

Fri, Apr 23, 2021 at 4:08 PM

#### 04/23/2021

# CENTAURUS HIGH SCHOOL Warrior Weekly News

## **Centaurus Points of Pride**

## **Gymnastics Regional Champs!**



Our Centaurus gymnasts competing with other Boulder county gymnastics on the Broomfield Eagles team won their 5A regional meet this weekend and qualified for the state meet on Thursday (4/22) at Thornton High School. Only the top 7 teams from regionals qualify for the state meet this year, and Broomfield had the highest regional score of all teams competing. This season's varsity gymnasts from Centaurus include Izzy Benkowski (junior), Brenna Calvo (junior), Joey Ernst (sophomore), and Anna Williams (junior). Congratulations to the entire team for this Regional Championship!

## **National Volunteer Week**



It is National Volunteer Week! All Centaurus staff and students extend a heartfelt thank you to our many community volunteers. Your initiative, talents, and generosity make such a difference and we are grateful for your hard work and dedication to Centaurus. We appreciate you!

## **National Signing Day**

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	Centaurus Hi	gh School 2020	0-2021 National	Signing Day		
	April 21, 2021					
	Last Name	First Name	Sport	VIP Speaker	College	
	Everett	Mario	Basketball	Travis Maron	Augustana College, Illinois	
	Jahn	Ellie	Softball	Jason Reese	Augustana College, Illinois	
	O'Malley	Audrey	хс	Meaghan Goodman	University of Hawaii at Manoa	
	Overberg	James	хс	Devin Rourke	University of Colorado	
	Smith	Kai	хс	TBD	Adams State University	
	Vaver	Ryan	Golf	Elliot Jeffords	Macalester College in St. Paul, Minnesota.	
					University of Chicago,	

A burge collabration for our school and co

A special thank you to Sue Fischer, Athletic Assistant, for her help setting up this event!

## What's next and what you need to know...

taurus High School was thrilled to bener seven talented student athletes for National Signing Day

## **News From the Principal**

The warm weather and occasional snowstorm means that it is spring in Colorado, which serves as a reminder that we are fast approaching the end of the school year. Every year around this time we often get ahead of ourselves and lose our focus on the here and now, and this definitely can include student classes and coursework. Students have had a very challenging year, and I know that it has been hard to sustain energy and focus on school. However, we are so close to the end of the year and students need to finish strong before they earn a well-deserved break. Please check in with your students to see how they are doing in their classes and support them in ending the academic year on a positive note. If your student is struggling in a class, needs extra support, or if you have questions about a student, please reach out directly to their teacher. Centaurus faculty and staff truly are dedicated to our students and are here to help-please do not hesitate to contact them or your student's counselor or administrator so that we can end the year on a positive note.

## **Important Dates**

- April 22-24 Spring theater performances!
- April 26 Season D sports begin!
- May 7 Senior Prom
- May 11 FET Meeting 5:30pm (https://meet.google.com/xon-dsny-aju)
- May 15 Car Parade for Class of 2021
- May 21 Graduation Ceremony, Recht Field in Boulder, 4:30pm

## Important Information from the Health Room

We look forward to providing a safe and healthy school year for your student in 2021-2022. The following is information on BVSD's health-related requirements to ensure your student is prepared for the next school year.

State law requires all students attending Colorado schools to be vaccinated against certain diseases unless they have a medical or non-medical exemption on file. Information on required vaccines, exemptions and rules are available on the BVSD Health Services website: www.bvsd.org/departments/health-services. Non-medical exemptions expire June 30th of each year and must be submitted annually. Note, SB20-163 becomes effective with the 21/22 school year and changes the requirements for non-medical exemptions, please visit the website: cdphe.colorado.gov/vaccine-exemptions for further information. In compliance with State law, students that do not have current required immunizations, a plan to get the required immunizations, or a current statement of exemption, will not be permitted to attend school after October 29, 2021.

BVSD is tracking COVID vaccinations for students. If your student has been vaccinated please submit a picture of the vaccination card to the health room. This will help with future quarantine procedures. Email tami.steinfeld@gmail.com or fax 720-561-5368.

It's time to start looking at the Annual Data Update (ADU) for the 21/22 School Year. It is extremely important that all health and emergency contact information is updated during the Annual Data Update (ADU). Please make the necessary changes to any medical health, medications, mental health, immunizations, and ensure that your child's emergency contact information is up to date.

