instructional time, subject to available space and the availability of staff supervision.
2. A student-interest club or activity must complete an application for use of school district facilities and comply with other requirements under the Equal Access to School Facilities Policy.
3. The student-interest club or activity will be listed in the handbook and on the website as a student-initiated club, which is not sponsored by the School District.

Announcements and Postings

1. The club will be able to announce their meeting date, time and location using the student announcements, with prior approval of the sponsor and school administration.
2. The club will be able to put a maximum of 10 posters/flyers no larger than 8½ X 14 in the hallways, foyers and cafeteria areas of the school with prior approval of the sponsor and stamped by the school administration. The School District will reserve the right to change the designated location for posters/flyers.

Current Student-Interest Clubs and Activities

Anime Club

This club is for students who are interested in all aspects of Anime including creating, drawing, watching, collecting and more.

Contact: Jef Winterlin.jwinterlin@isd191.org

Black Student Union (BSU)

The Black Student Union is a student-driven club that strives to promote cultural unity and creates a safe place for African-American students, as well as spreading unity among students of other cultures at Burnsville High School.

Contact: Niaka Dunbar.ndunbar@isd191.org

Book Club

The BHS Book Club is a student-driven organization that discusses all types of literature. Students choose the books to read and meet 3-4 times during the school year to have a meaningful discussion about the book. Like all book clubs, there are usually refreshments and snacks.

Contact: Gloria Webber. gwebber@isd191.org

#BurnsvilleStrong

The purpose of the #BurnsvilleStrong organization is to unify, strengthen and inspire our community as well as others. The group works on planning retreats and other positive/inspirational initiatives for the student body and community as a whole.

Contact: Jen Waller. jwaller@isd191.org
Marie Hansen. mchansen@isd191.org

Craft Club

Craft Club is a student-led activity for students to gather to do crafts. Leaders pick out the designs or projects and club members work on these projects.

Contact: TBD

Culinary Club

This is an activity for students that are interested in cooking and the culinary arts. The culinary club engages in activities exploring cooking, cultures around food, and the hospitality industry. Students may participate in industry visits, cooking competition, and networking activities.

Contact: Matt Deutsch. mdeutsch@isd191.org

Disc Golf

The Environmental Club is involved in getting students more involved in and educated about environmental issues. This is a student-led activity so the issues acted upon and addressed are decided by the students.

Contact: Andrew Gehrke. agehrke@isd191.org

Environmental Club

This is an activity for students who enjoy playing Disc Golf and want to improve their skills.

Contact: Lori Douglas. ldouglas@isd191.org

Fellowship of Christian Athletes (FCA)

FCA is a student-run club that encourages students in their Christian faith and involves them in fellowship with other athletes and BHS students. Every student is invited whether or not they are involved in athletics.

Contact: Sue Stachowski. sstachowski@isd191.org

Fishing Club

This club is designed for students interested in fishing. Potential fishing excursions to area lakes and rivers may occur.

Contact: **Advisor TBD**

Futsal

This club meets throughout the year to play futsal in the auxiliary gym.

Contact: **Bill Englehardt**. **wenglehardt@isd191.org**

Gaming Club

This club allows students to compete in video gaming competition with peers and online in competitions with students from other schools. Students do not need prior programming knowledge to be a part of the club. This club is for students who love to create and play games. We will use different software as well as share some of your favorite games to play. This club meets throughout the school year.

Contact: **Cynthia Drahos**. **cdrahos@isd191.org**

Giving Garden Club

This club works in conjunction with 360 Communities. Students will work in the winter to develop garden plans and grow starter plants. In the growing season, members will plant and maintain a garden on the BHS campus, with all of the vegetables going to support the 360 Communities food shelf or the BHS cafeteria.

Contact: **Matt Deutsch** **mdeutsch@isd191.org**
Lori Douglas. **ldouglas@isd191.org**

Improv Club

This club practices the art of improvisation while on stage. Situations are given to students who then act out a sequence of events.

Contact: **Amy Stead**. **astead@isd191.org**

Job Shadowing Club

High school students often struggle with choosing a field to commit to as a lifelong career. This club will allow them to get an idea of how certain professions feel and operate at the local level.

