



## LOCKHART ISD IS PEANUT FREE

Dear Parents,

**The Lockhart Independent School District is aware there are students in our schools that have a severe, life-threatening allergy to nuts. This includes peanuts, peanut butter, pecans, walnuts, nut oils (i.e. peanut oil), and nut flavorings (i.e. almond extract, etc.). Ingesting peanuts or any form of peanut can be life threatening to these students. Simply touching these items may provoke this reaction.**

For the safety of these students we are instituting restrictions in the district schools. We are asking parents to refrain from sending any food items containing nuts or nut products to school for parties, birthdays, etc.

Below is a partial list of items that have no nut products in them. We are listing these to give you some ideas of safe snacks. **THE ONLY WAY TO BE ABSOLUTELY SURE IS TO READ THE LABEL CAREFULLY.**

Snacks: Cheezits, Wheat Thins (original), Triscuits, Club Crackers, Graham Crackers, Ritz Crackers (plain), Townhouse Crackers, Goldfish Crackers, Teddy Grahams, Cheese and cracker snacks, Fruit Roll-up, Fruit Gushers, fresh or canned fruit, raw vegetables, pretzels, Go-Gurts.

Thank you for your cooperation in making our school district a safe environment for our children. Together we are making our schools a safer place for all students.

Thank you,

Judy LeFlore  
Director of Dining Services