

What's on the Menu?

Rochester Community Schools Elementary: Lunch Menu May 2021

A full student lunch includes a choice of entrée supplying protein and grain, 1/2 cup fruit, 1/2 cup of vegetable, and 1 % or skim white milk or 1% chocolate milk

	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
All meals are FREE through the end of the school year due to USDA waiver from COVID	Choice A Cheese Burger Choice B Muffin Fun Lunch	Choice A Grilled Cheese Sandwich Choice B Nacho Fun Lunch	Choice A Hot Dog on a Bun Choice B Cereal Fun Lunch	Choice A French Toast w/ Turkey Sausage Choice B Strawberry Parfait	No School
	10	11	12	13	14
	Choice A Chicken Patty Sandwich Choice B Muffin Fun Lunch	Choice A Cheese Quesadilla w/ Salsa Choice B Nacho Fun Lunch	Choice A Homemade Mac and Cheese Choice B Cereal Fun Lunch	Choice A Pancakes w/ Egg & Cheese Omelet Choice B Strawberry Parfait	Choice A Homemade Cheese Pizza Choice B Sunbutter and Jelly Sandwich with String Cheese
	17	18	19	20	21
We currently are not able to offer a la carte sales	Choice A Boscoss w/ Pizza Dipping Sauce Choice B Muffin Fun Lunch	Choice A French Bread Pizza Choice B Nacho Fun Lunch	Prize with Lunch! Choice A Turkey Corn Dog Choice B Cereal Fun Lunch	Choice A Waffles w/ Turkey Sausage Choice B Strawberry Parfait	Choice A Homemade Cheese Pizza Choice B Sunbutter and Jelly Sandwich with String Cheese
	24	25	26	27	28
	Choice A Cheese Pizza Crunchers Choice B Muffin Fun Lunch	Choice A Chicken Nuggets Choice B Nacho Fun Lunch	Choice A Cheese Lasagna Roll Up Choice B Cereal Fun Lunch	Choice A Waffles w/ Turkey Sausage Choice B Strawberry Parfait	Choice A Homemade Cheese Pizza Choice B Sunbutter and Jelly Sandwich with String Cheese
	31				
Menu Subject to change due to product availability	No School				
	Happy Memorial Day!				

Questions or comments?

Food Service Director Tracy Hizer 248-726-4650

Assistant Directors

Tamara Brazelton 248-726-4601 or Marci Flaherty 248-726-4603

Go to MyPlate.gov for online personal wellness resources for you and your family.

