

PARKLAND HIGH SCHOOL Parent Newsletter



All information is subject to change

From the principal's desk

Dear Parents/Guardians:

It has certainly been a long journey, and amazingly we have arrived at the month of May already. I have to give the students a ton of credit for persevering through this unprecedented year and environment as they have endured their fair share of challenges in many ways. The warm weather has allowed everyone to have some opportunities to be outside, get their energy levels up again, and see a light at the end of the tunnel. The high school staff and administration appreciates the commitment you have made as parents as well as your support of your child's educational journey.

Although different, May is still a busy month for our students and school. We are so excited to celebrate our Senior Prom on Saturday, May 8 from 6-11 PM at SteelStacks in Bethlehem. We hope the Seniors enjoy this time together as a class. May is also a busy month filled with assessments and awards celebrations. Advanced Placement Exams are scheduled from May 3-17 here at PHS with Online Exams occurring at the end of the month for students who selected that option. The SAT Exam will also be given on Saturday, May 8.

(continued on page 2)

From the principal's desk

Continued from page 1

The Pennsylvania Department of Education has mandated Keystone Exam testing for students enrolled in Keystone subjects. Our Keystone Exam administration will be May 18 (Literature), May 19 (Algebra), and May 20 (Biology). All students scheduled for a Keystone Exam have been communicated with via e-mail. Students who are not taking a Keystone Exam should remain home and complete their schoolwork remotely May 18-20.

Looking ahead at the calendar, PHS is not administering Final Exams this school year. Final grades will be determined by the average of the four marking period grades. The last day of scheduled classes for Seniors is Friday, June 4. Graduation will be held on Tuesday, June 8 with a location still to be determined. The Governor's guidelines on capacities for indoor and outdoor events is driving this decision as we are honoring our Senior Class Officers' request to have the Class of 2021 together for Commencement. At this point, guests for each graduate to the ceremony will likely be limited to parents (including blended family parents). Parents of Seniors should look for a textbook and Chromebook return memo by mid-May. The last full day of school for Underclassmen is Thursday, June 10.

We still have many exciting activities to look forward to this spring. I cannot say enough about our theater program as their virtual production of Joseph and the Amazing Technicolor Dreamcoat is scheduled for May 21-23. This has been an extremely tough year for the performing arts and I'm so excited to see this year's production. Kudos to all our staff and students who truly challenged themselves to bring this production to life. Another May specialty, Festival of the Arts, will also be conducted virtually this year from May 12-15. Our spring sports teams have been setting new standards again in every sport. I know guests are limited but if you can't see them in person, Parkland TV has done an amazing job capturing our team's performances on YouTube. Boys Tennis already won a share of the EPC title and we will see many Parkland participants deep into District XI playoffs. Great job by our all student athletes and coaches.

I hope your student and your family enjoy a safe and healthy end to the school year.

Sincerely,

James E. Moniz II Principal Parkland High School monizi@parklandsd.org

James E. Moniz I

E-Learning Wednesday's Bell Schedule

(33 minute classes)

Period 1	9:15 — 9:47
Period 2	9:52 — 10:25
Period 3	10:30 — 11:03
Period 4	11:08 — 11:41
Period 5	11:46 — 12:29
Period 6	12:24 — 12:57
Period 8	1:40 — 2:12
Period 9	2:17 — 2:50



May Hybrid Calendar							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<u>25</u>	26	27	28	29	30	1	
2	3 Day 1 A-L	4 Day 2 A-L	5 Day 3 eLearn	6 Day 4 M-Z	7 Day 5 M-Z	<u>8</u>	
9	Day 6 A-L	11 Day 1 A-L	Day 2	13 Day 3 M-Z	14 Day 4 M-Z Early Dismissal	15	
16	17 Day 5 A-L	Literature 18 Keystone Exam students only report to PHS Day 6 eLearn	Algebra 19 Keystone Exam students only report to PHS Day 1 eLearn	Biology 20 Keystone Exam students only report to PHS Day 2 eLearn	21 Day 3 M-Z	22	
23	24 Day 4 A-L	25 Day 5 A-L	26 Day 6 eLearn	27 Day 1 M-Z	28 Day 2 M-Z	29	
30	31 School Closed Memorial Day	1	2	3	4	5	

Changes will be posted on the school website and communicated via Schoology and School Messenger.

REGULAR BELL SCHEDULES

Period	A Schedule (Regular Day)	C Schedule (Early Dismissal)	D Schedule (2-Hour Delay)
	7:35 Warning Bell	7:35 Warning Bell	9:35 Warning Bell
1	7:40-8:24	7:40-8:12	9:40-10:06
2	8:30-9:09	8:18-8:48	10:12-10:36
3	9:15-9:54	8:54-9:24	10:42-11:06
4	10:00-10:39	9:30-10:00	11:12-11:42
5	10:45-11:24	10:06-10:36	11:48-12:18
6	11:30-12:09	10:42-11:12	12:24-12:54
7	12:15-12:54	11:18-11:48	1:00-1:30
8	1:00-1:44	11:54-12:24	1:36-2:00
9	1:50-2:30	12:30-1:00	2:06-2:30
5 Minute Warning Bell for Bus Departure	2:32 Buses Depart at 2:37	1:02 Buses Depart at 1:07	2:32 Buses Depart at 2:37

- Lunch periods will be assigned during periods: 4, 5, 6 or 7.
- PM LCTI will eat lunch period 4 or 5 and are dismissed at 11:20.
- AM LCTI will eat lunch at LCTI and return for class Period 6.
- Students approved for "early dismissal" must leave the school property immediately upon dismissal.
- Students approved for "late arrival" may not enter the school until 10 minutes before their first class.
- All students must leave the school property immediately upon dismissal, unless they are involved in a PHS-sponsored and supervised after-school activity.

