



PONTIAC HIGH SCHOOL
1051 Arlene Street, Pontiac, Mi. 48340
Phone: (248) 451-7300
Kelley Williams, Superintendent
"Big Ideas that Drive Student Achievement"

"A World Class School District - We Put Students First"

To Our Phoenix Family,

I pray that you and your families are healthy, safe, and in great spirits. COVID-19 has shaken this nation up and taken us to a place we've never been before. Lives have been lost, families have been torn apart, education has been impacted, and unforgettable memories have been embedded in the hearts and minds of our students.

As a District, we understand this is a time where our students need us the most. Athletics play a pivotal role in the success of many of our students' education here at Pontiac High School and ITA. We truly consider ourselves family, so it's our civil duty to make sure we are a part of the healing process. We have vowed to make sure our student-athletes get the best support possible during this difficult time. As a department, we have created a plan that will prepare our student-athletes for the fall once they are able to return to school.

Off-Season plan goes as follow:

- *Coaches will issue individual weekly workouts to their players. (M-F)*
- *Players will submit video workouts to coaches (Twice a Week)*
- *Coaches will be mandated to stay in constant communication with their athletes for a wellness check*
- *Coaches will be making weekly academic checks and submitting names to the Athletic Director if they are in need of tutoring*
- *Athletic Director is requesting for coaches to provide names for any student-athlete that's in need of food, clothing, personal hygiene items*
- *Athletic Director will be conducting a meeting with all Fall Coaches and players via Zoom Conferencing (Football, Boys Soccer, Cross Country, Volleyball and Cheer)*
- *Athletic Director will be meeting with all coaches and senior athletes via Zoom Conferencing to discuss college and senior exiting*
- *Friday, April 24th (10:00 a.m.-12:00 p.m.) Athletic Department will be passing out basketballs and water bottles to help prepare for off-season workouts*
- *Athletic Director will be meeting weekly with coaches to continue to create strategies that will improve our student-athletes (academically, athletically, socially)*
- *Pontiac Athletic Information such as schedules, handbook, physical forms, etc. will be on the District Website, Facebook, and Twitter*

In closing, Phoenix Nation we have been knocked down, but we haven't been defeated. We can definitely "Rise Up" from this and be a better community together.

Thank you,

*Lee A. Montgomery, Jr.
District Athletic Director*