



## Parenting Support: As We Transition Back to School

**When:** Tuesdays

**Time:** 6-7pm

**Audience:** Open group for parents and guardians of students at LWSD high schools

**To Drop In:** [Click here to join the meeting](#) or scan the QR code

**Description:** The COVID pandemic has created many challenges and unforeseen obstacles for parents.

This is an opportunity for parents and guardians to vent and talk about frustration and worry, as students transition back to in-person learning or whether they remain at home. This drop-in group will provide parents with an opportunity to discuss parenting tips and to share your successes and struggles in a supportive environment with other parents.

**Questions:** Contact Suzanne Campiche at [c-scampiche@lwsd.org](mailto:c-scampiche@lwsd.org)



## LWSD Staff and Teacher Support Group

**When:** Wednesdays

**Time:** 9am-10am

**Audience:** All staff/teachers from LWSD who work at Eastlake, Juanita, Lake WA, and Redmond high schools

**To Drop In:** [Click here to join the meeting](#) or scan the QR code

**Description:** During these unprecedented times of COVID, remote learning/education, and now with the

transition to in-person learning, people are experiencing increased levels of stress, anxiety, depression, and isolation. Come join fellow school staff to vent and share ideas about how you are coping (or not!) at this time. This is an informal, conversational drop-in group.

**Questions:** Contact Molly Hart at [c-mhart@lwsd.org](mailto:c-mhart@lwsd.org)

