

April 23, 2021

RHS ELECTRONICS RECYCLING EVENT



Tomorrow: Saturday, April 24 at 10 am-2 pm

Do you have old or unused electronics that you need to get rid of?

Swing by RHS on April 24th to recycle them with *Living Green Technology!* RHS PTSA is partnering with *LGT* for this event and will be accepting donations to purchase a new hydration station for the school to reduce plastic waste!

Living Green accepts:

- Desktops & Monitors
- Laptops
- TVs (\$10 each)
- Mobile Phones & Tablets
- Servers
- Cables, Software & Accessories
- Modems & Routers
- Office Phones
- Telecom Systems
- Printers & Ink Toners

NOT accepted: household batteries, light bulbs, refrigerators and large household appliances.

Computer hard drives will be completely wiped to meet Department of Defense standards to secure your data. We also encourage all iPhone/iPad users to delete their iCloud account and restore factory settings so their phone can be safely re-used. If not, the phone will be responsibly recycled. All *Living Green* employees will be following COVID-19 safety precautions.

TECH UPDATE

RHS Library- Parent Page

Don't miss this! A new way for parents to get information about tech help, library services, and school-parent partnerships.

[RHS Library- Parent Page](#)

BELL SCHEDULE

High School Bell Schedule Student Day

Monday	Tuesday	Wednesday	Thursday	Friday
Attestation 7:15-7:30		Teacher Prep/Student Work Time 7:00 – 10:00 (3 hours)	Attestation 7:15-7:30	
Period 1 7:30 – 8:40 (70)	Period 2 7:30 – 8:40 (70)		Period 1 7:30 – 8:40 (70)	Period 2 7:30 – 8:40 (70)
Period 3 8:45 – 9:55 (70)	Homeroom 8:45 – 9:55 (70)		Period 3 8:45 – 9:55 (70)	Homeroom 8:45 – 9:55 (70)
Period 5 10:00 – 11:10 (70)	Period 4 10:00 – 11:10 (70)	Asynchronous Learning & Support 10:00 – 11:30 (1.5 hours)	Period 5 10:00 – 11:10 (70)	Period 4 10:00 – 11:10 (70)
Period 7 11:15 – 12:25 (70)	Period 6 11:15 – 12:25 (70)	Lunch 11:30-12:00 (30)	Period 7 11:15 – 12:25 (70)	Period 6 11:15 – 12:25 (70)
Lunch 12:25-1:00	Lunch 12:25-1:00	Asynchronous Learning & Support 12:00 – 2:00 (2 hours)	Lunch 12:25-1:00	Lunch 12:25-1:00
Asynchronous Learning & Support 1:00-2:20	Asynchronous Learning & Support 1:00-2:20	LEAP 2:00 – 3:30	Asynchronous Learning & Support 1:00-2:20	Asynchronous Learning & support 1:00-2:20
Period 0 1:05-2:15 (70)	Period 8 1:05-2:15 (70)		Period 0 1:05-2:15 (70)	Period 8 1:05-2:15 (70)

DAILY ATTESTATION for IN-PERSON STUDENTS



Before school Attestation - Students who complete the attestation at home through Skyward do not also need to fill out a paper form. Students need to show the green checkmark on their phone as they enter the school. If students are unable to complete the Attestation online, then they will fill out a paper copy and bring it to school. Blank copies are available at school. All students will have their temperature checked upon entering.

Late arrival Attestation - Students should enter through the main entrance and show a staff member the green checkmark on their phone from completing attestation online through Skyward. If attestation was not completed online, fill out the paper attestation form. Blank copies are available at school. All students will have their temperature checked upon entering.

For more information please refer to the district email sent to LWSD families on April 15 titled, "*Pathway Forward - Instructions for Completing Daily Digital Attestation through Skyward Family/Student Access.*"

[Click here](#) for *Pathway Forward* information on the LWSD website.

FINAL SALES WINDOW

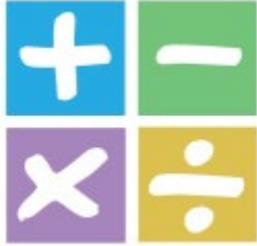
2020-2021 Yearbook

Opening May 10: The final sales window for yearbooks opening soon!

Just wanted to remind you that the **LAST and FINAL** Yearbook window will be open **May 10 - June 1**. Please be sure and purchase as soon as the window opens as we have a limited supply of Yearbooks. Our Yearbook window may close early if we sell out of our Yearbook supply.

