

FOR IMMEDIATE RELEASE

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New Head Coach for CovCath Cross Country Team

Covington Catholic High School is pleased to announce that Jeremy Mosher has accepted the position of Head Coach for the CovCath Cross Country program.

Jeremy Mosher was a member of the cross country coaching staff at Cincinnati St. Xavier (his alma mater) for the past twelve years, during which time the team won three D1 state championships, twice were state runners-up, finished seasons ranked 6th, 9th and 14th in the country, and produced, in separate seasons, an individual state champion, state runner-up and Nike Cross Regional Titleist.

In 2019, Jeremy began managing the distance program for the St. Xavier Track Team, a year in which four runners qualified to the state meet individually, and the 4x800 relay team placed second (with the tenth-fastest time in the U.S, 7:43.05). Recently, an individual distance runner from the team won the 3200m at the OATCCC Indoor State Finale (with the third-fastest time in the U.S. in 2021), and, with another team member, set the two fastest cross country performances in school history.

Mosher shared this perspective on the new role: "I've been so fortunate to work alongside dozens of incredible coaches and educators at St. Xavier, and to learn this trade from accomplished head coaches such as Larry Merkel, Mike Dehring and Andy Wietmarschen. Beyond competitive success, they created an environment that student-athletes wanted to be part of, knowing they would be challenged while also being cared for and supported. This sport develops a special brotherhood. Building those bonds within a Catholic, all-boys school has been one of the best experiences in my life, first as an athlete and now as a coach. I can't wait to continue delivering on that tradition at Covington Catholic."

As a runner, Mosher competed on the St. Xavier cross country team that won the state title and ranked #13 in the U.S. in 2000. He competed at Fordham University for four years and has coached student-athletes who advanced their competitive careers at colleges including Notre Dame, Virginia, Duke, Florida State, Ohio State, Marquette, St. Louis, Cincinnati, Xavier, Dayton, Toledo, and NYU in NCAA competition, as well as on club teams at numerous universities.

"As a coach, I'm especially proud of the success achieved by student-athletes who had little prior experience with the sport of running. It is joyful to help young people discover and cultivate abilities they did not know they possessed. I love that running can be a lifelong sport, and I believe one of the best metrics for success for a high school program is producing student-athletes who want to keep running even after their high school experience has finished."

Covington Catholic Athletic Director Tony Bacigalupo says of the hire, "Jeremy is an excellent coach who has produced remarkable individual and team results at St. Xavier. We are very excited to have Coach Mosher leading the proud Colonel Cross Country program!"

The Covington Catholic Cross Country program has achieved 19 Regional Championships, 7 State-Runner-Up finishes and 2 State Championships. The 50-member team has earned five consecutive top ten finishes in the AAA Kentucky State meet over the past five years (2016-2020).

Coach Mosher was introduced this week to prospective Cross Country runners during a meeting at the school. Mosher will retain Covington Catholic (and CCH Cross Country team) alumni Tony Barczak (Class of 1995) and Jake Kleier (Class of 2014) as assistant coaches, as well as add Brian Marshall (Class of 1998) to the CovCath Cross Country program staff.

In addition, concurrent with Coach Mosher's first season this fall, a middle school cross country program will be re-established at Covington Catholic. Another CCH alumnus, Dr. Tim Franxman (Class of 1998), will serve as the middle school coach.

Covington Catholic High School is a 2016 Blue Ribbon of Excellence award winning college preparatory high school located in Park Hills, Kentucky, and operates within the Catholic Diocese of Covington. It is an all-male school of 512 whose mission is to embrace the Gospel message of Jesus Christ in order to educate students spiritually, academically, physically, and socially.

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