## Spring Theater Performances this weekend



Our Centaurus Theater Company is presenting TWO full length productions this weekend. Sixty students have been working tirelessly to create live theater in a virtual world. Check out their website for more details! Performances are:

Thursday the 22nd at 7:00 - She Kills Monsters Friday the 23rd at 7:00 - Miss Lonelyhearts Saturday the 24th at 2:00 - Miss Lonelyhearts Saturday the 24th at 7:00 - She Kills Monsters

## **Spring Sports Start Monday**

#### CHSAA Spring Sports Season D starts Monday, April 26!



#### SEASON D CHSAA SPORTS

Baseball; douglas.kinney@bvsd.org Girls Golf; ricardo.cabrera@bvsd.org (\*Note: Girls Golf started 4/19) Boys Lacrosse; contact Monarch High School Girls Lacrosse; contact Fairview High School Girls Soccer; mario.bezzina@bvsd.org Boys Swim & Dive; contact Monarch High School Girls Tennis; julie.daniel@bvsd.org Track & Field; meaghan.goodman@bvsd.org OR eddie.taylor@bvsd.org

#### REGISTRATION AND SPORTS PHYSICAL REQUIRED

You will need to have a current sports physical AND complete the Season D Registration Packet before you can practice or tryout. Please bring these with you to practice, or you can scan them electronically to sue.fischer@bvsd.org.

Questions? Contact: sue.fischer@bvsd.org

Looking ahead: Click here to view the Centaurus Annual Calendar and Athletic Schedules and here for the BVSD District Calendar

## **SPRING BASEBALL IS COMING**

Centaurus official baseball season starts April 26th, 3:30pm at the varsity field. If you have questions, let Coach Kinney know.

#### Baseball Uniform spirit pack orders due by April 30th.

All players will need the required items on the list if you don't already have them. Hats from last year are the same and don't need to be purchased if you have one. Here's the link for ordering: https://schaeferathletic.tuosystems.com/stores/chsbaseball2021

## **GOLF OFF SEASON TRAINING**



Interested in playing with the boys golf team next fall? Check out the many off season activities available.

"Off-season training and spring/summer golf tournaments are a great way to improve on your game while getting to hang out with your teammates (which makes everything more fun). Plus, you'll also meet a lot of great golfers from across the state and make new friends that you'll end up playing with for years to come." - Coach Elliott

We have some fun activities for you this summer like a book recommendation from Coach Bill, off-season weight training from Coach Elliott, and a Summer Golf League from Coach Ricardo, and free JGAC memberships (space is limited).

Visit our team website for details and to sign up.

## **CELEBRATING CENTAURUS SENIORS**

Class of 2021 Important Information - Watch our website for important updates!



#### Adopt A Senior!

Please join the ADOPT a 2021 CENTAURUS HIGH SCHOOL SENIOR Facebook group.

Provide a few details about yourself or your Senior and let a neighbor, friend or community member 'adopt' your Senior - to celebrate them from now until graduation

OR Adopt a Senior yourself!

The Adopt A Senior effort was done for the 2020 Seniors and was well loved by the students and embraced by the community! Let's make the 2021 Seniors feel that same love from the Lafayette community!

Please help us reach ALL Seniors!



This is how it works:

- WARRIOR COMMUNITY thank you for joining our group!? Now what to do???
- 1. Read profiles
- 2. Select a "not adopted" CHS Senior. PLEASE ONLY 1 COMMUNITY MEMBER PER SENIOR.
- 3. To adopt a senior just write that you would like to adopt them in the comments.
- 4. Reach out to parent of Senior or the Senior, if they posted themselves, and ask how to best deliver your 'special' treats and graduation card to them. Respect privacy, of course.
- 5. Send card on the week of graduation, May 17–21.
- 6. Essentially pick 2 different days to do something special\*\*\*

-Example; 1 day in April - 1 day in May and a card for graduation.

\*Suggested items are letters, gift cards, mementos, cards, gift basket, something the Senior is into, college garb etc. This is not meant to be a hardship for anyone, just a way to honor our seniors and encourage them in some way.\*\*\*

\*This group is totally voluntary, not school sponsored and it's private to avoid just anyone joining.\*

Have questions? Please reach out to lori.lujan38@gmail.com.

#### Prom

Prom for our Senior class will be Friday, May 7th, 8pm - 10pm at Lionsgate Event Center in Lafayette.

#### Celebration/Safe Night

Interested in learning more about the events surrounding the Senior Celebrations? Check out the website: https://centaurussnap.org/

Join the conversation at:



https://www.facebook.com/CentaurusSafeNightAfterProm or

https://www.facebook.com/groups/2902714343276884

CSNAP: Senior Celebration is not affiliated or endorsed by BVSD or Centaurus High School. This is an event run 100% by CHS parents in a partnership with the YMCA.