Contact: **Marcia Sexton**. **msexton@isd191.org**

Knitting Club

This club is a student-led activity that promotes knitting. The club meets weekly with students working individually on knitting projects. No previous knitting experience necessary as others will help those students new to the art of knitting.

Contact: **Kendra Vogt**. **kvogt@isd191.org**
Kim Harrod. **kharrod@isd191.org**

Muslim Student Association

This is a student organization devoted to strengthening the Muslim community through service and activism. The goal of this group is to educate both Muslims and people of other faiths about the religion of Islam and facilitate a better environment for students on campus.

Contact: Abdullahi Omar. anomar@isd191.org

Philosophy Club

This group meets most weeks to tackle burning philosophical issues. All curious minds are welcome to join the discussions.

Contact: Bill Engelhardt wengelhardt@isd191.org

Spike Ball Club

If you are interested in playing a fun game and getting some exercise while meeting new friends, then spike ball is for you. Spike ball is a combination of four square and volleyball with a round net the size of a hoola hoop placed on the ground.

Contact: Brad Fendler. bradleyfendler@gmail.com

Stock Market/Investment Club

Are you ready to learn about stocks and compete against hundreds of other students from across Minnesota? Join the club and start purchasing \$100,000 in stocks from companies you will learn about or you may already know. It's fun and hands-on. Students can create their own teams. Offered two times during the school year in September and January.

Contact: Cynthia Drahos. cdrahos@isd191.org

Technology Club

If you have a passion/interest for new technologies, readiness for knowledge sharing, and desire to expand your social sphere, then this club is for you. Explore technology and gain hands-on experience while having fun.

Contact: Cynthia Drahos. cdrahos@isd191.org

WE Day

This organization is dedicated to creating and nurturing awareness and involvement in the community and the world.

Contact: David McDevitt. pmcdevitt@isd191.org

Women in Engineering

This organization's purpose is to inform high school females about engineering opportunities and to spark an interest in female engineers.

Contact: Liz Davidson. edavidson@isd191.org

Young Life

Young Life provides a fun and safe place for students to be together and talk about their lives and faith. Everyone is invited to Young Life.

Contact: Brad Fendler. bradleyfendler@gmail.com

“ “ Students extend their learning, and often apply what they’ve learned in the classroom, by participating in activities and/or athletics. ” ”
- Advisor

ENRICHMENT OPPORTUNITIES: OUTSIDE CLUBS AND ORGANIZATIONS

The following clubs and organizations are not sponsored by District 191 but have worked closely to form partnerships with the Burnsville High School Activities Department. A Burnsville High School varsity letter can be earned through some of these clubs and activities. Please see Mr. Paek, athletics director, or Mrs. Riggs, athletics and activity secretary, if interested in joining any of these clubs or organizations.

- **Blackdog Swim Club**
- **Bowling Team**
- **Burnsville Athletic Club**
- **Burnsville Bruisers Rugby Team**
- **BV United Soccer Club**
- **Burnsville Hockey Club**
- **Burnsville Trapshooting Team**
- **Minnesota Valley Figure Skating Club**
- **Mountain Biking Club**
- **Sparks Wrestling Club**
- **Various gymnastics gyms throughout the district**