Counseling corner

Advanced Placement testing

Advanced Placement testing takes place for two weeks at Parkland High School, May 3 - 17. Parents and students should be aware that afternoon AP exams may not be completed before regular dismissal time. Afternoon testing must begin at noon, and several tests require four hours to complete, therefore, an alternate form of transportation home may be required. For those students testing online, testing will run from May 18 - 28.

Moving over the summer

Please contact the Counseling Office as soon as possible if your family will be moving within or outside of the Parkland School District. Two documents are required to confirm a change of residence within the district. In order for new transportation information to be issued on time, the paperwork must be received in the Counseling Office by the end of July. If moving outside of the district, please contact the Counseling Office to withdraw your child from school. At that time, we will provide you with the academic and medical documents necessary to ensure a smooth transition to your new school district.



College Board 2021 PSAT

The PSAT (Preliminary Scholastic Assessment Test) will be administered to sophomores and juniors at Parkland High School on **Saturday, October 16, 2021**. Please mark the October date on your calendar for future reference since the College Board does not allow for make-up administrations of this exam. Information about the PSAT can be found at www.collegeboard.com/psat. Registration for the PSAT will take place in the Counseling Office during the first few weeks of the 2021-2022 school year. This is an important assessment for all college bound sophomores and juniors. Additional details will be shared in the August/September newsletter.

Requests for course changes

Please note all requests for course changes must be submitted to the Counseling Office by June 1, 2021. No requests for schedule changes will be accepted during the summer months after the June 1 deadline. Students looking to request a schedule change after the deadline date may do so during the first six days of the new school year.

May and June testing calendar

May 8, 2021

SAT Reasoning Test
Parkland High School is a test site.

June 5, 2021

SAT Reasoning Test
Parkland High School is a test site.

June 12, 2021

ACT Assessment administration



Please visit this link and click on "Driver Education Theory - Summer 2021- Information and Registration" to learn more about your available options, costs, dates and times, and how to sign up for the course. If you plan to take the PHS Driver Education Theory course, the Google form must be completed and payment received by Friday, June 4, 2021. If you plan to take the course through CLIU #21, be sure to complete the Google form by Friday, June 25, 2021. The Google form can be accessed here.

If you have additional questions, please contact Mrs. Bennick, Assistant Principal, at <u>bennickt@parklandsd.org</u> or 610-351-5600.

Future Readiness Seminar

If you missed Mrs. McPeek's PHS Future Readiness Seminar in late March, you can check it out <u>here</u>. It is full of "must have" information for PHS parents and students alike.

Mrs. McPeek's accompanying slide deck can be located here.



PHS JOB BOARD

We couldn't host the annual Job Fair, so we brought the employers to our students! Thanks to all of the participants.



COMING SOON

May 18

Literature Keystone Exam

May 19

Algebra Keystone Exam

May 20

Biology Keystone Exam

Sophomores

Students who are currently in grade 10 English, Algebra 1 and Biology will be required to take the Keystone Exams.

All information about the upcoming spring Keystones will be posted on the District website under Parents >>> Keystone Test Information.

Updated Keystone Exam dates



Remember your courage. Remember the courage flowing abundantly through you from the time when you were young. Remember when you did things afraid. Remember when you chose to be brave. You may not always feel capable. You may not always feel strong, but every time you choose to keep going, you are right where you felong - Morgan Harper Nichols

Important reminder

May 18 (day 6) May 19 (day 1) May 20 (day 2)

Only students taking the Keystone Exams on these dates will be reporting to Parkland High School.

All other students will be following the regular schedule as e-Learn days.



Keystone Exam Boot Camps for freshmen and sophomores

Boot Camps for spring **Biology** and **Algebra** Keystone Exams are underway. Parkland High School students are eligible to participate in Boot Camps if they are:

- Students in grade 9 or 10.
- Students currently taking Algebra 1 or Biology.
- Students who have already taken the Keystone Exam and have not yet achieved proficiency.
- Students who are new to Parkland and have no record of taking the Keystone Exam or similar state test.

Any student taking the Algebra or Biology Keystone can sign up for virtual review Boot Camps from 3:05-4:20 PM.

Click on the keystone shape below for information about the Boot Camps and signups.





Upcoming events

Monday Spring SAT Prep class 3 - 5 PM or 6:30 - 8:30 PM (virtual) Advanced Placement testing National Teacher Appreciation Week begins Tuesday Post Prom Committee meeting 7 PM (virtual) Advanced Placement testing 4 Spring SAT Prep class 3 - 5 PM or 6:30 - 8:30 PM (virtual) Wednesday Advanced Placement testing Cinco de Mayo 5 Thursday Advanced Placement testing Friday Advanced Placement testing

Saturday SAT testing 7:45 AM Class of 2021 Prom 6 - 11 PM (SteelStacks in Bethlehem)

Sunday Mother's Day

Monday Advanced Placement testing 10

Tuesday Senior cap and gown distribution, A-L students during lunches (cafeteria) Advanced Placement testing

Senior cap and gown distribution, online and full-day LCTI students only . . . **Vednesday** 10 AM - 1 PM or 3 - 7 PM (auditorium lobby) Advanced Placement testing FOTA's "Bring Your Own Coffee" coffeehouse 4 PM (quad in front of the high school)

Thursday Senior cap and gown distribution, M-Z students during lunches (cafeteria) Advanced Placement testing 13 FOTA's PHS Student Art Show 6 PM (virtual)

"C" schedule - Early Dismissal 1 PM Friday College Media Day 1:30 PM (main gym) Advanced Placement testing 14 FOTA's K-12 Student Art Show (virtual)

Festival of the Arts (virtual)

Saturday

15

MAY WE NEVER FORGET freedom ISN'T FREE.

