

Parenting Education Take Home Tip

Transition to Kindergarten-Development



OSSEO AREA SCHOOLS
Community Ed

Early Childhood & Family Education

Physical Development and Health

You Help Me Get Ready for Kindergarten When You ...

- Let me run, jump, climb and hop and throw, bounce, catch and kick a ball.
- Help me practice holding and using a pencil, marker, pen or crayon.
- Provide experiences to strengthen small muscles.
- Practice cutting with scissors.
- Let me explore art materials like crayons, pencils, paint and markers
- Teach me to dress (zip, button, snap), eat, use the toilet and wash my hands.
- Teach me to use the bathroom without help and to wash my hands after.

Math Skills

You Help Me Get Ready for Kindergarten When You ...

- Help me understand numbers and amounts.
- Sort objects by size, shape or color.
- Use words like big and little, more and less, first and last, full and empty.
- Look for and notice numbers and patterns around us.
- Count from 1 to 10, and backward from five.
- Play matching games with household items.
- Help me learn to listen to and repeat sound patterns.
- Talk about the order in which you do activities.
- Help me identify and name basic shapes.
- Find shapes in our home and community.

Language and Reading Skills

You Help Me Get Ready for Kindergarten When You ...

- Encourage my interest in books and listening to an adult read or tell stories.
- Read to me or tell me stories every day. Talk with me about the pictures and the stories.
- Let me hold the book, turn the pages and tell you the story.
- Ask me questions about what I think will happen in a story.
- Let me make my own storybook.
- Help me learn the names and sounds of letters. Help me copy or write my name.
- Point out letters and words to me when reading or when we are out in the community.
- Let me see you writing.
- Give me pencils, markers, paint, crayons and paper.
- Label items around the house, to help me connect names of things with words in print.
- Use new words every day when talking to me.

Personal and Social Development

You Help Me Get Ready for Kindergarten When You ...

- Show me how to follow simple, daily routines.
- Divide big tasks into smaller parts.
- Set a few clear rules and explain the reason for the limit.
- Encourage my interest in learning new things.
- Provide toys and household items that can be used in more than one way.
- Take me to the park, library, post office or grocery store.
- Encourage me to ask adults for help or give me words to help me problem.

These tips were prepared by [Think Small](#), using material from Saint Paul Public Schools and South Washington County Schools.

Adapted from:

<http://district279.org/component/content/article/211-communityeducation/child/225-transition-to-kindergarten>