ENRICHMENT OPPORTUNITIES: ATHLETICS

| SEASON | BOYS | FEE | GIRLS | FEE |
|---------------|----------------------------------|-------|----------------------------------|-------|
| FALL | Cross Country Running (9th-12th) | \$175 | Cross Country Running (9th-12th) | \$175 |
| | Football (9th-12th) | \$215 | Adapted Soccer (7th-12th) | \$175 |
| | Adapted Soccer (7th-12th) | \$175 | Soccer (9th- 12th) | \$205 |
| | Soccer (9th-12th) | \$205 | Swimming (7th-12th) | \$215 |
| | | | Volleyball (7th-12th) | \$205 |
| | | | Performance Dance (8th-12th) | \$175 |
| | | | Cheerleaders (7th-12th) | \$140 |
| | | | Tennis (9th-12th) | \$175 |
| WINTER | Basketball (9th-12th) | \$205 | Basketball (9th-12th) | \$205 |
| | Adapted Hockey (7th-12th) | \$175 | Adapted Hockey (7th-12th) | \$175 |
| | Hockey (9th-12th) | \$215 | Hockey (7th-12th) | \$215 |
| | Alpine Skiing (7th-12th) | \$0* | Alpine Skiing (7th-12th) | \$0* |
| | Nordic Skiing (7th-12th) | \$205 | Nordic Skiing (7th-12th) | \$205 |
| | Swimming (7th-12th) | \$215 | Dance Team (7th-12th) | \$175 |
| | Wrestling (7th-12th) | \$205 | Olympic Weightlifting (7th-12th) | \$150 |
| | Olympic Weightlifting (7th-12th) | \$150 | | |
| SPRING | Baseball (9th-12th) | \$205 | Softball (7th-12th) | \$205 |
| | Golf (7th-12th) | \$0** | Golf (7th-12th) | \$0** |
| | Tennis (9th-12th) | \$175 | Badminton (7th-12th) | \$150 |
| | Track and Field (9th- 12th) | \$205 | Track and Field (9th-12th) | \$205 |
| | Adapted Softball (7th-12th) | \$175 | Adapted Softball (7th-12th) | \$175 |
| | Lacrosse (9th-12th) | \$215 | Lacrosse (7th-12th) | \$215 |
| | | | | |

**Alpine Ski does not have a participation fee; however, athletes will cover cost of hill passes for the season and all other expenses. **Golf does not have a participation fee; however, athletes will cover costs for greens fees and driving range and all other expenses.*



Activities and athletics round out and expand the high school experience for students. I highly recommend that every student get involved in at least one club, activity or team.

- Coach



Athletics Contact Information

| Sport | Coach | Phone | Email |
|----------------------------|----------------------------|--------------|---------------------------------|
| Adapted Floor Hockey, CI | w/Lakeville & Farmington | 952-707-3523 | rejohnson@isd191.org |
| Adapted Floor Hockey, PI | w/Lakeville & Farmington | 952-707-3523 | rejohnson@isd191.org |
| Adapted Soccer, CI | w/Lakeville & Farmington | 952-707-3523 | rejohnson@isd191.org |
| Adapted Soccer, PI | w/Lakeville & Farmington | 952-707-3523 | rejohnson@isd191.org |
| Adapted Softball, CI | w/Lakeville & Farmington | 952-707-3523 | rejohnson@isd191.org |
| Adapted Softball, PI | w/Lakeville & Farmington | 952-707-3523 | rejohnson@isd191.org |
| Alpine Skiing, Boys | Tim Bocklund | 952-303-3558 | tab@pennycycle.com |
| Alpine Skiing, Girls | Tim Bocklund | 952-303-3558 | tab@pennycycle.com |
| Badminton, Girls | Anthony Nguyen | 952-666-0812 | nguyena51990@gmail.com |
| Baseball | Mick Scholl | 952-707-2526 | mscholl@isd191.org |
| Basketball, Boys | Rob Mestas | 651-341-0883 | robmestas1@outlook.com |
| Basketball, Girls | Maurice Hodges | 952-486-1683 | maurice_hodges_sr@yahoo.com |
| Cheerleading (Competitive) | Alison Morris | 952-913-3192 | morrisa7081@my.uwstout.edu |
| Cross Country Run, Boys | Jeff Webber | 952-707-2911 | jwebber@isd191.org |
| Cross Country Run, Girls | Charlie Burnham | 651-955-7559 | cburnham@isd191.org |
| Dance Team, Girls J/F | Megan Thomas Jen Waller | 952-707-2244 | winterblazettecoaches@gmail.com |
| Dance Team, Girls H/P | Megan Thomas Jen Waller | 952-707-2244 | winterblazettecoaches@gmail.com |
| Dance Team, Girls Fall | Jessie Mosley | 952-707-2439 | jemosley@isd191.org |
| Football | Vince Varpness | 952-707-2124 | vvarpness@isd191.org |
| Golf, Boys | Larry Opatz | 952-707-3627 | lopatz@isd191.org |
| Golf, Girls | Lori VanderWoude | 952-707-2264 | lvanderwoude@isd191.org |
| Hockey, Boys | Steve Beaulieu | 952-992-0900 | sitdeer@hotmail.com |
| Hockey, Girls | Chris Lepper | 651-485-5795 | chris@edvisisonsoffcampus.org |
| Lacrosse, Boys | Nick Roffers | 952-220-8205 | roffe015@comcast.net |
| Lacrosse, Girls | Karissa Thomson | 763-381-9218 | kthomson01@hamline.edu |
| Nordic Ski Racing, Boys | TBD | TBD | TBD |
| Nordic Ski Racing, Girls | TBD | TBD | TBD |
| Soccer, Boys | Brian Nacey | 952-261-5927 | brian.nacey@gmail.com |
| Soccer, Girls | John Soderholm | 952-707-2417 | jsoderholm@isd191.org |
| Softball, Girls | Eric Reuss | 651-332-4884 | ereuss@isd191.org |
| Swimming & Diving, Boys | Paul Tierney | 612-202-8141 | ptierney260@gmail.com |
| Swimming & Diving, Girls | Kim Harrod | 952-707-2258 | kharrod@isd191.org |
| Tennis, Boys | Ryan Haddorff | 612-743-3213 | rhaddorff@yahoo.com |
| Tennis, Girls | Ryan Haddorff | 612-743-3213 | rhaddorff@yahoo.com |
| Track & Field, Boys | Pete Feig | 952-707-2246 | pfeig@isd191.org |
| Track & Field, Girls | Jef Winterlin | 712-251-9710 | jwinterlin@isd191.org |
| Volleyball, Girls | Josh Wastvedt | 701-430-3619 | jwastvedt15@gmail.com |
| Olympic Weightlifting | Justin Lerfald | 507-744-4656 | jlerfald@isd191.org |
| Wrestling | Bill Soderholm | 952-707-2686 | bsoderholm@isd191.org |