		M
Monday 17	Advanced Placement testing Trojan Dance Team tryouts 3:30 - 5:30 PM (Troxell)	Δ
Tuesday 18	Literature Keystone Exams Only students taking Literature Keystone Exams are to report to PHS Advanced Placement testing for students testing online Trojan Dance Team tryouts 3:30 - 5:30 PM (Troxell)	
Wednesday	Algebra Keystone Exams Only students taking Algebra Keystone Exams are to report to PHS Advanced Placement testing for students testing online Trojan Dance Team tryouts 3:30 - 5:30 PM (Troxell)	Y
Thursday 20	Biology Keystone Exams Only students taking Biology Keystone Exams are to report to PHS Advanced Placement testing for students testing online	
Friday 21	Musical: Joseph and the Amazing Technicolor Dreamcoat (virtual) Advanced Placement testing for students testing online	
Saturday 22	Musical: Joseph and the Amazing Technicolor Dreamcoat (virtual)	
Sunday 23	Musical: Joseph and the Amazing Technicolor Dreamcoat (virtual)	
Monday 24	Advanced Placement testing for students testing online Academic Awards ceremony 7 PM (virtual)	
Tuesday 25	Advanced Placement testing for students testing online Academic Scholarship Recognition ceremony 3:30 PM (virtual)	
Wednesday 26	Advanced Placement testing for students testing online Athletic Awards/Hall of Fame Inductions 5 PM/6 PM (auditorium)	
Thursday 27	Freddy Awards 7 PM (virtual, WFMZ Channel 69 or stream here) Advanced Placement testing for students testing online	
Friday 28	Advanced Placement testing for students testing online	
Monday 31	School closed Memorial Day	Ĭ (



class of 2021

COMMENCEMENT 2021



Parkland High School Graduation ceremony

June 8, 2021 7 PM

(Location to be announced)

Commencement practice will take place 8:30 AM on June 8.

Ticket distribution will take place at the practice.



Upcoming Dates to remember

June 3

Senior Cabaret 7 PM (virtual)

June 4

Last day of scheduled classes for seniors

Deadline for seniors to pay class dues (see page 28)



A Night Under the Stars SENIOR PROM

SATURDAY

MAY

8

6-11 PM

STEELSTACKS - 101 FOUNDERS WAY- BETHLEHEM, PA

Important Reminders for Prom 2021

Prom will be held at an outdoor space at the SteelStacks ArtsQuest Center.

Students will have access to the Visitor Center and three tented areas.

In addition, there will be other designated outdoor areas provided within the restricted Prom access area.

What to know before you come

- * On Saturday, May 8 all participants attending Prom will need to complete a wellness form which is accessible via the QR code on your ticket or you can find it <a href="https://example.com/here.com
- * There is no re-admittance to Prom. Each attendee must sign out with time of departure and who they are leaving with. If you leave, you may not return.
- * No bags will be permitted in the Prom, only small purses. The administration reserves the right to conduct a search.
- * Any participant not adhering to PSD Covid-19 mitigation efforts will be asked to leave the event.
- * Masks are required at all times and will be monitored by administrators, security and chaperones. Masks are not required while seated in the designated eating and drinking areas only. Once students are done eating and drinking, the mask should be put back on.
- * Social distancing guidelines will be enforced.

Transportation and parking

- * There will not be shuttles this year. You are responsible for your own transportation or use a private limo service to drive to SteelStacks.
- * If you are going to carpool with other students, please list who you will be riding with for contract tracing purposes (if necessary) on the pre-ticket registration form. If there should be any revisions to this closer to the prom date, please update the pre-ticket registration form.
- * Drop off location at SteelStacks Cars will enter via Founders Way, turn left onto First Street, go past the Levitt Pavilion and Visitors Center. Enter the adjacent parking lot to Visitors Center from the last entrance. Drop off will occur in front of the Prom tents which will be located behind the Visitors Center.
- * If students are driving themselves, they can park in that parking lot.

What students can expect

- * Food will be open from 7-9:30 PM. Students will retrieve their food while masked. All attendees must be seated to eat and drink. After they are seated, they can removed their mask to eat/drink. Once they are done eating and drinking, all attendees must immediately put their mask back on fully covering their nose and mouth and then leave the food tent.
- * A separate bathroom entrance to the Visitor Center is available.
- * A drink station will be provided outside of the Visitor Center, next to the designated eating area, that all students can access, as needed, throughout the event.
- * The music can be heard throughout the space, so students are free to move about all designated areas.
- * A photographer will be on-site for formal photographs.
- * There will be a photo booth available provided by Christmas City.
- * There will be additional seating, activities, and fire pits available adjacent to the tent areas.
- * Prizes will be given out throughout the evening by the Prom Committee, such a gift cards, technology, and cash.
- * Students can dance in small groups masked and socially distanced from one another. There will not be a dance floor or any large groups congregated to dance.
- There will not be a Post Prom party this year.



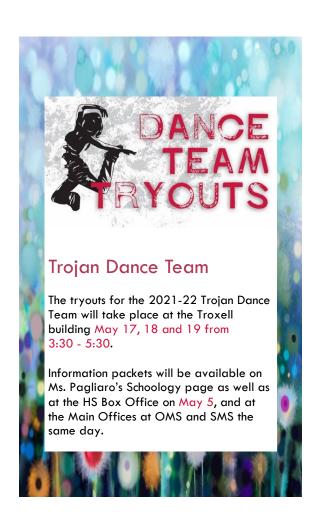
Festival of the Arts (FOTA)

While we can't have the full outdoor/indoor experience, there will be plenty of online programming during the weekend of May 13, 14 and 15. Look for more information on the <u>District website</u> as we get closer.

To kick off the Festival, FOTA is going to hold a socially distant "Bring Your Own Coffee" coffeehouse on the quad in front of the high school on Wednesday, May 12 at 4 PM.