Cost is \$65 per Yearbook. You can go online and purchase your Yearbook or we can accept cash or check only made out to "RHS" for the Yearbook purchase at the school.

AMERICAN MATHEMATICS COMPETITION



Congratulations! In early February, students at RHS participated in the AMC (American Mathematics Competition), a worldwide competition taken by 300,000 students in about 6000 schools. The following students excelled in the AMC competition and scored in the top 5% and therefore qualified for the American Invitational Mathematics Examination (AIME) which took place in Mid-March: **Aadit Ambadkar, Nishita Bhakar, Conor Kennedy, Medha Venkatapathy, Aaron Gao, Krish Jain, Arnav Narula, Joseph Kaim, Grace Tan, Nimeesh Mahajan and Christopher Wang.**

The top scoring AMC 12 and AIME participants were invited to take the USAMO (United States of America Mathematical Olympiad) on April 13th and 14th. We would like to congratulate **Conor Kennedy and Wilson Liu** for being two of the three students in LWSD who qualified for USAMO. That is a remarkable accomplishment!

STUDENT PARKING



NEW: Beginning Monday, April 26 students parking in the school lot must have a valid RHS student parking decal.

Parking Permits:

Sophomores (and Juniors and Seniors who didn't make an earlier request) can request a parking permit application by completing [this Microsoft Form](#). If there is space available, you will receive an Adobe Sign parking permit application via email to complete. Upon completion you will be able to pick up a parking decal from Mr. Martin during lunch, after showing a valid driver's license. Parking spaces are distributed on a first come, first served basis.

JAPAN CLUB



New: Are you interested in learning more about Japanese and how to speak it? Feel free to drop by our next club meeting, where for the first time, we'll be covering some of the basics. Regardless of your current skill level, we'll make sure that you learn something new. This is the first time we're hosting an event like this, so be sure to show us your support if you'd like to see more events like this happen in the future! 🌸

Meeting Date: Thursday, April 29 at 4pm

RETURN TO SCHOOL UPDATE FROM COUNSELORS



Although some RHS counselors are back in the building, we are only able to meet with students in person for crisis and emergency situations. Why? Students that elected to come on campus will spend their time on campus attending synchronous, in-person classes. Our priority is to meet with students during asynchronous time so students do not miss valuable class instruction or work time. In addition, our office space is tight and having safe, individual meetings with students will need to happen in one designated conference room.

Can my student still meet with their counselor? YES! Counselors are available for meetings with students and families via Teams. We are available during asynchronous time, 1:00-3:00 on Monday, Tuesday, Thursday, and

Friday, and 8:00-12:00 on Wednesday. Please visit the RHS website and navigate to the Counseling tab to access the link to our Bookings page. Have a question? Feel free to email your counselor and we can help you out.

POP-UP STORE FOR SPIRIT WEAR



Mustang Pop Up Shop Open

Redmond DECA's Mustang Pop Up Shop is now open! Show off your mustang pride with RHS spirit wear like sweatshirts, t-shirts, joggers, caps, and so much more! The spirit wear will be perfect for school events as we transition to in-person learning-- stock up for future assemblies, color wars, and sports games! The shop is open until the 25th of April, so check it out to support the Mustang community! You can access the shop at tinyurl.com/TheMustangPopUpShop!
[Click here to see flyer.](#)

OFFICE GUIDELINES



RHS Office updates

Thank you for your help and cooperation as we adhere to covid guidelines.

The RHS office is currently closed to students, parents and visitors.

Visitors that have an appointment are allowed to enter and complete the attestation. For questions or assistance, please email

redmondhighschool@lwsd or phone the main office at 425-936-1800.

Drop-offs: We no longer allow drop-offs in the main office for items such as homework, laptops, forms, phones, etc. Food deliveries by parents or delivery services will not be accepted in the main office.

LWSD MEALS UPDATE



Beginning Monday April 19, students attending in person at both elementary and secondary levels can receive a free lunch for consumption during the course of the school day. Breakfast for the week will be provided at the pickup locations on Wednesdays.

For more information, [visit the LWSD website.](#)

MESSAGE FROM EVERGREEN HEALTH



New: With all the changes happening, many of us are experiencing more stress than usual. Whether you are back to school in person or staying remote, please know that there are resources available to help with the transition.

If you want to vent, talk through a problem, learn about a resource, or need ongoing support for emotional and mental health – contact EvergreenHealth social worker, Julie, at c-jgeorge@lwsd.org.

We are also offering virtual support groups this Spring. If you prefer to join an in-person support group, let Julie know and we will form a group, following all the COVID guidelines.