STUDENT CO-CURRICULAR ELIGIBILITY

Burnsville-Eagan-Savage School District 191 encourages students to participate in co-curricular activities because of the tremendous benefits. However, it is the philosophy of the district that student participation is a privilege rather than a right. Therefore, students who participate in athletics and activities must demonstrate high standards of behavior and academic achievement. The decisions students make, both in and outside of school, should reflect the ideals, beliefs, and standards of their organization, school, and community. The eligibility requirements apply when students are participating as members or in groups during practices, games, activities, competitions, on trips, and at any other time that the students are representing District 191 whether at school or outside of school. Students must follow eligibility rules as well as any guidelines established by the activity and athletic director and/or coaches in all cases. Failure to do so may result in the consequences described here.

Eligibility Requirements

To participate in co-curricular programs, students must follow all policies of the district and their schools, rules of the Minnesota State High School League (MSHSL) and applicable law. In addition, the following specific requirements apply:

Academic Eligibility:

A 7-12 student-athlete or activity participant who receives mid-quarter or quarter grades of "F" in a class will be placed on academic probation. The student will remain on academic probation until the student attains a grade of at least a D- in all classes. A student on academic probation may be ineligible to participate in competitions/performances, but may continue to participate in practices, scrimmages and team/club meetings.

In addition, to maintain academic eligibility a student must be making adequate progress toward graduation as defined by Burnsville-Eagan-Savage School District 191. A student is progressing adequately toward graduation if the student has accumulated the following credits prior to the beginning of the subsequent semester:

| | 9th Grade | 10th Grade | 11th Grade | 12th Grade |
|-------------------|-----------|------------|------------|------------|
| Semester 1 | Freshman | 9 Credits | 19 Credits | 31 Credits |
| Semester 2 | 4 Credits | 14 Credits | 25 Credits | 38 Credits |

Please note, that the current eligibility structure is being examined this school year, 2020-2021. There may be changes to the eligibility requirements effective for the 2021-2022 school year. These changes will be communicated prior to the 2nd semester of the 2020-2021 school year.