Visual and performing arts

It looks like we are finally getting some warm and sunny weather. In the meantime, things continue to heat up in the A-wing as we move towards the completion of a very busy, and extremely different, school year.





Congratulations to the Parkland students who participated in the Pennsylvania Shakespeare Festival's performance competition held Saturday, April 24. Their performances earned the following awards:

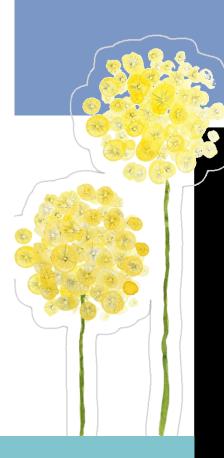
Showcase selection: Maria DeLeon, Jacob Greening and Rachel Kanter Monologues: 1st place - Rachel Kanter; 2nd place - Maria DeLeon DeSales \$1,000 scholarship - Maria DeLeon, Jacob Greening and Rachel Kanter

Team award: 1st place - Parkland High School

Performing Arts Center update

Theater students Laurel Bendetti,
Courtney Bodnar, Jacob Greening and
Maria DeLeon participated in the English
Speaking Union Shakespeare Competition in
Philadelphia held at the Arden Theater.





Spring Musical

The show must go on. This year's Spring Musical will be an exciting way to end the school year for the Theater department. This year's production is Andrew Lloyd Webber and Tim Rice's Joseph and the Amazing Technicolor Dreamcoat.

This musical version of the story of Joseph and his brothers will stream into your living room on May 21, 22 and 23. The students and the staff have put together a high-energy reimagining of the classic stage show.

Starting on May 3, you can purchase your ticket to view the production. Start at www.parklandsd.org/tickets and follow the instructions. Each performance will be streamed at the specific date and time for the ticket and can only be used for that performance. Don't miss this opportunity to watch "live" theater.



JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT is presented by arrangement with Concord Theatricals on behalf of The Really Useful Group. www.concordtheatricals.com



The Parkland High School Art Department is proud to announce that **Michael Ouellette** has been awarded a National Silver Medal for the 2021 Scholastic Art and Writing awards. His piece titled "Explode" was selected nationally as a silver medal recipient under the Drawing and Illustration category.

Visual and performing arts

Congratulations

2021 National Scholastic Art Awards

National Silver Scholastic Art Award

Michael Ouellette - "Explode" (drawing/illustration)

East Central Pennsylvania Regional Scholastic Student Portfolio Award Michael Quellette - "It Hurts" (art portfolio)

LAA Scholastic Honorable Mention Award

Margaret Guinan - "New Roots" (drawing)

East Central Pennsylvania Gold Key Recipients

Ryan Micheletti - "Inner Self" (drawing/illustration)

Michael Ouellette - "Explode" (drawing/illustration)

East Central Pennsylvania Silver Key Recipients

Margaret Guinan - "New Roots" (mixed media)
Aimy Hebberech - "Retrogression" (photography)
Rysha Jimenez - "A Neighbor's View" (photography)

Emily Nivar - "Roll With It" (photography)

Michael Ouellette - "Be Your Own God" (drawing/illustration)

Michael Ouellette - "Virus" (drawing/illustration)
Peyton Peters - "Music To My Ears" (photography)

Gwenyth Wiener - "Converse" (drawing/illustration)

Gwenyth Wiener - "Just Hang In There" (drawing/illustration)



East Central Pennsylvania Honorable Mention Recipients

Zayda Alim-Frazier - "Fear" (drawing/illustration)

Alexander Gannon - "Control/Gods Can" (drawing/illustration)

Catherine Hahn - "Viridescent Pond" (photography)

Emma Ludwig - "Con Artist" (photography)

Kayla Moncoeur Smith - "Finding Light (photography)

Sera Petronio - "Tying The Knot" (drawing/illustration)

Ashley Prout - "A Touching Bond" (photography)

Congratulations

Thirteen Parkland High School students successfully auditioned to participate in 2021 Pennsylvania Music Educators Association (PMEA) All-State ensembles. Congratulations to the following students:







rinet



All-State Band

Jordan Bucks, clarinet
Jared Lazansky, euphonium

Mitchell Roth, trumpet

All-State Chorus Emily Bachl, alto 2
Paige Herman, soprano 2

All-State Jazz Ensemble M

All-State





















All-State Orchestra

Clarinet: Alexander Tang
String bass: Isaac Daniels
Viola: Victor Cai

Violin: Suchir Agarwal, Joshua Chou, Lucas Lee, Sophia Lee and Ella Wu

Honors Orchestra News

The Honors Orchestra finished their first recording of Gustav Holst's "St. Paul's Suite" earlier in the third quarter, while the string quartet recorded the first movement of the Schubert "Quartet in D Major." The Honors Orchestra is now working on a performance of Mendelssohn's "String Symphony No. 12," and Vaughn Williams "Fantasia on a Theme of Thomas Tallis." The Advanced Honors Orchestra is working on the final movement of the Tchaikovsky "Serenade for Strings" and the Bach "Triple Concerto," featuring senior soloists, Suchir Agarwal, violin; Sabrina Collings, flute; and Alexander Tang, harpsichord.





Spring sports

Spring sports are three-quarters of the way through the regular season. Here are our current records::

Boys Tennis: 14-0

Boys Volleyball: 12-0

Girls Lacrosse: 6-3 Boys Lacrosse: 6-2

Girls Track: 3-0 Boys Track: 3-0

Softball: 11-2 Baseball: 9-1

League playoffs will begin the first week of May. Districts will follow two weeks later. Best of luck to our spring sports teams.