Here is the list of Spring Groups:

Student Support Group

This past year has been extremely difficult during this pandemic: isolating at home, social distancing, and not being able to go to school. Some students plan to return to the building and others plan to stay home. Regardless, this transition is difficult and students, more than ever, are experiencing increased levels of stress, anxiety, depression, and isolation. Join us virtually on Wednesday afternoons to connect with fellow students for some extra support. We will talk about struggles and successes and get some ideas for how to cope with isolation, the pandemic, lack of motivation, stress, and anxiety. Group will be tailored to student interests based on attendees.

When: Wednesdays from 2-3pm

Audience: Open group for all RHS students [Click here to join the meeting](#)

Parenting Support: As We Transition Back to School

The COVID pandemic has created many challenges and unforeseen obstacles for parents. This is an opportunity for parents and guardians to vent and talk about frustration and worry, as students transition back to in-person learning or whether they remain at home. This drop-in group will provide parents with an opportunity to discuss parenting tips and to share your successes and struggles in a supportive environment with other parents.

When: Tuesdays from 6-7pm

Audience: Open for parents/guardians of students at LWSD high schools [Click here to join the meeting](#)

LWSD Staff and Teacher Support Group

During these unprecedented times of COVID, remote learning/education, and now with the transition to in-person learning, people are experiencing increased levels of stress, anxiety, depression, and isolation. Come join fellow school staff to vent and share ideas about how you are coping (or not!) at this time. This is an informal, conversational drop-in group.

When: Wednesdays from 9-10am

Audience: All staff/teachers from LWSD who work at Eastlake, Juanita, Lake WA, and Redmond high schools [Click here to join the meeting](#)

JUNIOR CLASS COOKBOOK



Do you have a homemade dish or treat that always leaves people begging for the recipe? The class of 2022 is creating a quarantine cookbook which will include student/parent, teacher, and faculty recipe submissions! We want the cookbook to be full of tried-and-true recipes from all the cultures that RHS encompasses. The complete copy will be available for purchase!

Although to make this a reality, we need your recipe submissions and support! Please submit your recipes through the form: bit.ly/RHScookbook
Or, click [here](#) for the flyer and QR code.

PTSA ANNUAL RECOGNITION AWARDS



New: IT'S TIME FOR RECOGNITION!

Question: What do the Oscars, Grammy's, and ESPY's have in common with RHS PTSA?

Answer: Recognizing the best efforts of those dedicated to making a difference.

RHS PTSA acknowledges students, staff, and volunteers with annual awards in the following categories:

Golden Mustang
Golden Acorn
Outstanding Educator
Outstanding Advocate
Outstanding Student Advocate
Honorary Life Membership

Nominations are now open! Now more than ever, we are seeking nominations from the RHS community. You know who has made a difference in your

education, your community, and has brought about memorable significance this year. Please use the form to submit your nominations to the awards committee no later than May 14th. **Winners will be announced at the general PTSA meeting on Wednesday, June 9th at 6pm.**

[Please use this form to submit your nominations](#)

RHS LITERARY MAGAZINE



Deadline Extended: The Mustang Review Vol. 3, Redmond's Literary Magazine! Whether it is a poem or a memoir, we can have it showcased inside! Everyone is limited to **one entry**. Click [here](#) to enter, and feel free to contact s-nshastry@lwsd.org for any further questions!

NOTE: This opportunity is different from the Creative Writing Contest. Participants of the contest are permitted to submit the same or new pieces to the literary magazine.

Submit [here](#)

Limit: **5 pages per entry**

Deadline: **05/13/21**

Contact: s-nshastry@lwsd.org

PLAYGROUNDS, TRACKS, FIELDS, COURTS



Reminder: LWSD fields remain closed during the school day for community use - playgrounds, tennis courts and tracks are open to public on evenings and weekends.

- All LWSD playgrounds, tracks and tennis courts are closed to the public during the school day from 7:30 am - 4:00 pm and open for weekend and evening use. School campuses are closed during the school day.
- As a reminder, large, organized activities are not allowed.
- No dogs are allowed on district property between 7 a.m. and 4 p.m. on any school day, except for bona fide service dogs.
- No dogs are permitted in district athletic stadiums at any time, except for bona fide service dogs.
- At all other times, dogs must be leashed and controlled by owners. Owners must clean up after their dogs and remove waste from district premises.

Please note: The public is not allowed to be on athletic facilities when RHS sports practices are in session, or outside organizations are renting the fields. Stadiums – fields and ball fields with synthetic turf opened in January. We will update our communities as more of our facilities open to the public. Thank you for your cooperation in helping to slow the transmission of COVID-19.

