



Dates and Times

MAY 24 - MAY 28 MAX OUTS TBD

JUNE 7 - JULY 29 MAX OUTS TBD

NO LIFTING JULY 5 - JULY 9

11-12 GRADE BOYS **Mon / Tues / Wed / Thurs**
7:30 - 8:30 am
RHS Weight Room

9-10 GRADE BOYS **Mon / Tues / Wed / Thurs**
8:30 - 9:30 am
RHS Weight Room

9-12 GRADE GIRLS **Mon / Tues / Wed / Thurs**
9:30 - 10:30 am
RHS Weight Room

****SUPPLY YOUR OWN MASK****