Athletic news

Congratulations

Eastern Pennsylvania Conference Spring Scholar Athlete Nominees 2020-2021

Baseball: Joseph Algard

Girls Track: Madelyn Amadio

Boys Volleyball: Pranav Balabhadra

Boys Lacrosse: William Filipovits

Girls Lacrosse: Emily Green

Boys Track: Humza Imam

Boys Tennis: Ankit Lenka

Softball: Kathryn Zaun





Mark your sports calendar

Spring sports physicals



Saturday June 12, 2021 at Parkland High School 8 – 11:30 AM (by appointment only)

Further information is available here.
Please use this SignUpGenius link to sign up.
Spring sports physicals are free.

No student can participate in a fall sport without a full PIAA physical dated after May 31, 2021. The Parkland Athletic Department understands that it may not be convenient to come to our scheduled free physical event. However, those who miss must get a PIAA physical on their own prior to August 6, 2021. Paperwork is available here. All Parkland athletes must get an ImPACT test once during their four years at PHS and before participation.

College Media Day



Friday, May 14, 2021 in the PHS main gym 1:30 PM

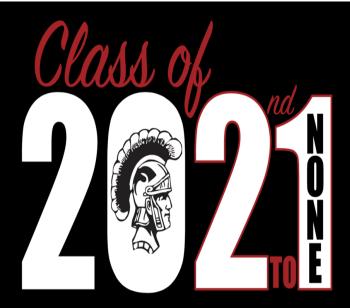
Athletic Awards and Hall of Fame Inductions



Wednesday, May 26, 2021 in the PHS auditorium 5 PM / 6 PM

The first day of fall sports is Monday, August 16.





Seniors Get Your Class Shirt

Short Sleeve White \$5 Long Sleeve Black \$15 Both for \$10



Cash or checks (payable to Parkland High School) may be dropped off or mailed to Mr. Greth in C146. If you have any questions please e-mail Mr. Greth at qrethi@parklandsd.org.

Please include:

- 1. name and ID number
- 2. shirt selections and sizes
- 3. delivery choice >>
-)) deliver to classroom or pickup in school lobby.



Help mitigate the spread of Coronavirus

Wear a mask, wash your hands, and keep social distance (even outside).

Complete the <u>Wellness Form</u> for each of your students every morning prior to coming to school.

Contact the Health Room if your child is going to be absent due to reasons involving the Coronavirus, including close contact, quarantine, travel, and being tested.

Report positive results to the Health Room.

For information regarding the Coronavirus COVID-19, please see the district website.

Guidelines for returning to school

Please keep your child home from school (even if they have a test or sporting event) if he/she is experiencing any of the following symptoms:

- Fever of 100 degrees or more
- Vomiting/Diarrhea
- Severe head cold
- Persistent cough
- Severe sore throat

Students should not return to school until they are fever free for 24 hours without the use of fever reducing medications.

> These are the same criteria the Health Room uses as a guideline when sending students home ill from school.

End of the school year reminders

Students who have medication in the Health Room will need to have the medication picked up before the last day of school. All medication needs to be picked up by a parent.

Arrangements can be made with the Health Room. Any medication remaining at the end of the school day on the last day of school will be discarded in an appropriate manner.

New paperwork is required each school year for medication administration in school.

If you had medication in the Health Room this year, paperwork will be e-mailed to

you at the end of this school year.



For the 2021-22 School Year

All students who will be in **grade 11 in the 2021-22 school year** will need a physical exam. This is a Pennsylvania State requirement. Forms were mailed home in February. Forms are also available on the <u>PHS Website</u>. Please return these forms to the Health Room.

ALL Students who will be in grade 12 in the 2021-22 school year must have A SECOND DOSE of meningococcal conjugate vaccine (MCV) (must be given at age 16 or older) prior to the first day of school in September.





Library lines

Return Library books and materials

As this unusual year comes to a close, please make sure that you return all Library materials and class novels as soon as possible. If you have questions about this, you can always contact the Library through Schoology by messaging Mrs. Dickerson or Mrs. Brader, and we will let you know if you owe anything. We have been contacting students throughout the year to return materials. There are also a number of outstanding Library books owed to both of the Middle Schools.

Utilize Library resources for research papers

Don't forget about using the databases, online books, and print materials for research papers.

Summer reading lists

We are currently working on summer reading lists and will have them out in early June.



From the archives

A "snapshot in time" from 35 years ago ~ May 1986

Parkland Newsletter

A Parkland School Board Publication

Volume 18

May 1986

Number 1

QUESTIONS AND ANSWERS ABOUT THE PARKLAND SCHOOL DISTRICT

- Q. When and where does the Parkland Board of School Directors meet? Are meetings open to the public?
- A. The board meets at 7:30 p.m. the second Tuesday of each month in Room 23 at Parkland High School. Yes.
- Q. What is the best way for parents/ residents to keep informed about school activities?
- A. Refer to the Parkland School District Activities Calendar. Calendars are available in the office of any district school. For answers to specific concerns, call the principal of the appropriate school.
- Q. What is the present student population and how does it compare to the district's peak year?
- A. 1985-86 Elem.-2719; secondary-2755; total 5474 1974-75 Elem.-3287; secondary-3338; total 6625
- Q. What interscholastic programs are available to students at Parkland High School?
- A. Basketball, Baseball, Cross Country, Field Hockey, Football, Golf, Soccer, Softball, Swimming, Tennis, Track, Volleyball, Wrestling, Chess and Debate.

- Q. Is Parkland a sponsoring district of the Lehigh County Community College?
- A. Yes, residents who meet qualification criteria are eligible for tuition credit at LCCC. Telephone 398-2361 for information.
- Q. How many high school students attend the Lehigh County Vocational-Technical School?
- A. 10th grade 126; 11th grade 117; 12th grade 127; Total 370.
- Q. Are district facilities available to community organizations?
- A. Yes, there is a school board policy regarding the use of district facilities. Telephone 395-2981 for information.
- Q. Where can an individual secure an application for employment?
- A. All applications are available in the office of the assistant superintendent. Telephone 395-3270 for information or visit the office located in the high school.
- Q. Is the district seeking employes for any specific position?
- A. Yes, the district is in constant need of full-time and part-time bus drivers. Telephone 395-2021, Ext. 33, for information.