Parade

Join us for the Car Parade celebrating the Class of 2021 - Saturday, May 15 at noon. More details in this flyer: English / Spanish

#### Senior Posters - DUE APRIL 23

Many have asked if you can make a collage at your favorite photo service (Walgreens, Costco). YES! Many choose to make a collage product. Again, take your poster to Morrell's by

April 23 so they may laminate it. The poster committee will pick up items from Morrell and bring them to the school to be hung up.

Need more time? Contact beth@zorgdrager.org for options.

#### Graduation

The Centaurus ceremony is scheduled for Friday, May 21, 4:30pm, at Christian Recht Field, 1604 Arapahoe Ave, Boulder, CO 80302. Students are now allowed four guests at the ceremony!

#### Senior Outstanding Student Fees

As we near the end of the school year, this is a reminder to please check the balance of your student's fees. You can use this link to access Infinite Campus Parent/Student portal. On the left side of the menu choose 'Fees'.

Payment of fees can be made through the Rev Trak on-line payment system.

If you need financial assistance with class fees, you may apply for free and reduced lunch. Please use the IC Parent Portal to apply.

If you have any questions regarding your fees, please call Suyapa Koeller, Treasurer, at 720-561-5367 or email Suyapa.Koeller@bvsd.org

#### Donate

If you would like to donate to our fund to help recognize our Seniors this spring, please use this link to access the Senior Celebration Donation item on the web store Rev Trak.

### **ADVISORY PLAN - April 28**

Community service share out!

## **COUNSELING CORNER**

Click here for the latest news from our Counseling department!

## Getting to know your Centaurus Team: KRISTEN KRAMER

Each week we will introduce a member of the Centaurus staff and teachers to our parent and student community. This week, we'd like to introduce Kristen Kramer.



Hey there CHS! I'm Kristen Kramer, Dean of Students.

I grew up in the Midwest in a suburb of Chicago playing softball, tennis, basketball and running cross country and track. I did my undergraduate work at the University of Notre Dame. Go IRISH! I will forever be an Irish football fan. :) I earned master's degrees in education from Providence College and Regis University.

Throughout my studies and service work, I have lived in Mérida, Mexico; Oaxaca City, Mexico; Ocotepeque, Honduras; and Seville, Spain. I spent my time abroad studying Spanish, teaching English, helping develop a volunteer teacher program at a private k-12 school and writing grants.

I started my career as an educator in Denver Public Schools. I have also taught at a private high school in Lowell, Massachusetts, and in the Cherry Creek School District in Aurora, Colorado. Throughout my career I have taught primarily middle school geography and language arts and high school psychology, sociology, World History and Spanish.

In my free time I enjoy hanging out with my two kids, Anya (6) and Ulyon (5) and husband. As a family we enjoy the extensive hiking trails and breathtaking scenery that Boulder has to offer. I also enjoy strength and endurance training on the bike and distance running.

I feel blessed to have joined the Centaurus Family in January of 2020 as Dean of Students. My primary role is to work with students, teachers and families on attendance and engagement. I am grateful over this past year to have had the opportunity to get to know so many wonderful students and families at Centaurus. Thank you for welcoming me into your community with open arms.

Go Warriors!

Centaurus School Community News Stress & Anxiety Conference



On May 1st and 2nd, PEN, Parent Engagement Network, will present their 5th annual *VIRTUAL* Stress & Anxiety Conference Series Part Two - Moving Forward in an Unpredictable World. Learn about the impacts of 2020 and gain coping strategies and insights for moving forward. Flexible registration options are available including both days, single day, or single workshop tickets.

## Teens Talk, Adults Listen: Substance Use

Join this virtual event on Tuesday, May 4 at 7:00pm.

Starting a conversation with youth about substance use can feel uncomfortable, but it doesn't have to be! Register for this free and bilingual event. See the flyer here.



Boulder Valley School District (BVSD) would like to continue connecting with you via email. To set preferences for which types of messages are sent to your email address, activate your free InfoCenter account. If you prefer to stop receiving emails from BVSD, follow this link and confirm: Unsubscribe. Please note that if you unsubscribe, your email address will be placed on the "blocked list" for the remainder of the current school year and will no longer receive BVSD school or district emails that are distributed through our SchoolMessenger service.

SchoolMessenger is a notification service used by the nation's leading school systems to connect with parents, students and staff through voice, SMS text, email, and social media.