

# THE ST. PAUL'S SCHOOLS ACTION PLAN FOR DIABETES – 2021-2022 ACADEMIC YEAR

Student: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_

## CONTACT INFORMATION:

Parent/Guardian: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Mobile: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Mobile: \_\_\_\_\_

Alternate Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Mobile: \_\_\_\_\_

*Please note that the alternate contact should be a grandparent or other relationship who can act on the student's behalf in the event that the primary parents/guardians cannot be reached.*

## Insulin Orders (complete only if Insulin is needed at school:

### 1. Insulin administration via:

Syringe and vial       Insulin Pen       Insulin Pump       Other If

Insulin Pump: type of pump: \_\_\_\_\_

Basal Rate: \_\_\_\_\_

### 2. Insulin before lunch/meals: \_\_\_\_\_ Name of Insulin: \_\_\_\_\_

Routine lunchtime/meal dose: \_\_\_\_\_ units

Per sliding scale as follows:

Meals

Blood Glucose: \_\_\_\_\_ to \_\_\_\_\_ Give: \_\_\_\_\_ units

Blood Glucose: \_\_\_\_\_ to \_\_\_\_\_ Give: \_\_\_\_\_ units

Blood Glucose: \_\_\_\_\_ to \_\_\_\_\_ Give: \_\_\_\_\_ units

Blood Glucose: \_\_\_\_\_ to \_\_\_\_\_ Give: \_\_\_\_\_ units

Blood Glucose: \_\_\_\_\_ to \_\_\_\_\_ Give: \_\_\_\_\_ units

Blood Glucose: \_\_\_\_\_ to \_\_\_\_\_ Give: \_\_\_\_\_ units

Blood Glucose: \_\_\_\_\_ to \_\_\_\_\_ Give: \_\_\_\_\_ units

Calculate Insulin dose (add carbohydrate coverage and correction dose for total Insulin dose:

Carbohydrate Coverage: Insulin to carbohydrate ratio

Give \_\_\_\_\_ unit(s) insulin per \_\_\_\_\_ gms carbohydrate

Correction:

Give \_\_\_\_\_ unit(s) Insulin per \_\_\_\_\_ mgs/dl of glucose above \_\_\_\_\_ mg/dl

Subtract \_\_\_\_\_ unit(s) Insulin per \_\_\_\_\_ mg/dl of glucose below \_\_\_\_\_ mg/dl

Insulin may be given after lunch if: \_\_\_\_\_

### 3. Other times Insulin may be given:

Snack: Dose: \_\_\_\_\_ Calculate as above

Snack: Blood Glucose: \_\_\_\_\_ Give: \_\_\_\_\_ units

Blood Glucose: \_\_\_\_\_ Give: \_\_\_\_\_ units

Ketones: If Ketones are: \_\_\_\_\_ Give/Add: \_\_\_\_\_ units

## Health Care Provider Authorization Management of Diabetes in School

My signature below provides authorization for the above written orders. This authorization is for a maximum of one school year. If changes are indicated, I will provide new written authorization, which may be faxed/emailed.

Health Care Provider Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## Parent Consent for Management of Diabetes at School

I (We) request the designated school personnel to administer the medication and treatment orders as prescribed above. I agree 1. To provide the necessary supplies and equipment, and 2. To notify the school nurse if there is a change in the student's diabetes management or healthcare provider.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Order reviewed and signed by School Nurse:

Signature: \_\_\_\_\_ Name: \_\_\_\_\_ Date: \_\_\_\_\_