Driver's Education



New driver talking point for the month of May

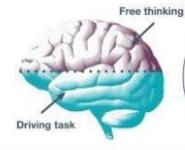
So, we all think we can multi-task, but our brains are only capable of working on one idea at a time--we actually switch between tasks rather than working on them at the same time. Although hands-free devices help us keep our hands on the wheel and eyes on the road, our brain's focus/field of vision is drastically reduced. Although we might be looking forward, our brain is not processing hazards as they appear. It is the same logic as hearing, but not listening.

Behind-the-Wheel instruction available

Behind-the-Wheel instruction Behind the Wheel instruction is available through the Carbon Lehigh Intermediate Unit 21 (CLIU-21) to any Parkland student who has their PA Learner's Permit. For more information, or to register, go to www.cliu.org/driversed or call 610-760-4111 x1299.

HANDS-FREE TECHNOLOGIES & DRIVING

Humans can only attend to ONE TASK AT A TIME.



The BRAIN POWER required to perform non-driving tasks, including hands-free devices, takes away BRAIN POWER NEEDED to DRIVE SAFELY.



HANDS-FREE ≠ RISK-FREE



Driving alone is a divided attention task that involves the coordination of manual, visual and cognitive activities.

Complex, non-driving tasks compete for the driver's attention and erodes their ability to perform either task well. This results in LOOKING but not SEEING.

When drivers perform a non-driving task while driving, the brain fails to process important information and their FIELD OF VIEW SHRINKS.





YOUR CHOICES ON THE ROAD HELP EVERYONE GET HOME SAFE.



Sources: www.DropltAndDrive.com & www.tirf.ca

Student Assistance Program (SAP)



According to the Sports Institute at UW Medicine, physical inactivity is a health crisis worsened by COVID-19. Before the first case of COVID-19 was announced in the United States, 80 percent of adults in the U.S. did not meet national Physical Activity Guidelines for exercise and 66 percent of children in the U.S. were physically inactive every day. Stay-at-home and physical distancing orders can disrupt exercise routines, increase sedentary time and encourage unhealthy eating habits.

Physical activity is more important than ever, and it can make a big difference in building resilience in the wake of COVID-19. Physical activity has shown to reduce the severity of mental health symptoms. Please see some ideas below to encourage your teen to move:

Workout at home

Many extracurricular, in-person activities have adjusted during quarantine by providing online classes. Check into different karate studios, dance studios, etc. Additionally, many fitness experts host free, guided workouts on Instagram Live, IGTV, Facebook Live, Community, or YouTube. From boxing to yoga to Pilates and Zumba, you can find something your teen can do from home that will come close to the workout they'd get in a gym.

Fitness Apps

Even before the pandemic hit, people used smartphone apps to help them stay fit. This comes in handy now, because these apps offer programs tailored to every fitness level, from beginner to competitive athlete. Your adolescent may be the type that needs reminders, structured goals, and calendars to stay on task. Or, they may prefer a simple app that tracks miles or times their workouts. The Johnson & Johnson Official 7 Minute Workout is great for a short dose of fitness, with exercises that can be

modified for beginners or experts. <u>MyFitnessPal</u>, <u>Shred</u>, and <u>Nike Training Club</u> are just a few of the popular apps that help you set goals and track progress. <u>Charity Miles</u> has an added feature that's popular with idealistic teens: it lets you find sponsors and raise money for every mile run. And <u>Runtastic</u> is a simple and popular app geared toward runners.

Body weight workouts

With a few simple exercises, teens can design a workout and change it up every day. The classic bodyweight moves are pushups, lunges, planks, and sit ups. There are hundreds more classic exercises that utilize bodyweight or light weights alone. A quick Google search will give you plenty of options, like this Men's Health article, or this detailed breakdown of 53 moves, complete with animated gifs.

Take a walk

Proponents of <u>walk talk therapy</u> have begun to tout walking outdoors as an aid to communication and connection between people. The distraction of a simple physical activity allows walkers to relax and let go of forced small talk, letting silences fall and conversation flow more naturally. Studies suggest walking in a natural setting can have benefits that encourage people to relax and connect with each other.

Important mental health benefit

And exercise is a natural antidepressant: the mental health benefits are well-documented, and complement the boost to your teen's fitness – and yours.

Source: Evolve

The Sports Institute, the University of Washington, 2021

"Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen."

~ Winston Churchill





Congratulations Science Fair students

The Delaware Valley Science Fairs competition was held virtually in early April with Parkland High School students placing in the following categories:

First place

Vidhi Desai, biochemistry
Reva Gandhi, environmental science

Second place

Aarav Kakade, zoology
Sana Nauman, chemistry
Varun Pandian, engineering
Shashwat Sharma, earth and space science

Third place

Victor Cai, engineering
Purva Gupta, medicine and health
Vishruth Hanumaihgari, medicine and health

Honorable Mention Shaiyan Feisal, medicine and health

Delaware Valley Science Fairs (DVSF) is a forum for middle and high school students to display scientific research and engineering projects that they have completed. The purpose of the Fairs is to connect these hard working and inventive young minds with professionals in their fields. During the fair the competitors are interviewed and have their research evaluated.

The primary goals are that the students will gain some insight into new directions for their research, learn new ways of thinking, and, in some cases, be connected with people who could help bring a potential product to market. All of this takes the form of a competition with winners receiving recognition, scholarships, and monetary prizes, as well as a chance to compete in the Regeneron International Science and Engineering Fair.

Class dues



Class dues are a one-time-only payment of \$20 during your student's high school career. Cash or checks are acceptable forms of payment. Checks should be made payable to Parkland High School and should reference your student's graduating class in the memo line.

