

WELCOME TO LOS ALAMITOS HIGH SCHOOL

LAHS Website: www.losal.org/lahs

<u>Dates to Remember</u>	<u>Counselor Contact Information</u>
Oak & McAuliffe Registration: April 26 & 27	(A-COI) Shelley Riekenberg ext. 82212 sriekenberg@losal.org
Registration Dates:	(COJ-GRE) Jodi Hutchinson ext. 82214 jhutchinson@losal.org
Freshman: August 10	(GRF-LEE) Gail Davenport ext. 82239 gdavenport@losal.org
Sophomore: August 9	(LEF-NT) Tina Heeren ext. 82213 theeren@losal.org
Junior: August 6	(NU-SHI) Matt Riehm ext. 82211 mriehm@losal.org
Senior: August 5	(SHJ-Z) Christy Ricks ext. 82210 cricks@losal.org
First Day of School: August 16	College & Career Marianne Schaeffer ext. 82240 mschaeffer@losal.org

COUNSELING SERVICES:

1. *Academic:* Individual high school and college academic advisement.
2. *Personal:* Counseling for personal problems and class behavioral issues.
3. *College & Career:* Assistance in planning for post-secondary options.

Counselors are available for students by email or in the office before/after school, nutrition, or lunch.

THREE KEYS TO SUCCESS (AHA):

Attendance:

1. Classroom attendance is mandatory and necessary for academic success.
2. Monitoring attendance – call Mrs. Tuliau (A-K) ext. 822221 and Mrs. Lopez (L-Z) ext. 82222.
3. Students/parents can email teachers to request work if the student is out for an illness.

Homework:

1. Basic Rule: Your student will have homework every night! Please arrange for this.
2. Monitor progress:
 - a. View current grades/attendance on **Aeries Gradebook (same account as your current)**
 - b. Official Progress Reports are posted on Aeries Gradebook after each six-week grading period, and all students will be sent a Progress Report.
 - c. Final Semester Grades are mailed home at the end of the semester (18 weeks).

Activities: GET CONNECTED!!

1. Encourage your student to become involved in school activities (i.e., clubs, athletics, performing groups, service organizations, etc.).
2. Volunteer work (community service) through charitable or service organizations is good for student's self-esteem and is looked upon favorably by colleges, but not a high school requirement.

THINGS TO NOTE:

1. See Curriculum Handbook for information on the following: Recognition at Graduation, College Admission Requirements (A-G Requirements), Course Descriptions, etc.
2. Any auto dialers or attendance calls will go to the number you list as the HOME PHONE. Please make sure this number is one that you regularly use.

ATTENDANCE

- A call from the Attendance Office notifying you of your son/daughter's absence should be taken seriously. Students should notify the Attendance Office if they believe an error has been made.
- Use **Aeries Gradebook** to check Attendance.

TEACHER COMMUNICATION

- **BACK-TO-SCHOOL NIGHT:** An important opportunity for parents to hear teachers provide information about the classroom expectations, workload, and instructions on how best to communicate with them.
- **E-MAIL:** Teachers have individual e-mail addresses which can be found online (www.losal.org) at the LAHS website in the Staff Directory.
- **WEBSITES:** Many teachers have websites where they regularly post assignments.
- **MINDER BINDERS:** The LAHS Minder Binder is a great tool to use to write down all of their assignments and test dates on a daily basis.

ADDITIONAL HELP

- **TEACHERS:** Many teachers are available to help their students before or after school, during nutrition, or during lunch.
- **GRIFFIN LAB:** TBA

College and Career Planning

- Students will receive access to a Naviance account. Naviance will help guide students/parents in planning for their college and career aspirations.
- A-G Requirements (CSU/UC Requirements)

UC / CSU 'a-g'					
UC/ CSU 'a-g' Minimum Eligibility Requirements					
		9 th	10 th	11 th	12 th
A	History/ Social Science (World History, US History)		X	X	
B	English 4 Years	X	X	X	X
C	Mathematics (Alg I, Geom, Alg II) 4 years recommended	X	X	X	X
D	Lab Science (Bio & Chm or Physics) 3 years recommended	X	X	X	
E	World Language (same language) 3 years recommended	X	X	X	
F	Visual Performing Arts (same course) 1 year	X	↔		X
G	College Prep Elective 1 year	X	↔		X