2020-2021 ATHLETIC SCHEDULE

Sports Registration

**Open Now: Registration for Spring
Season 3: May 3 - June 12 (Spring)**

- SEASON 3: Baseball, Fastpitch, Girls Golf, Boys Soccer, Girls Tennis, Track & Field, Badminton.

As these are unique season dates please know that:

- Seasons will be shortened to accommodate all sports
- Student/athletes will practice and compete during our scheduled school breaks.

Registration for ALL SPORTS now available through [FinalForms](#) beginning February 10.

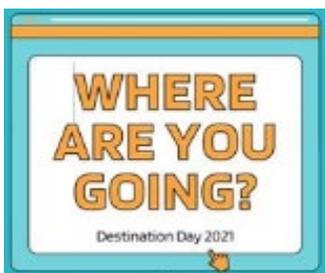
UPDATES FOR SENIORS

CLASS
of
2021

Seniors! We can't wait to celebrate you!!

Whether it's college, technical school, the military, an apprenticeship, a job, gap year or something else, Destination Day celebrates the many future directions of the Class of 2021.

We are in the process of starting to put together our "Destination Day" video celebration. Check your student email or our Teams classroom [SENIORS: RHS - TEAMS College and Career Center - co2021](#) to complete your submission form. Questions can be sent to RHS-destinationday@lwsd.org



Last Call: Cap & Gown orders due

Here is the [link to the RHS order page](#).

Be sure and fill out the information on the contact card. Once you submit your contact card, you will be directed to the National Achiever/Herff Jones ordering website to order your cap and gown.

Cap & Gown Questions? Call National Achiever/Herff Jones at 425-357-1338. Or email support@nationalachiever.com

If students cannot afford their gowns please reach out to Mrs. Zambrowsky-Huls for assistance through *RHS Help*.

Graduation date: Thursday, June 10th at T-Mobile Park, 9 am.

COUNSELING NEWS



Want to make an appointment? RHS counselors want to let you know that **our appointment book is now up and running**. Need to talk to your counselor? Book a virtual appointment with your counselor! The process is all online and very simple.

- Go to our website, [RHS Counseling Center](https://www.lwsd.org/counseling)
- Click on the BOOK HERE link at the top of the page, right hand side
- Find your counselor, fill in the questions, make an appointment that is convenient for you.

All meetings will be conducted through Microsoft Teams. Once you make an appointment, you will get an email invite for the meeting with the appropriate link to the Teams meeting. Questions? Reach out to your counselor.

Kimberly Herring (A—Ch')

kiherring@lwsd.org

Lindsey Hanson (Cha—Fot)

lihanson@lwsd.org

Sarah Gray (Fou—Jo)

sgray@lwsd.org

Molly Schwarz (Ju—Ku)

mschwarz@lwsd.org

Katie Bunyard (Kw—Mane)

kbunyard@lwsd.org

Ellen Zambrowsky-Huls (Mani—Pre)

ezambrowsky-huls@lwsd.org

Derik Detweiler (Pri—Step) January—June sub for Justine Oshiro

ddetweiler@lwsd.org

Alisa Zemke (Ster—Z)

azemke@lwsd.org

RHS CALENDAR

Coming Up....

April 24: PTSA Electronics Recycling event at RHS
April 26: Must have valid parking decal to park at RHS
Now until April 25: Pop up shop for RHS Merchandise
May 1: Destination Day videos due
May 3: Season 3 sports begin
May 10: Yearbook sales open

ALCOHOL AWARENESS MONTH

New: Alcohol is the most used substance by youth and adults in the United States. According to the National Institute of Health's *2020 Monitoring the Future Survey*, 55.3% of high school seniors used alcohol in the past year. It is the third leading cause of preventable death in the United States. About 95,000 Americans die from alcohol-related causes each year.

For support for alcohol, other substance use, if you are affected by someone's use, or have questions, please contact Andrea Frost, your *Prevention Intervention Specialist* at RHS at andrea@youtheastsideservices.org

TECH HELP AT RHS



New time slot: For hardware issues, the library is now open from 1pm - 3pm, Monday through Friday. For in-person tech help, use the driveway east of the main entrance labeled *Deliveries and Staff Only*. Park your car next to the sign for the library, wear a mask, and walk up to the back door of the library.

For software issues, students should contact ftaccess@lwsd.org or phone 425-936-1322 for the Family Technology Access support line. This line

includes automated call back and/or automated VM options as well as language interpretive services during our 7am - 7pm support 7 days a week.