Class dues should be delivered to the attention of your student's class advisor. Please contact the class advisor with any questions.

* Seniors: Class of 2021 dues must be paid by June 4 in order for your student to receive his/her diploma at the commencement ceremony on June 8. Anyone who has purchased a Prom ticket at the \$90 price will have satisfied their class dues obligation.



Senior class advisor Mr. Jay Greth Room C146 arethi@parklandsd.org



Junior class advisor Mrs. Sarah Yenser Room C241 <u>yensers@parklandsd.org</u>



Sophomore class advisor Mrs. Amanda Keifer keifera@parklandsd.org



Freshmen class advisor
Miss Casey Gruver
gruverc@parklandsd.org



VIRTUAL AND IN-PERSON K-12 SUMMER LEARNING OPPORTUNITIES

WWW.PARKLANDSD.ORG/CAMPS

'Just for the record darling, not all positive change feels positive in the beginning.'

— S.C. Lourie

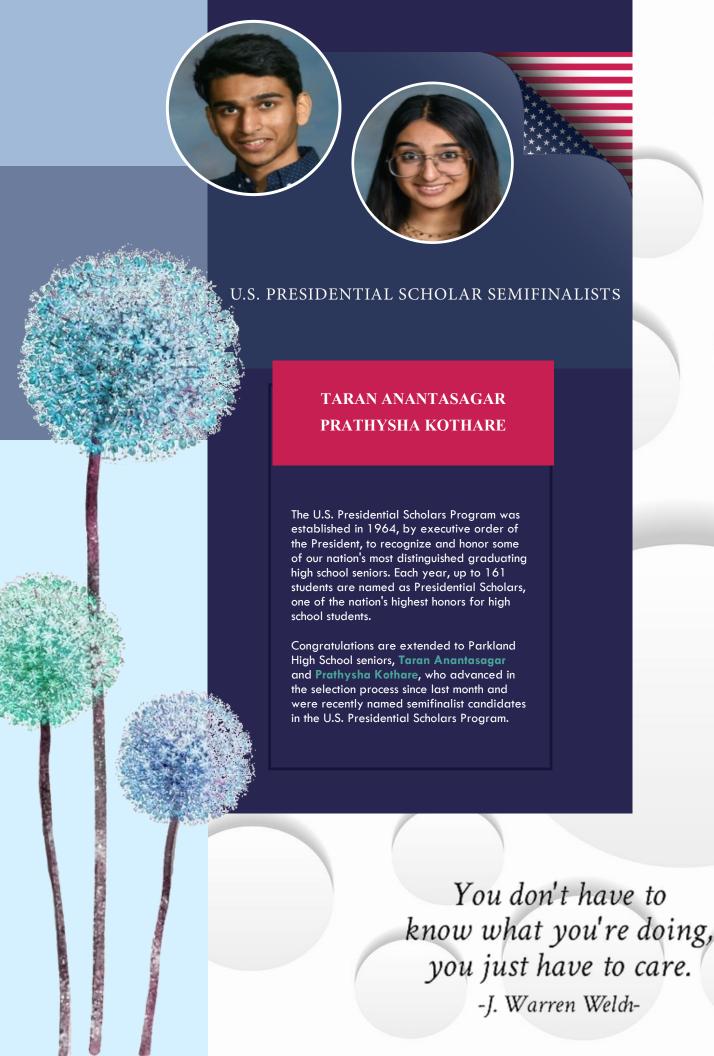


After that it is first come, first serve at distribution during the first week of June. We only have 150 yearbooks left.

online by May 14

Order a yearbook online here.





Congratulations Future Business Leaders of America

This year the annual Future Business Leaders of America (FBLA) State Leadership Conference was held virtually and Parkland High School had 43 students compete, with 24 students placing in the Top Ten. Out of those 24 students, the following 12 students will move on to compete in the Virtual National Leadership Competition to be held June 29 - July 2:

1st place - social media strategies Oludemilade Olatilo, Areea Rahman and Hana Yang







1st place - business law Michael Li



2nd place—healthcare administration
Akshatha Manjunatha



3rd place - entrepreneurship Shlok Dholakia, Vishruth Hanumaihgari and Prince Patel







1st place - impromptu speaking Rishika Rohatgi



4th place - introduction to information technology **Joseph Peng**



1st place - insurance and risk management **Anshika Gupta**



1st place - advertising **Kevin Tong**



Meet the rising Junior Student Representative to the SBE:



Reva Gandhi

Congratulations

Congratulations to PHS student Reva Gandhi, the rising Junior Student Representative to the Pennsylvania State Board of Education.

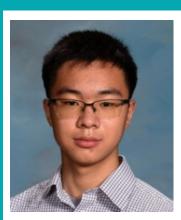
After an intensive selection process, Reva was chosen from a pool of incredible candidates.



Congratulations Victor Cai

Parkland junior, **Victor Cai**, advanced to the final round of the 2021 Physics Olympiad. He is in the top 400 test takers nationwide and competes for a place on the 2021 U.S. Physics Team. The American Association of Physics Teachers and the American Institute of Physics sponsor Physics Olympiad competitions for high school students to ultimately select students to represent the United States at the International Physics Olympiad Competition.

Victor Cai also took 2nd place in the Engineering and Technology category at the 59th National Junior Science



and Humanities Symposium (JSHS) that was held April 14 -17 as a virtual competition. The National JSHS brings together 245 high school students who qualify by submitting and presenting original scientific research papers in regional symposia held at universities nationwide.