School Attendance (Board Policy 503.II.D.1-6)

Participation in Extracurricular Activities & School-Sponsored On-the-Job Training Programs

(1) This policy applies to all students involved in any extracurricular activity scheduled either during or outside the school day and any school-sponsored on-the-job training programs. (2) School-initiated absences will be accepted and participation permitted. (3) A student may not participate in any activity or program if he or she has an unexcused absence from any class during the day. (4) If a student is suspended from any class, he or she may not participate in any activity or program that day. (5) If a student is absent from school due to medical reasons, he or she must present a physician's statement or a statement from the student's parent or guardian clearing the student for participation that day. The note must be presented to the coach or advisor before the student participates in the activity or program. (6) Absences of one-half day or more, even if excused, prohibits students from participating that day in a Minnesota State High School League (MSHSL) competition. Certain exceptions, as outlined by MSHSL policy, are allowed at the school's discretion.

Student Code of Responsibilities:

As a student participating in my school's interscholastic activities, I understand and accept the following responsibilities:

- I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
- I will be fully responsible for my own actions and the consequences of my actions.
- I will respect the property of others.
- I will respect and obey the rules of my school and the laws of my community, state, and country.
- I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state, and country.

Violation of the Student Code of Responsibilities may result in a period of ineligibility as determined by the Principal. Students who are suspended or proposed for expulsion or exclusion will be deemed to violate the Student Code of Responsibilities and a consequence may be imposed by the Principal or a period of ineligibility. Where the student conduct is not covered by the MSHSL rules but violates District 191 and/or Burnsville High School rules governing student conduct, the Principal may determine that the student is ineligible to participate in co-curricular activities for a reasonable period of time. If the student conduct violates both MSHSL rules and District 191/Burnsville High School rules, the more severe penalty will be implemented.

Leadership Positions/Captains:

If a student serving as a captain of a team or leader of a co-curricular club/organization commits a MSHSL rule violation, the student forfeits his/her captaincy or leadership position for a period of one calendar year from the violation. Upon a second MSHSL rule violation during a student's high school career, the student will lose the opportunity for captaincy/leadership of any team or club for the remainder of the student's high school career.

Accommodations:

Students with documented disabilities who require accommodations should discuss the need for reasonable accommodations with the coach or person in charge of the activity as soon as possible. A request for an accommodation will not be retroactive except in the most unusual circumstances.

Appeals Process:

When a student is declared ineligible, the parent(s) or guardian(s) will be notified by telephone and/or mail. The student and his/her parent(s) or guardian(s) may request a conference with the athletic/activities director. At that time the period of ineligibility will be stated and the appeal process will be reviewed. A written request to the building Principal must be made within five (5) school days of the notification of ineligibility. During the appeal process, the student is ineligible to compete in extra-curricular activities. The student may continue to practice with the team during the appeal process.

The Appeals Committee, comprised of two to three teachers and the building Principal or designee, will hear the appeal and make a decision on the case. A written decision will be given to the parent/guardian within 10 school days.

BURNSVILLE HIGH SCHOOL ATHLETICS & ACTIVITIES

Department Mission Statement

Burnsville High School is committed to excellence in athletics and activities as part of a larger commitment to excellence in education. The guiding principle behind our vision with co-curricular participation is our belief in its educational value for our students. High school athletics promotes character traits of high value to personal development and success in later life. These include the drive to take one's talents to the highest level of performance; embracing the discipline needed to reach high standards; learning to work with others as a team in pursuit of a common goal; and adherence to codes of fairness and respect.

In addition, it is the mission of this department to create a Championship Culture of Success and Achievement for Burnsville. To do this we need to challenge all of our coaches on a daily basis to conduct themselves as champions. This conduct will be demonstrated and adhered to through our work habits and preparation, our words and manner of thinking, our communication and treatment of one another and in our expectations. We expect to be the very best at what we do. We will be the best we can every single day. All coaches and programs will PROMOTE other sports for our kids to do or compete in after they are finished with our season. We will encourage kids to be multiple sport athletes and actually teach the kids and parents why that is important. We will uplift other sports programs and coaches, not just tolerate them. We will continually promote the education of our coaches with new and verifiable recent research. We will expect and demand that all of our programs use a common language with regard to training for movement and strength and power development.

All programs will have our school's strength training and movement training as part of practice every week, both in season and off season. We will teach our student-athletes how to think and behave like champions. We will all be on the same page. We will strive to be champions in everything we do to make our program a Championship Burnsville Athletic Program, not an individual sport championship program, but rather, one in which we all work together to make the whole program of a championship caliber.



Future Ready. Community Strong.

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