If students forget their computer password – go to the RHS Library Teams page or email the library at Library-RHS@lwsd.org

If students forget their Skyward password – go to Skyward and click on “Forgot Password”

For help with parent access to district tools – Email parentquestions@lwsd.org

COLLEGE & CAREER CENTER



Interested in taking a summer WANIC class?

Summer WANIC is open to all LWSO students that will be entering grades 9-12 in the fall. ***WANIC will be taking summer applications from 9:00 am Tuesday April 27th through 6:00 pm Thursday May 6th .***

Go to: <https://wanic.lwsd.org/academics/summer-courses> for courses being offered and detailed enrollment information. Questions? Contact Andrea Cothran at acothran@lwsd.org

LAKE WASHINGTON SCHOOL DISTRICT
COLLEGE & CAREER CENTERS INVITE YOU TO:

**LIVE WEDNESDAY:
"WHAT'S NEXT?"**

COMMUNITY COLLEGES APRIL 28 10:30AM	FINANCIAL AID AND THE COST OF COLLEGE APRIL 28 12 PM	APPRENTICE SHIPS APRIL 28 1:30PM
HOW TO CONNECT WITH COLLEGES MAY 5 10:30AM	HOW COLLEGE DECISIONS ARE MADE MAY 5 12 PM	HOW TO WRITE THE COLLEGE ESSAY MAY 5 3:30 PM
 COLLEGE & CAREER CENTER	MILITARY MAY 12 12:30 12:30L 1:30	Visit your College & Career Center's Team's page for more information.

Our Live Wednesday Series is returning! Just click on the links below to join any session!

Wednesday April 28th

[2 Year Colleges](#)

[10:30am](#)

[Financial Aid](#)

[12pm](#)

[Apprenticeships](#)

[1:30pm](#)

Wednesday May 5th

[How to Connect with Colleges](#)

[10:30am](#)

[How College Decisions are Made](#)

[12p](#)

[How to Write the College Essay](#)

[1:30pm](#)

Wednesday May 12th

[Military – Washington National Guard & US Army Reserve](#)

[10:30](#)

[Military – US Air & Space Forces & US Marines](#)

[12pm](#)

We are hearing our local scholarships have only a few, if any applications!! Need \$\$ to offset tuition costs? Apply for these LOCAL scholarships!!!! Go to the [SENIORS: RHS – TEAMS College and Career Center - co2021](#) Scholarship Channel to access. A few select, local opportunities can be found in "Post", while all others will be listed on the Weekly Scholarship Bulletin, updated on Fridays. As always, please reach out if you have questions. We are here to help!

Extended -- RHS PTSA Scholarship – Application on the TEAMS co2021 scholarship channel – \$1,000 – deadline **4/30/2021, 2 pm**

Extended -- Epeneter Memorial Scholarship – Application on the TEAMS co2021 scholarship channel – \$2,000 – deadline **4/30/2021**

Extended -- Nokomis Club Scholarship – Application on the TEAMS co2021 scholarship channel – \$1,000 – deadline **4/30/2021**

Extended -- WBW Scholarship – Application on the TEAMS co2021 scholarship channel – \$500 – deadline **4/30/2021**

Redmond Lions Club Community Service Award – Application on the TEAMS co2021 scholarship channel –\$1,000 – deadline 4/27/2021

Windermere Foundation Scholarship – Application on the TEAMS co2021 scholarship channel – \$1,500 – deadline 4/29/2021

NEW – Bio-Rad Scholarship – Application link on the TEAMS co2021 scholarship channel – \$2 x \$1,000 – deadline 5/1/2021

Redmond Rotary "Service Above Self" General Scholarship – Application on the TEAMS co2021 scholarship channel – \$4,000 – deadline 5/11/2021, 1 pm

NEW – Redmond Region Orchestra Boosters – Application on the TEAMS co2021 scholarship channel – \$1,000 – deadline 5/14/2021

RHS QUICK LINKS

Did you miss something important?

Previous newsletters are on the [RHS website](#)

Useful links for RHS students and parents:

[RHS website](#)

[RHS Athletics Final Forms](#)

[RHS College & Career Center](#)

[RHS Library - Mr. Lawson's top books of 2020](#) (student access)

https://youtu.be/LMIBEm_RyvI (parents access)

[RHS Counseling appointments](#)

[RHS Student Instagram](#)

[RHS Clubs](#)

[LWSD website](#)

[LWSD Communications](#) (newsletter for families)

[PTSA website](#)



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