Congratulations

Politcal Science Club

The Political Science Club participates in the EPC Model United Nations Conference each year. This year Parkland High School had two people running committee rooms and 4 students participating in committees. Below are the PHS winners for the conference held virtually on April 23, 2021:

Sierra Hohenshilt - Best Delegate as Argentina in United Nations Environment Programme (UNEP)

Siddhant Khandelwal - First Runner Up for best Delegate as Croatia in United Nations Environment Programme (UNEP)

Grant Pinsley - Best Delegate as Israel in Economic and Financial Affair Council (ECOFIN)

Also thank you to **Rahul Inaganti** for running the Economic and Financial Affair Council (ECOFIN) Zoom room and **Hope Broadhurst** for running the World Health Organization (WHO) Zoom room.

Congratulations PLTW Biomedical Science



The third Annual Project Lead The Way (PLTW) Biomedical Science White Coat Ceremony was held as a drive-in/drive-by ceremony on April 8, 2021. This year, 24 PLTW Biomedical Science students received their PLTW monogrammed white lab coat. These students were dedicated to completing all four years of the rigorous, honors-level PLTW Biomedical Science courses to acquire an exceptional foundation of knowledge and skills that further fuel their passion to make a difference in the lives of others as they pursue a career in the medical field. The PLTW white coat the students receive is a symbol of their outstanding achievement and efforts, and their continued dedication to the PLTW Biomedical Sciences program.

Parkland High School PLTW Biomedical Science White Coat Recipients 2021

Thaybah Ahmed

Madelyn Amadio

Pranav Balabhadra

Aditi Jasapara

Vani Kamra

William Kerr

Hayya Khan

Summer Kutzer

Samin Latif

Abigayle Lytle

Benjamin Marko

Janam Patel

Sakshi Patel

Shreya Patel

Vivian Schiffert

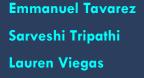
Kayleigh Schmidt

Muhammad Shivji

Jody Mia Smith

Dev Patel

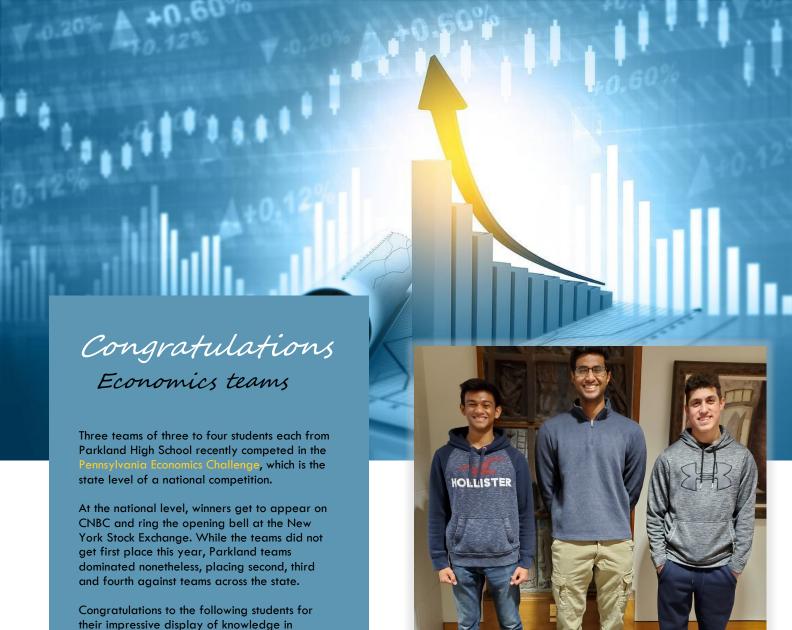




Ryan Younes

Blake Ziegler





macroeconomics, microeconomics, and current economic events:

Second Place Team
Raviteja Kanthamneni
Tanya Mehta
Yuval Shimoni (individual perfect score)
Ronak Singh

Third Place Team Suchir Agarwal Mridul Gupta Samuel Oxfeld Dharshan Tharumia

Fourth Place Team
Anam Ali
Srijan Sharma
Alexander Tang (individual perfect score)

Members of the Pennsylvania Economics Challenge second place team (from left to right): Ronak Singh, Raviteja Kanthamneni, and Yuval Shimoni. Not pictured is Tanya Mehta.

EVERY TINY
VICTORY

Congratulations Business Ethics team

The Ethics Bowl Competition is a way for high school students to learn more about current business ethics by presenting their ethical views on a business case study before a panel of faculty and business executives. The following PHS students competed in The Fleming Institute For Business Ethics, 2021 High School Ethics Bowl, held at DeSales University on April 20, and placed 1st among all the teams:

Taran Anantasagar Udit Garg Gokul Perugu Gabriel Rameriz
Mustapha Salua (Team Leader)





NATIONAL HIGH SCHOOL ETHICS BOWL

Congratulations ~ Science Olympiad

The PHS Science Olympiad team placed second at the Central Eastern Pennsylvania Regional Science Olympiad 2021 on March 20. The following Science Olympiad students made up our competing team, and placed in the following event categories:

Anam Ali Varsha Borkar Meaghan Crites Shlok Dholakia Anshika Gupta

Anatomy and physiology (4th place)
Astronomy (2nd place)
Chemistry lab (1st place)
Circuit lab (4th place)
Codebusters (1st place)
Designer genes (2nd place)

Mridul Gupta
Purva Gupta
Vishruth Hanumaihgari
Vedavyas Jampanaboyana
Vaishnavi Joshi

Detector building (3rd place)
Disease detectives (2nd place)
Dynamic planet (3rd place)
Experimental design (2nd place)
Forensics (1st place)
Fossils (2nd place)

Riva Kaneria Evan Lan Prince Patel Imaan Saeed Daud Tariq

GeoLogic mapping (3rd place) Machines (1st place) Ornithology (2nd place) Protein modeling (1st place) Sounds of music (4th place) Water quality (2nd place)

The students from the regional competing team represented Parkland High School at the Science Olympiad state-level competition, Scilympiad Virtual Tournament 2021, that took place April 17. They took sixth place.





Every home is a university and the parents are the teachers.

Mahatma Gandhi